

WEATHER ALERT AS BIG FREEZE IS ON ITS WAY BACK

SEE PAGE 9



Windy Merseyside yesterday

SCANDAL OF 'POSTCODE LOTTERY' ON CARE HOME FEES

SEE PAGE 4

NEW TAX RAID ON PENSIONS

Anger as retirement perks could be hit to cover Budget U-turn

By David Maddox Political Correspondent

A TAX raid on pensions to plug a £2billion Budget black hole should be scrapped, Philip Hammond has been warned.

Critics have reacted angrily after it was revealed that the Chancellor had identified pensions as "top of his list" to raise funds after his U-turn on national insurance increases.

It is understood the Treasury is considering a drastic cut to pension tax relief – ending generous breaks for those saving for retirement.

Former pensions minister Baroness Altmann warned the move could lead to a voter backlash.

She said: "You have to remember that George Osborne was very nervous about this because it affects core Conservative voters. It also potentially hits public sector workers so it can cause problems there. So the Chancellor really does need to tread very carefully with this."

The UK Independence Party attacked the move



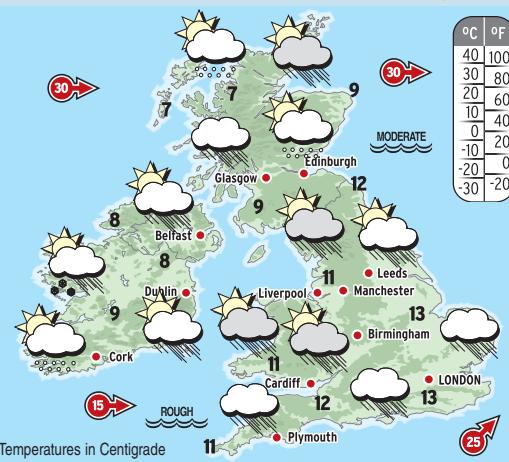
Comedy duo Jennifer Saunders and Dawn French 'have enough on their plates'

BAKE OFF SHOCK French and Saunders in £2.5m snub to host show

SEE PAGE 11

Weather forecast

In association with **flamingo LAND**



Today's summary: Sunshine and rain

North West: It is going to be bright with sunny spells, but also heavy showers. Fresh westerly winds. High 11C (52F).

Northern Ireland: Bright with some sunshine, but also light showers, wintry later. Fresh westerly winds. High 8C (46F).

Wales: It will be dull and cloudy with long spells of rain. Turning drier and brighter later. High 12C (54F).

Midlands: Dull, with light rain turning more showery. Dry in the evening. Fresh south-westerly winds. High 12C (54F).

North East/Yorks: It will be damp with patchy rain for a time. Sun and showers later. Brisk westerly winds. High 12C (54F).

Scotland: Showery rain at first. Turning bright by midday but with scattered showers in the west. High 10C (50F).

UK OUTLOOK TOMORROW: Tomorrow will be bright with sunny spells and scattered showers. These will be most likely in western areas and possibly wintry over the hills.

SIX-DAY FORECAST Temperatures in Centigrade

	TUE	WED	THU	FRI	SAT	SUN
	min max					
London	4 11	3 10	4 11	3 11	5 12	6 14
Belfast	0 7	1 7	1 8	3 9	4 11	6 12
Birmingham	2 8	1 8	1 9	2 10	4 12	5 12
Cardiff	4 9	3 9	3 10	4 10	5 12	6 12
Glasgow	0 7	1 8	0 8	2 10	4 11	5 12
Manchester	2 8	0 8	0 9	2 10	4 11	4 13
Newcastle	0 7	2 7	1 7	2 9	4 10	5 10
Norwich	4 10	2 7	3 9	3 9	5 12	5 14
Plymouth	5 9	3 9	5 10	5 10	7 12	8 12

24 hours to 5pm (hrs)	SUN	RAIN	TEMP (min/max)	Moon, sun and tides
Aberdeen	5.9	0.16	6 11	Glasgow 3.3 0.45 7 11
Aberporth	0.1	0.09	9 12	Hull 0.9 0.11 10 14
Alnwick	4.9	0.08	8 14	Ipswich 2.1 0.00 10 15
Belfast	1.7	0.28	10 12	Leeds 2.0 0.01 10 14
Birmingham	1.9	0.00	11 14	Lincoln 2.5 0.00 11 14
B'mouth	1.2	0.00	10 13	London 1.0 0.00 12 15
Bristol	0.1	0.01	10 12	Manchester 0.1 0.13 11 13
Cardiff	0.0	0.08	9 11	Newcastle 0.1 0.00 10 13
Durham	4.5	0.02	8 14	Shampton 2.0 0.00 11 14
Edinburgh	3.6	0.20	7 12	St Andrews 6.6 0.12 7 13

Britain Extremes	Warmest: Holbeach 16C (61F)	Lighting-up times	Moon, sun and tides
Coldest: Baltsound 1C (34F)	6.37pm-6.23am	London 6.14pm-6.00am	MOON rises: 1.19am, sets: 10.16am
Wettest: Eskdalemuir 130in.	6.21pm-6.07am	Birmingham 6.22pm-6.08am	SUN rises: London: 6.03am, sets: 6.14pm
24 hours to 2pm yesterday	8.40pm-6.10am	Bristol 6.23pm-6.05am	Manchester: 6.11am, sets: 6.22pm

Today	Europe forecast	Tomorrow	
Amsterdam	Rain 12C/54F	Amsterdam	Fair 100/50F
Brussels	Cloudy 13C/55F	Brussels	Fair 11C/52F
Dublin	Showers 10C/50F	Dublin	Hail 7C/45F
Frankfurt	Cloudy 15C/59F	Frankfurt	Showers 13C/55F
Geneva	Sunny 18C/64F	Geneva	Cloudy 14C/57F
Lisbon	Fair 16C/61F	Lisbon	Fair 16C/61F
Madrid	Sunny 25C/77F	Madrid	Fair 19C/66F
Paris	Cloudy 14C/57F	Paris	Showers 12C/54F
Rome	Fair 18C/64F	Rome	Fair 18C/64F

Around the world yesterday

Amsterdam	Cloudy	12 54	Hong Kong	Drizzle	21 70	New York	Snow	3 37
Athens	Sunny	20 68	Istanbul	Fair	10 50	Nice	Sunny	16 61
Barcelona	Sunny	17 63	Jersey	Fair	11 52	Nicosia	Sunny	19 66
Berlin	Drizzle	5 41	Larnaca	Sunny	19 66	Perth	Sunny	21 70
Budapest	Fair	10 50	Las Palmas	Cloudy	18 64	Prague	Rain	7 45
Cairo	Fair	18 64	Los Angeles	Fair	17 63	Singapore	Cloudy	31 88
Capetown	Sunny	28 82	Luxor	Sunny	22 72	Stockholm	Sunny	4 39
Casablanca	Sunny	20 68	Malaga	Sunny	21 70	Sydney	Cloudy	26 79
Corfu	Fair	18 64	Mallorca	Sunny	19 66	Tel Aviv	Cloudy	18 64
Dublin	Cloudy	12 54	Malta	Sunny	19 66	Tenerife	Fair	20 68
Dubrovnik	Sunny	16 61	Melbourne	Fair	31 88	Toronto	Snow	0 32
Faro	Sunny	20 68	Miami	Cloudy	23 73	Tunis	Sunny	22 72
Florence	Cloudy	16 61	Moscow	Showers	5 41	Venice	Fair	14 57
Gibraltar	Sunny	17 63	Nairobi	Cloudy	26 79	Vienna	Rain	7 45
Guernsey	Cloudy	11 52	New Delhi	Fair	27 81	Warsaw	Cloudy	4 39

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May's grammar school bid is under fire

By David Maddox

REMOANER Tories and Left-wingers have united to block Theresa May's plans to expand grammar school education.

Former education secretary Nicky Morgan has joined forces with Lib Dem former deputy prime minister Nick Clegg and Labour ex-shadow education minister Lucy Powell to oppose the plan.

Ms Morgan, a hardline Remoaner, has been trying to undermine the Government from the backbenches on a range of policies after she struggled to accept the result of the EU referendum.

In a joint article, she, Mr Clegg and Ms Powell argued

that creating new grammar schools will do nothing to promote social mobility and warn there is no room for more "division" in the education system.

"We must rise to the challenge with a new national mission to boost education and social mobility for all," they write.

"That's why we are putting aside what we disagree on to build a cross-party consensus in favour of what works for our children not what sounds good to politicians."

The rebellion by a number of Tory MPs and peers in

the Lords has raised the possibility that Mrs May could go for an early election on May 4. With a working majority of just 17, her vulnerability to Tory revolts was underlined last week when Chancellor Philip Hammond was humiliatingly forced to back down over his Budget reforms to National Insurance following a backbench backlash.

Mrs May has refused to back down on her policy of reintroducing grammar schools.

She said: "This is about our belief in social mobility and making this country a true meritocracy – a country that works for everyone."



Anger as Hammond plans to hit pensions

FROM PAGE ONE

and called on the Chancellor to instead use the £12billion foreign aid budget to help fund care for the elderly.

The party's pensions spokesman Andrew Charalambous said: "Rather than attacking hard-pressed pensioners and workers saving for a pension to pay for his own mistake, he should take it from the expanding foreign aid budget."

Mr Hammond made the U-turn over increasing national insurance contributions for the self-employed because it broke a Tory manifesto pledge not to raise national insurance, income tax or VAT.

The increase was intended to fund a social care package worth £2billion and now Mr Hammond needs to find the money elsewhere without increasing borrowing.

He cannot touch pensioner benefits or reverse the triple-lock guarantee which ensures rises in the state pension but it is understood that Mr Hammond is considering cuts to tax relief on pension contributions.

Pension tax relief is an



incentive scheme which means savers do not pay income tax they pay in based on contributions. This means that for every £1 basic rate taxpayers put in pensions the Government pays 20p back but higher rate taxpayers get up to 45p back.

A source close to Mr Hammond said: "That's what is being talked about. What else is there? There isn't much else. What else can you do? He's not going to compromise the Government's

reputation on fiscal integrity and we're not going to be borrowing more. That's very clear."

In total, Mr Hammond needs to raise £325million next year, £645million in 2019/20 and £1billion across the following two years.

Baroness Altman said that the best way to help raise the money would be to reduce the threshold where pension tax relief applied from the first £40,000 to the UK average salary of £25,000.

She said: "I think this would claw back about

£1billion which almost covers what he needs to find."

She said that few people could afford to put £25,000 a year into a pension which meant a cut would affect relatively few people.

She pointed out that three quarters of pension relief goes to people on final salary pensions which are becoming rarer – but she said that Mr Hammond needed to consider radical reforms.

She said: "We need an overhaul of the system to encourage people to save for retirement. We don't just want them to save for pensions but also the cost of social care which pensions simply will not cover."

The Treasury declined to comment but a source said that "the implications, including on the public finances, will be set out in the Autumn Budget."

The row comes amid suggestions that Prime Minister Theresa May has lost confidence in her Chancellor over the Budget and is preparing to replace him with Education Secretary Justine Greening.

OPINION: PAGE 12

Fare evaders to face fines online

By Dan Townend

Defendants would be able to log on to an online system in cases identified as suitable by prosecutors.

When they indicate a desire to plead guilty, they will be given the option of accepting an immediate conviction and standard penalty.

The figure includes 7,000 cases of travelling without a train or tram ticket and 1,300 of fishing without a licence. The system will initially cover these two offences, but could be widened to others such as TV licence evasion.

Online convictions are among a raft of proposals in the Government's Prisons and Courts Bill, which will be debated by MPs this week.

links and virtual hearings to allow victims to take part in cases without having to face their alleged attackers.

A further 60,000 pre-trial hearings and 17,000 contested bail hearings could also take place by video, along with 30,000 pre-trial hearings at court level.

The Ministry of Justice says this will save about 34,000 hours of courtroom time.

Video booths installed in courts will also allow the public and the media to observe virtual hearings.

Justice Minister Sir Oliver Heald QC said: "Victims and the most vulnerable are at the centre of our changes which will help deliver swifter and more certain justice for all."



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Vicky McClure wowed fans at last night's Empire Awards



Winner Tom Hiddleston, Downton's Joanne Froggatt, Beauty And The Beast's Dan Stevens and Stefanie Martini last night

Now Vicky the TV villain flaunts a killer outfit on the red carpet

MILLIONS have seen her as a callous murderer in BBC thriller *The Replacement*.

And next week she's back on our screens playing "good cop" Detective Sergeant Kate Fleming in the new series of hit police drama *Line Of Duty*.

But last night Vicky McClure showed she could be a killer on the red carpet as she wowed fans at the Empire film awards and stole the show when she arrived wearing a revealing off-white belted trouser suit.

The 33-year-old brunette, who won a Bafta for her role in *This Is England '86*, matched her outfit with high-heeled black sandals.

But she was not the only

By Peter Henn

star who turned heads on the red carpet.

Tom Hiddleston, star of *The Night Manager* and *Kong: Skull Island*, looked his usual stylish self and was delighted to pick up Empire's Hero Award.

Downton Abbey star Joanne Froggatt wore a sheer black skirt, sandals and a plunging top that showed off her cleavage.

The former *Coronation Street* actress carried a small purse to round off her dramatic look.

Newcomer Stefanie Martini also looked stunning in a long black dress with a keyhole neckline and lace

sleeves. The 26-year-old star of ITV's *Prime Suspect 1973* plays the young Jane Tennison, the police detective made famous by Dame Helen Mirren.

And Dan Stevens, who is the star of the new live action version of *Beauty And The Beast* with Emma Watson, cut a striking figure in his red suit.

Winner

The star-studded ceremony at the Roundhouse in London saw Harry Potter spin-off *Fantastic Beasts And Where To Find Them* the night's top winner.

Star Eddie Redmayne won

the Best Actor Award and the film received gongs for production design, costume design and best make-up and hairstyling.

But *Rogue One: A Star Wars Story* won Best Film, with Felicity Jones bagging Best Actress and Gareth Edwards winning Best Director.

Former *Star Trek: The Next Generation* stalwart Sir Patrick Stewart received Empire's Legend Award.

Ken Loach's controversial *I, Daniel Blake*, won Best British Film and its star Dave Johns won Best British Newcomer.

The accolade for Best TV Series went to *The Night Manager*.

Fans' fury as Neighbours faces UK axe

THE soap opera that launched the careers of Kylie Minogue and Russell Crowe may soon disappear from British screens.

Neighbours, which has been shown on Channel 5 since 2008, could be taken off the air after talks stalled between the TV company and the programme's makers, Fremantle Media.

It is feared the Australian show could now face the axe after 31 years on British television screens.

A source said: "The renegotiation of the *Neighbours* Channel 5 deal has become very fraught and is in jeopardy."

"Channel 5 really want to keep the show. But the failure to reach a deal is being blamed on Channel 5's new American owners Viacom refusing to sign off on

By Peter Henn

the figures and not understanding the cultural importance of the show in the UK."

Fans have launched a petition on the website Change.org to save the soap.

More than 2,300 people had signed it last night.

The show, set on Ramsay Street in the fictional Melbourne suburb of Erinsborough, started in 1985 and quickly became one of the hottest programmes in Australia.

In 1986 the soap made its first appearance on UK screens when it was shown on BBC One. It quickly became a huge success and was broadcast twice a day.

Arguably its biggest pop-culture impact was the 1988

wedding of Charlene, played by Kylie Minogue, to Scott, played by Jason Donovan.

Both actors went on to have successful music careers as a result of their roles.

Other *Neighbours* alumni to have big pop hits include Natalie Imbruglia, who played Beth Brennan, and Holly Valance, who portrayed Flick Scully.

Ramsay Street has also provided a showcase for some of the country's most successful stars.

Oscar-winner Crowe, Guy Pearce and Margot Robbie all made appearances.

A spokesman for Channel 5 said: "We don't comment on commercial contracts."

Daily Express TV expert Matt Baylis said the programme was significant for many Britons and

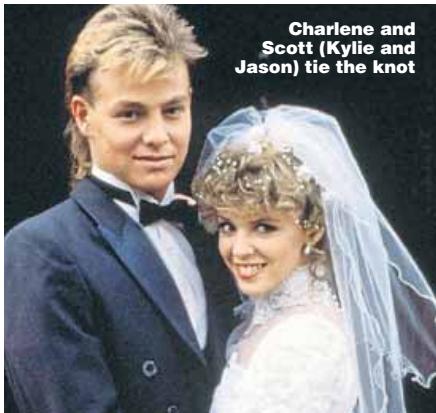
claimed its impact was the opposite of the *Ten Pound Poms* – the scheme which saw thousands of emigrate to Australia after the Second World War, lured by cheap tickets.

He said: "It was a big thing for people growing up in Britain."

"People would come home from school, drop their bags, have something to eat and watch Neighbours."

"It's like the reverse of the £10 immigrant programme for Australians – it has sent people who have become stars across the world."

"The real tragedy is that we won't lose it because of the scripts, or because people aren't watching it, but because of internal wranglings between money men."



Charlene and Scott (Kylie and Jason) tie the knot

By Giles Sheldrick

ELDERLY homeowners could be forced to fork out more than half the value of their property to pay for residential care.

Britain's care crisis is exposed in research showing a 30-month stay could cost between 18 per cent and 56 per cent of the value of a house.

It means someone in residential care could face a bill of £50,000 to £93,000 at the very end of their life.

The system was last night branded a "lottery" as some have all their costs covered while others pay tens of thousands of pounds with no help from the state.

Experts said the bleak picture laid bare the unfairness of Britain's creaking care system and warned growing old does not come cheap.

Former pensions minister Baroness Altman said: "There is simply no money set aside for social care, neither by the Government, nor individuals."

Monumental

"One in four older people are likely to need care when they reach old age and families have not yet woken up to the financial consequences of this."

"The care crisis is far worse than the pensions crisis because at least there is some money invested for pensions."

"Successive governments have kicked the can down the road without getting to grips with the issue."

"This is a monumental problem which will not go away and is already crippling our beloved National Health Service."

Those in the North-east, where

Elderly 'forced to pay half value of home in care lottery'

the average house price is just under £129,000, could face an average care home bill equating to 56 per cent of the cost of their home.

The typical weekly bill of £554 would bring the cost of a typical 30-month stay to about £72,000.

By contrast, people in London could find that 30 months in residential care equates to 18 per cent of the value of their property.

Royal London based its study on data from care researchers Laing-Buisson and Office for National Statistics house price figures.

Company spokeswoman Debbie Kennedy said: "These figures are a shocking reminder of the huge costs which growing numbers of us will face if we need residential care

later in life. The whole system is a lottery and we need to find better ways of supporting people to cope with these large, unpredictable bills."

The analysis looked at residential rather than nursing care. Both provide accommodation, meals, around-the-clock supervision and help with personal-care needs, but there are no registered nurses on duty in residential homes.

The average stay in a nursing home tends to be significantly shorter, meaning the total is likely to be smaller.

While 10 million or one in six of the UK population is currently aged 65 or over this is set to rise to one in four by 2050. More than three-quarters of over-45s fail to factor in bills they face in retirement and have not talked about it with their family.

This is despite a fall in the number of Britons who think it is the state's responsibility to pay.

Some people could use their pension savings or Isas, but millions will have nothing other than the value of their homes.

Experts said private insurance is too expensive for today's baby-boomers, many of whom are already retired, but incentives and encouragement for families to wake up to the need for money for care are long overdue.

A Government Green Paper setting out plans to address the crisis is due to be published later



COUNTING CRIPPLING COST OF CRISIS

	Average house cost	Weekly care cost	Cost of 30-month stay	Cost as % of house price
Wales	£148,177	£548	£71,303	48.1%
Scotland	£141,553	£385	£50,050	35.4%
Northern Ireland	£125,480	£512	£66,614	53.1%
North West	£152,259	£500	£64,959	42.7%
North East	£128,631	£554	£71,993	56%
East Midlands	£176,790	£557	£72,406	41%
London	£483,803	£666	£86,612	17.9%
South East	£316,026	£710	£92,266	29.2%
Yorkshire	£154,985	£544	£70,751	45.7%
East of England	£281,513	£699	£90,887	32.3%
South West	£242,808	£613	£79,716	32.8%
West Midlands	£181,328	£561	£72,958	40.2%

SOURCE: ROYAL LONDON

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Man is held after art slash attack

A MAN was yesterday accused of causing criminal damage to a valuable painting at the National Gallery.

The work is *The Morning Walk*, by Thomas Gainsborough. Keith Gregory, 63, of no fixed address, was charged following an incident at the London gallery on Saturday. The painting, of an "elegant young couple strolling through a woodland landscape", was attacked with a "sharp instrument" by a visitor, the gallery said.

It suffered "two long scratches which have penetrated the paint, but not the canvas," in Room 34 of the British Paintings exhibition. The east wing, in which the British paintings are housed, was evacuated after the alarm was raised at 2.15pm.

It reopened two hours later. The couple in the painting are William Hallett and Elizabeth Stephen, both 21 and "due to be married in the summer of 1785, shortly after the painting was completed" according to the gallery's website.

The gallery has taken the painting down to restore it. Gregory has been remanded in custody to appear at Westminster magistrates court today.



Painting is slashed

Heath sex probe set to close soon

DETECTIVES will wrap up an investigation into whether former Prime Minister Sir Edward Heath was part of a paedophile ring in the coming weeks, it is understood.

Operation Conifer started in 2015 – 10 years after Sir Edward's death. The closure of the investigation comes not long after Wiltshire Chief Constable Mike Veale said that he believed that the accounts from the investigation were '120 per cent genuine'.

With 17 officers on the case the probe has cost taxpayers £1million in the past two years.

The report and its findings will remain confidential.

Wiltshire Police said: "It is important to stress that Operation Conifer is a national investigation that is being led by Wiltshire Police on behalf of the Police Service.

"Our approach to public confidence is to be as open and transparent as possible, and at the conclusion of the police investigation, the force will take advice as to what we can legally put in to the public domain."

Sir Edward had a long career in politics. He was prime minister from 1970 to 1974 and leader of the Conservative Party for 10 years. He died in 2005 aged 89.



Late prime minister

By **David Maddox**
Political Correspondent

TONY Blair and Sir John Major came under fire for being "unpatriotic pessimists" after they launched a fresh offensive to stop Brexit.

Yesterday Mr Blair called on Labour to back holding a second referendum to reverse last year's historic vote.

Meanwhile fellow former prime minister Sir John launched a fresh attack on "ultra-Brexiters" within the Conservative Party, accusing them of seeking to force a complete break with Europe.

He said that the referendum had been won last year with "fake facts and bogus promise" and the "ultras" were now shouting down anyone who expressed an opposing view in a way that was "totally un-British".

Both were dismissed by Richard Tice, the co-chairman of Leave Means Leave. He said: "British businesses are embracing the opportunities Brexit offers.

"Unpatriotic pessimism and obstruction from the likes of Blair and Major is potentially very damaging to the British economy. I urge

Blair and Major blasted for latest bids to block Brexit

Tony Blair said Labour should back a second EU referendum on the Andrew Marr Show yesterday

Picture: JEFF OVERS/PA



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them to end their negativity and join the patriots who want to see Brexit delivered swiftly."

Tory MP Peter Bone said: "Tony Blair is part of the European elite and is not part of the real world. The fact is that the referendum last year was a definitive moment. Both sides said it would be binding and we are now leaving the EU. Does he just want another referendum every year until he gets the result he wants?"

"Tony Blair is even out of touch with his own party and its voters. He has about as much weight in the Labour Party as Lord Heseltine has in the Conservative Party."

Speaking on BBC One's Andrew Marr Show Mr Blair, who has started a Remain think tank, added: "What the Labour Party should say is, 'We believed in Remain, we still think the best thing is for Britain to be part of the European Union.'

"We acknowledge the people voted against that, we acknowledge therefore the Government have a mandate to negotiate Brexit. But we are going to hold them to the test that they have set and if they do not pass that test then we are going to retain the right to represent the

Osborne 'will use editor role to bash PM'

FEARS have been raised that George Osborne will use his appointment as editor of the London Evening Standard to attack Brexit.

The former chancellor, who was the architect of Project Fear in the EU referendum campaign, has been described by Tory insiders as "the real leader of the opposition" to Theresa May's government.

A minister close to Mrs May has admitted that the job "looks like a

platform for vengeance" for being sacked when she became Prime Minister.

According to party sources Mr Osborne has been organising the resistance to Brexit among Conservative backbenchers opposed to leaving the EU.

With Jeremy Corbyn's far-Left leadership leaving Labour in chaos and unable to form an effective Opposition, Mr Osborne has filled the gap.

However his appointment has

led to a series of probes over eight alleged conflicts of interest with him remaining as the MP for Tatton in Cheshire.

Mr Osborne's other outside earners have seen him paid £650,000 a year for advising the investment managers BlackRock four days a month and get almost £800,000 for signing up with the Washington Speakers Bureau and £120,000 for being the Kissinger Fellow for the McCain Institute think tank.

people of this country should their will change, to offer them the option of staying".

He also claimed that his decision to open the floodgates to migrants from eastern Europe in 2004 had no effect on the Brexit vote.

Tackled on whether he knew how many people from those countries would move to Britain, Mr Blair

admitted: "No, we didn't know the numbers."

He then claimed the 2004 expansion of the EU with 10 new countries including Poland, Lithuania and Hungary had been a "good thing" for Britain's security and economy.

He said: "We could have delayed for four years their ability to come here and work. We didn't, it's true,

the economy was in a completely different position in 2004. But I point out the majority of EU immigration came post-2008."

"One of the tragedies of Brexit is we are now in a situation where we think this enlargement of the European Union... was some sort of error. It was actually a bipartisan policy of both governments that has

Scots voters do NOT want referendum

A NEW poll has revealed that Scottish voters have rejected Nicola Sturgeon's attempts to torpedo Brexit with another independence referendum.

According to the Panelbase poll of 1,008 Scottish voters, 56 per cent do not want independence.

It comes as Scottish Tory leader Ruth Davidson defended Theresa May's decision to block a referendum until after Brexit.

Ms Davidson told BBC One's Andrew Marr Show that Scotland's First Minister was "hell-bent" on destroying the United Kingdom and described Brexit as "this week's excuse" for another independence referendum.

Thankful

Ms Davidson said: "The SNP is not Scotland and they are acting against the majority wishes of the people of Scotland."

"There are people right across Scotland, many, many thousands of them, that are so thankful for the Prime Minister to say let's take a pause on this."

Speaking on ITV's Peston On Sunday, Ms Sturgeon again made it clear that she is determined to scupper Brexit and force the UK to stay in the single market.

Ms Sturgeon said that membership of the single market was the "minimum" that must be secured for Scotland.

LEO MCKINSTRY: PAGE 12

done great benefits to this country overall."

Mr Blair also failed to admit that other countries including France and Germany had a seven-year period to 2011 protecting them from the full effects of free movement from eastern Europe.

OPINION: PAGE 12

My husband puts the rubbish out while I do the cooking, says May

THERESA May's husband Philip puts the bins out while she does the cooking, the Prime Minister reveals in a rare glimpse into her domestic life.

She has a collection of more than 100 cookery books but her husband has only "one or two recipes that he can rustle up himself," she says. "I do the cooking because I enjoy cooking."

Mrs May also gets the odd phone call from people who have confused her with a porn star who shares her name.

She says: "We do get calls from people who want to book me to do programmes which are perhaps not about politics."

But in a more touching part of an interview with Sky TV journalist Sophy Ridge she talks about dealing with the tragedy of losing both her parents

shortly after she was married in 1980.

Her vicar father, Hubert Brasier, was killed in a car accident, then within months her mother, who suffered from multiple sclerosis, also died.

She said: "I have had quite a lot of letters from people, who have known me over the years and knew my family, who said how proud my parents would have been. They never saw me even become an MP."

Mrs May also spoke about her childhood where she admitted she was generally a "goody two shoes" at school.

But she recalled that once she was expected to go to a school carol concert but instead wanted to watch the New

Zealand All Blacks play. The head insisted "that's for boys", but her father wrote a letter saying "he thought I had been to a sufficient number of carol concerts and should be allowed to go to the rugby".

The trip taught her that almost anything was possible for a girl. "I don't think I've ever felt that being a woman in any way gets in the way."

She also joked that her flamboyant high heels had been an icebreaker and an inspiration, getting people interested in politics.

The interview was for Sophy Ridge's new book The Women Who Shaped Politics.

OPINION: PAGE 12



'Keen cook' Theresa May gets a kiss from her husband Philip

By Rachel McDermott

A COUPLE who were told they would never conceive are celebrating their sons' second birthday – after having two sets of twins in just 18 months.

Katherine McCulloch, 24, was told she was infertile after a rare form of pelvic inflammatory disease caused a build-up of scar tissue.

She and partner Aaron Tricker, 26, were astonished to learn she was pregnant with Brayden and Logan, who turn two today.

But the couple described a second unexpected pregnancy as "an absolute miracle" after Rhea and Lyra were born in December last year.

The odds of having two sets of twins are one in 700,000 – and having two sets so close together is also considered highly unusual.

Amazing

Katherine said: "We can't describe how lucky we feel after thinking we would never have any children."

"To have one set of twins is incredible enough but to be blessed with two more children, and all within such a short period of time, is nothing short of amazing."

The couple, from Ipswich, Suffolk, both have twins in their families but had got used to the idea they would never have children.

They stopped using contraception and two years later Katherine became pregnant.

She gave birth to Brayden and Logan on March 20, 2015, but was told it was very unlikely she would conceive again.

She went on the Pill but had a month's break after suffering headaches thought to be triggered by the contraceptive. "I was complacent," she said.

My TWO sets of miracle tots after doctors said I could never get pregnant



Proud parents Katherine McCulloch and Aaron Tricker with twin girls Rhea and Lyra and twin boys Brayden and Logan, seen below shortly after birth



"But when my period was late I knew it had happened again."

Rhea and Lyra were born on December 6 last year, and like their older brothers, they are non-identical twins. Aaron, a

kitchen worktop fitter, said: "It's all been a bit of a shock to be honest. But once we got our heads around it, it has been great. I love having them all so close together." Katherine

added: "Our families joke that we should try and get pregnant again to see if we could make it a third set of twins – but it's a complete no-no as it would probably happen!"

Fury over plea for 'wrong sex abortions'

A HEALTH expert has angered pro-life groups by admitting she thinks women should be allowed to have abortions because their unborn child is the "wrong" sex.

British Medical Association ethics guru Professor Wendy Savage believes the law banning such terminations should be scrapped.

But her thoughts have been attacked by Tory MP Mark Field as "utterly abhorrent".

And the Society for the Protection of Unborn Children said the comments were in the context of the "BMA's exploration of further abortion liberalisation".

Doctors had presented widespread terminations "as a matter for celebration".

The debate began after Professor Savage said it was "outrageous" that some NHS hospitals were refusing would-be parents information about the sex of their child for fear they might choose to abort.

She said that women should also be able to abort at any stage of pregnancy – not just up to 24 weeks.

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Father is held after baby dies in 'hammer attack' on twins

By Cyril Dixon

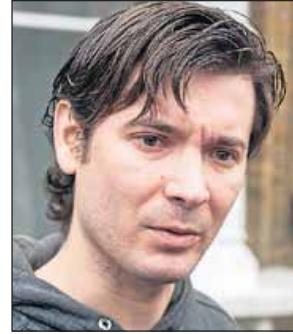
A FATHER of twin babies was arrested last night after one was killed and the other critically injured in a suspected hammer attack.

Hotel worker Bidhya Sagar Das allegedly vanished shortly before police and ambulance crews arrived at the flat where the late-night horror unfolded.

Scotland Yard said Das was arrested in the Hackney area of London at 7.15pm yesterday. He was taken to an east London police station.

Neighbours had heard screams coming from the top-floor property which Das, 33, shared with his partner Cristinela Datcu and their one-year-old twins Gabriel and Maria.

Eyewitnesses said the distraught mother later ran into the



Mihai Menea described 'screams'

street in Finsbury Park, north London, crying: "My kids, my kids."

Scotland Yard said the boy was pronounced dead shortly after arriving at hospital and his sister remained in a critical condition last night.

The mother is understood to be a Romanian migrant who worked at the same hotel as her Indian-born partner.

Detective Chief Inspector Dave Whellams, of the Metropolitan Police, said: "This is clearly a tragic incident, and our thoughts are with the family of the two young children."

"Despite the best efforts of medical professionals a baby boy sadly died in the early hours of this morning. A baby girl currently remains in a critical condition and is receiving specialist medical care."

"Whilst we remain in the early stages of the investigation, a man has now been arrested." Police

Sir Bruce: Isn't he doing well

SIR Bruce Forsyth is recovering well and laughing again after his recent health scare, according to his friend Jimmy Tarbuck.

The legendary presenter, 89, spent five days in an intensive care unit earlier this month after being struck down with a severe chest infection.

But comedian Tarbuck visited the former Strictly Come Dancing host at his Surrey home recently and has since reassured fans that Brucie is on the mend.

He said: "It was just good to see him. Bruce's wife Wilnelia made some sandwiches and a nice pot of tea and we just reminisced and blathered and laughed. He's getting there." Sir Bruce has been

By James Robinson

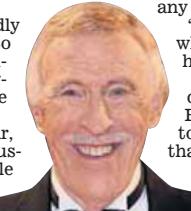
plagued with health problems in recent years.

He suffered a fall in 2015 and was rushed to hospital with cuts and minor concussion. After tests he had surgery on two life-threatening aneurysms.

The surgery reportedly left Sir Bruce too frail to attend the funeral of fellow entertainer and long-term friend Ronnie Corbett last April.

In November last year, Wilnelia admitted her husband was having trouble

Laughs...Brucie



moving. But Tarbuck, 77, who has been friends with the presenter for more than 50 years, was keen to point out that Sir Bruce's issues aren't unusual for a man of his age.

He added: "He had a fall, and a fall doesn't do you any good at any age."

"But he's at an age where it took a bit out of him."

Tarbuck's comments come just days after Sir Bruce's daughter Julie told ITV's This Morning that her father was on the mend, adding: "I am very proud of him."



Twins Maria, left, and Gabriel, right, playing happily before the tragedy



The parents Cristinela Datcu and Bidhya Sagar Das



Flats, used by hotel staff in north London, where the tragedy happened

were called at 11pm on Saturday to a house which is owned by the nearby Pembury Hotel and divided into flats for its workers.

Mihai Menea, 29, who lives in the house and works at the hotel, said: "A neighbour heard the woman screaming in the street. I said what has happened, and she just shouted 'My kids, my kids'."

"He went into the house but the boy was already dead when he found him. The father was a calm guy. I saw him on Saturday. "I couldn't imagine something like this happening here in a

million years." It was understood that Das had worked at the hotel as a night receptionist for the past seven years but resigned suddenly at the weekend.

A neighbour from across the road added: "I heard a woman, and she was shouting in the street. I said what has happened, and she just shouted 'My kids, my kids'."

"I don't know her but I have seen her around. I saw the police and the ambulance come to take out the babies."

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'Killer salt still hiding in our food'

DANGEROUSLY high amounts of salt are still lurking in everyday foods – costing thousands of lives a year.

Health risks can be found in major brands, with one hot chocolate drink saltier than seawater, it is claimed.

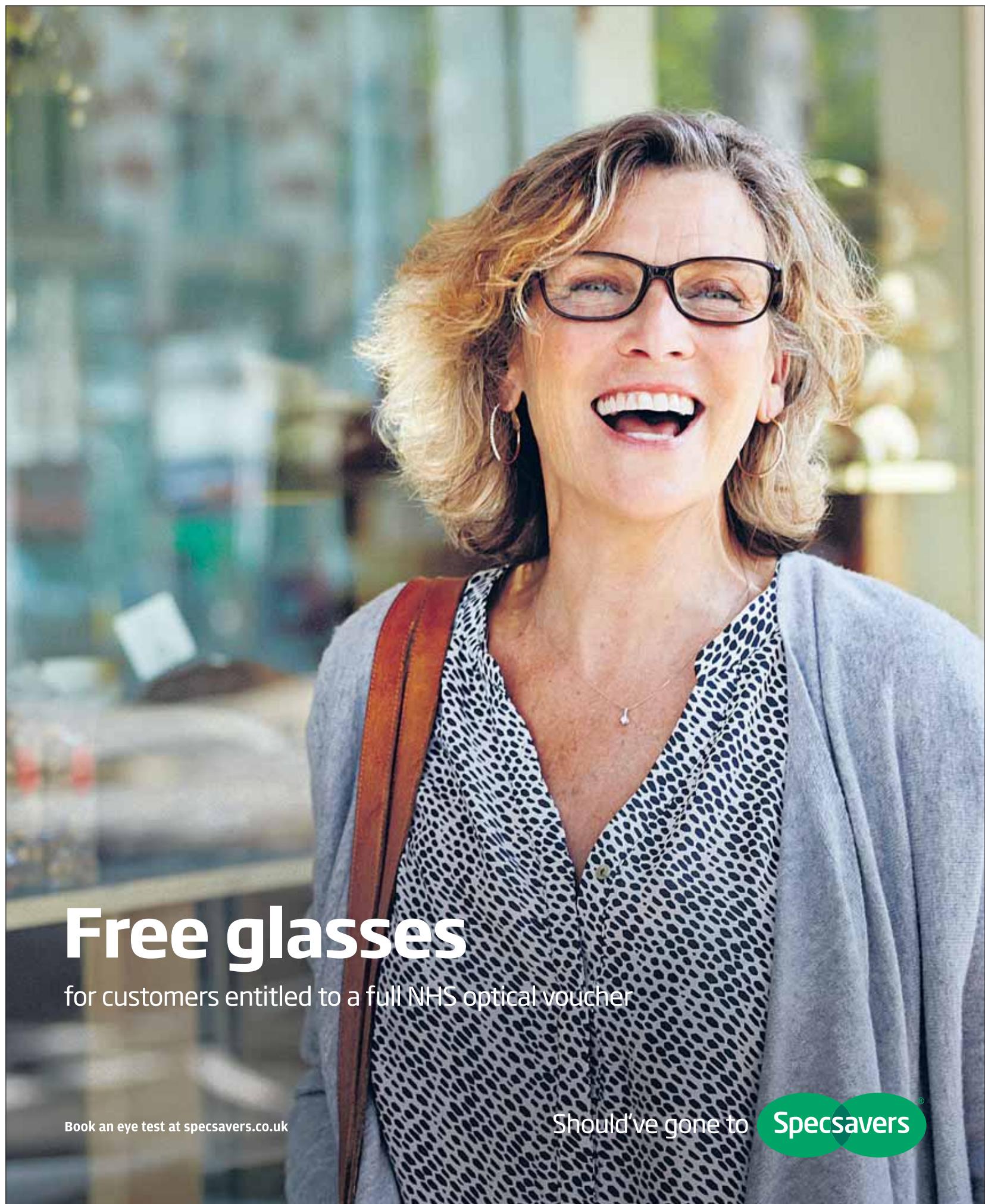
Pressure group Consensus Action on Salt and Health carried out a product survey comparing two shopping baskets containing similar food but with differing amounts of salt.

The saltiest basket had 3.8oz of salt, while the other basket contained 1.7oz.

UK average salt consumption remains high, at approximately 0.3oz a day.

The maximum recommended daily intake for adults is 0.2oz.

Health experts say that reducing average salt intake to the recommended figure would prevent 14,000 deaths, and save the NHS £3billion a year.



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Arctic winds to bring winter blast

FREEZING temperatures, snow and storms are going to give Britons a shock to the system this week.

Thermometers are about to plunge from last week which brought the hottest day of the year so far.

Bitter Arctic winds will bring a risk of snow to parts of the country with everywhere turning colder by midweek.

Forecasters blame a change in wind direction as mild southerly breezes are nudged out by -4C (24.8F) polar air this week.

The Met Office warned of a "messy" few days ahead with bitter nights, frosty mornings and heavy showers in store.

It said thermometers will drop to -4C overnight in Scotland and the North while the South could dip to about -1C. Daytime temperatures by midweek will struggle to get much above single figures in the South with highs of 4C elsewhere.

Met Office forecaster Mark Wilson said: "We are in for a change to colder conditions this week and it will come as a shock to the system after the recent warm weather. The cold will

By **Nathan Rao**

spread across the country from Monday with many places getting close to freezing on Tuesday night with heavy, blustery showers and snow in the North possibly down to lower levels.

"Overall it is a very messy week ahead, we expect spells of rain which could be heavy with thunder and hail in the South.

"There could be an ice risk which would warrant issuing a warning, again, because people have become used to the milder weather. They should be prepared for this."

He said thermometers will dip close to freezing overnight in most parts of the country towards the middle of the week.

Heavy downpours hit parts of the North yesterday putting the region at risk of flooding over the coming days.

The Met Office yesterday issued a severe weather warning for more than 1.5in of rain in some areas.

Mr Wilson added: "Heavy rain will affect Cumbria and Lancashire on Sunday and given they have had a lot

already we could see some issues with localised flooding.

"There are signs it will turn more settled towards next weekend but we are in a polar maritime airflow so it will feel much colder."

WeatherOnline forecaster John Ejdowski said the weather will turn around midweek with strong winds making it feel bitterly cold.

He said: "High pressure develops to the North later in the week as strong north-east winds bring temperatures down to below normal.

"Frosts then develop in the North with the South windy too."

"Friday will be cold with temperatures below normal, strong north-east winds will make it feel even colder.

"A few rain and snow showers may affect North Sea coasts. It will be dry and cold by night with a sharp frost in the North."



Motorist struggles through floodwater at Threlkeld, Cumbria, yesterday

Millions suffer as pollen strikes early in hay fever season

By **Nathan Rao**

MILLIONS of allergy sufferers are battling one of the earliest hay fever seasons on record after mild weather triggered a pollen explosion.

Doctors and healthcare workers are reporting a rush for sprays and tablets as the nation starts sneezing and streaming.

The main culprit is tree pollen which is rife thanks to the mild winter and wet February followed by recent warm temperatures.

Experts claim the hay fever season is beginning earlier each year and lasting longer at the end of summer.

Another surge in symptoms is now expected at the start of April when birch trees start to flower.

Andrew Williams, lead nurse for adult allergies at Guy's Hospital in London, said doctors and health professionals are braced for an influx of sufferers. He said: "We have already started seeing hay fever patients coming in and we are expecting a large increase at the start of April."

"Although most people who have hay fever are allergic to grass pollen the main culprit at the moment is tree pollen – particularly hazel and alder."

Issue

"The birch season has also just started which we expect to bring more people in for treatment, then through the summer we usually see two peaks – in June and then July."

"Over the past three years the season has started measurably earlier, it seems to be getting earlier every year and this is probably the new normal."

"People's symptoms, unexpectedly, tend to be worse in cities where there is an issue with pollution," he added.

"Diesel particles are the main driver and during the summer when pollen levels are high we can end up with a toxic mix of particles in the air."

Runny noses and itchy eyes hit the economy with almost three million signed off with hay fever each year.

Allergy UK said 15 per cent of the nation's 18 million sufferers – 2.7 million people – will be unable to work at some point this summer. Experts say businesses lose 4.75 summer days per allergy-stricken employee, costing the £1m.



Hay fever can be fatal in some cases

economy £7.1billion. Allergy UK director Jean Emberlin said tree pollen counts are rising but the biggest villain, birch, will kick in later this month.

She said: "Birch pollen will be earlier this year, so we expect more people with hay fever this month or next, depending on the weather."

Allergy expert Max Wiseberg said: "We have orders for medication coming in earlier than last year, the season is extending and the problem is generally getting worse."

"One reason is thought to be the growing pollution."

Samantha Walker, director of research and policy at Asthma UK, warned hay fever can trigger a fatal attack.

She said: "If you are experiencing coughing, tight chest or wheezing continue taking asthma and hay fever medication as prescribed."

"Pollen is a trigger for most of the one in 11 people in the UK with asthma. If you've started sneezing and your nose is blocked or runny, the best treatment is nasal steroid spray from the chemist, taken regularly."



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LOTTO RESULTS**SAT LOTTO**

March 18
3 8 19 26 37 41 43
T-Ball: 2 7 16 25 37 12

EURO LOTTO

Friday March 17
6 10 19 29 36 39
Millionaire maker
HNTV36435
TMT55721
T-Ball: 4 8 16 28 32 10

WED LOTTO

March 15
6 24 27 38 39 55
T-Ball: 1 7 23 30 34 3

EURO LOTTO

Tuesday March 14
3 5 21 36 44 36
Millionaire maker
XKSK12014
TMTK53465

SAT LOTTO

March 11
6 15 23 29 55 57 46
T-Ball: 4 7 15 25 34 7

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PHONE POLL RESULTS

We asked in our poll
on Friday:

Should Scotland hold
another referendum?

YES: 5% NO: 95%

We asked in our poll
on Thursday:

Should Theresa May
trigger Brexit TODAY?

YES: 98% NO: 2%

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30-SECOND CHALLENGE

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have 30 seconds for the BEGINNER task. For a greater challenge, try BEGINNER and INTERMEDIATE in 30 seconds. True mental gymnasts should try INTERMEDIATE and ADVANCED in 30 seconds together.

Today's answers can be found on page 41

YOUR ANSWERS

Beginner	50	-17	2/3 OF THIS	-6	7/8 OF THIS	+28	÷6	+57	TAKE THE SQUARE ROOT
Intermediate	174	5/6 OF THIS	-64	REVERSE THE DIGITS	x9	+83	60% OF THIS	+183	3/10 OF THIS
Advanced	19	SQUARE IT	+45	÷14	+156	INCREASE BY 80%	+247	9/10 OF THIS	-168

**SUDOKU**

Fill in all the squares so that each row, each column, and each 3x3 square contain all the digits from 1 to 9

	7	8	9		2	5	4	
2				4				7
3				5				8
8			4		9			5
9	1				4	2		
5		3		6				9
9			6					4
7			9					1
5	6	1		3	9	7		

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For extra clues call:
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MORE PUZZLES - PAGE 41
SATURDAY'S SOLUTION

4	8	9	7	3	2	6	1	5
5	6	2	1	8	4	7	3	9
3	1	7	6	9	5	8	4	2
2	5	3	8	7	9	1	6	4
1	9	6	5	4	3	2	7	8
8	7	4	2	6	1	5	9	3
9	2	8	3	1	7	4	5	6
7	4	5	9	2	6	3	8	1
6	3	1	4	5	8	9	2	7

QUOTE OF THE DAY

'Unpatriotic pessimism and obstruction from the likes of Blair and Major is potentially very damaging to the British economy'

RICHARD TICE, CO-CHAIRMAN OF LEAVE MEANS LEAVE, SLAMS FORMER PRIME MINISTERS SIR JOHN MAJOR AND TONY BLAIR FOR THEIR ATTEMPTS TO UNDERMINE BREXIT

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musical, enjoy a bit of late night shopping or explore the lively bars and restaurants nearby. Prize includes two-night stay for two with breakfast, dinner, and a gin afternoon tea for two. Subject to availability. Must be redeemed within six months of the closing date.

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*Calls cost 80p per minute plus your telephone company's network access charge and last 2.5 minutes. **Texts cost £2 plus your usual network rate. Please ensure you provide your name and address details as incomplete entries may be charged but not entered. By responding to promotions, offers and competitions you agree that **Northern & Shell & the Daily Express** may contact you by post, SMS and/or email with offers, goods or services that may be of interest to you. To stop receiving SMS messages please text **NS NOINFO** to the originating number. Entrants must be 18 or over. Winners will be selected at random from all valid entries. The Editor's decision is final. For full T&Cs, see www.express.co.uk/comprules. Express Newspapers/Northern & Shell reserves the right to offer these promotions in its portfolio of titles. Prizes are subject to availability. Images are for representational use only. SP: Spoke - 0333 202 3390

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French and Saunders in £2.5m Bake Off snub

Pictures: DAVE BENNETT/GETTY, PA



Dawn and Jennifer are believed to have snubbed a huge offer to join Channel 4's Bake Off team. Sandi and Noel, left, have been unveiled as the new hosts

Day music died...stars' tributes to Chuck Berry

FROM the Rolling Stones to hard rock group Kiss, tributes flooded in yesterday for one of rock'n'roll's greatest pioneers, Chuck Berry, who died at the age of 90.

They shared their sadness over the death of the Johnny B Goode singer.

Before going on stage in Las Vegas, Sir Rod Stewart said: "It started with Chuck Berry. The first album I ever bought was Chuck's *Live At The Tivoli* and I was never the same. He was more than a legend, he was a founding father. You can hear his influence in every rock'n'roll band from my generation on. I've been performing his *Sweet Little Rock & Roller* since 1974 and tonight when my band and I perform it at Caesars Palace, it'll be for Chuck Berry."

The Rolling Stones said they were "deeply saddened", adding: "Berry was not only a brilliant guitarist, singer and performer, but most importantly, he was a master craftsman as a songwriter. His songs will live for ever."

Berry played an important role in the making of The Stones. Mick Jagger and Keith Richards rekindled their friendship on a train platform as they discussed the



Legend Berry has died at 90

By Emlyn Travis

Berry Rockin' At The Hops record Jagger was holding. "One of my big lights has gone out," said Richards.

Sir Mick Jagger said: "I want to thank him for all the inspirational music he gave to us."

"He lit up our teenage years, and blew life into our dreams of being musicians and performers."

"His lyrics shone above others and threw a strange light on the American dream. Chuck you were amazing and your music is engraved inside us forever." Kinks star Dave Davies heralded Berry's death on Saturday as "the day music died", saying that Berry was "probably the most important influence" in his life.

Beatles drummer Ringo Starr said: "RIP and peace and love Chuck Berry Mr Rock'n'Roll Music."

Kiss guitarist Gene Simmons said he was one of the founding fathers of rock'n'roll.

Berry died at his home in Missouri. His career spanned over 60 years but his 1972 single *My Ding-A-Ling* was his only UK and US number one hit.

FOUNDING FATHER OF ROCK'N'ROLL: PAGE 21

DAWN French and Jennifer Saunders were offered £2.5million to host Channel 4's new Great British Bake Off but turned it down, according to reports.

The comedy duo were presented with the sweet deal to replace Mel Giedroyc and Sue Perkins on the hit baking show when it returns on its new channel later this year.

But a source close to them said: "It was never a viable option. A lot of money was offered, but Channel 4 has bought turkey."

The pair are thought to have enough on their plates already. Saunders, 58, is said to be worth about £20million, while Vicar Of Dibley star French, 59, has recently signed up to host ITV's new child talent show Little Big Shots.

It is believed that Bake Off's makers, Love Productions, which

By James Robinson

sold the show to Channel 4 for a reported £75million, targeted the duo as their No 1 choice.

A Bake Off insider said: "They would have brought in the viewers but it wasn't to be."

"An offer was put in, a pretty high offer at that, but it wasn't enough. The impression was that, actually, no amount would have been enough."

Love Productions has denied the claims. A spokesman said: "This is untrue. French and Saunders were not formally approached."

Last week, Sandi Toksvig and Noel Fielding were unveiled as the show's new hosts.

The pair will be joined by cookery writer, Prue Leith, 77, who will step into Mary Berry's shoes. Paul

Hollywood will be the only original Bake Off presenter to feature in the Channel 4 series.

The new look line-up has already received a lukewarm reaction from Bake Off fans, with many taking particular objection to edgy comic Fielding.

However, Fielding and Toksvig will be paid handsomely for their new roles, with both set to earn considerably more than their predecessors.

The format of the new show is yet to be confirmed but it is rumoured that Love Productions will stick with the tried and tested formula.

In previous years, 12 eager hopefuls have entered the Bake Off tent in the first episode, with one being eliminated each week.

The final three then battle it out in the grand finale.

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Theresa May doesn't need lectures from has-beens

DESPITE campaigning for Remain our Prime Minister is dedicated to delivering a real Brexit. Theresa May's commitment to leaving the EU proves she understands her duty to implement the will of the people. But as she prepares to trigger Article 50 two of her predecessors are making trouble.

Both Sir John Major and Tony Blair stuck their oars in yesterday. Sir John attacked those who want a clean break with the EU – despite this clearly being what the British people voted for on June 23 last year. Blair meanwhile said Labour should be prepared to offer voters the chance to stay in the EU.

It is infuriating to see this pair of yesterday's men battling to undermine our Prime Minister's efforts.

Nobody will pay much attention to either of these Remoaners. Sir John's intervention is deeply personal, 20 years on from the battles over the Maastricht Treaty he is furious that his legacy is being dismantled. As for Tony Blair it is difficult to think of any political figure who curries less favour with the electorate.

Nevertheless it is disappointing to see two former prime ministers making such destructive comments. They ought to behave with dignity and with the national interest in mind. Instead they are sowing discord and division at a time when the whole country needs to unite behind the current Prime Minister and her efforts to secure a good deal for Britain.

Sir John Major once complained about Margaret Thatcher being a "back seat driver". He ought to remember that next time he attempts to influence the Government's course.

Saving must be rewarded

FEARS have been raised that Philip Hammond is plotting a new tax raid on pensions. Slashing tax relief on pensions would be an unfair and destructive policy. How can the Government urge people to save sensibly for their retirement while at the same time clobbering those who actually do so?

A tax regime that hammers pensions and discourages people from saving will create huge problems for the future.

Already people are finding that their savings do not yield a decent income to sustain them during retirement. It is madness to do anything that will make this situation worse.

Philip gets the rubbish job

THERESA May has revealed that her husband Philip usually takes the bins out while her enjoyment of cooking means she tends to prefer being in charge of the kitchen. It's rather touching to learn that even the residents of Britain's most famous address still have to divvy up the household chores.

What about the rights of English and Welsh voters?

Picture: AFP

NRECENT days, the grievance machine of the Scottish Nationalists has gone into overdrive. Caledonian discontent has been cranked up to a new level of intensity by Nicola Sturgeon's demand for another independence referendum. The dreaded "Neverendum", that vehicle for perpetual tartan victimhood and anti-English hostility, is now in danger of becoming a reality.

Wallowing in her usual indignation during the SNP's spring conference in Aberdeen over the weekend, Sturgeon denounced any attempt by the British Government to thwart her plans. A bid to block a second independence campaign "will be untenable, undemocratic and unsustainable", she fulminated, claiming that "it is for the Scottish Parliament, not Downing Street, to determine the timing of a referendum".

Some critics of Theresa May contend that she played into Sturgeon's hands by declaring that there can be no new vote until the Brexit process is completed, probably by early 2019. According to this argument, the Prime Minister clumsily provided a further cause for SNP anger by her supposed intransigence.

But in reality Mrs May had no choice. It would be absurd to hold a referendum before a deal on the UK's relationship with the EU is agreed. Nor is there any sign that the Scots urgently want another vote. One poll yesterday showed that opposition to independence stands at 56 per cent, much the same as in the 2014 referendum. That comprehensively demolishes the SNP propaganda that there's been a big shift in the public mood since Brexit.

YET, as Theresa May has discovered, there is no political group which is easier to whip into a self-righteous fury than the Scottish Nationalists, with their exquisite sensitivity and their vast capacity for taking offence. They will never be satisfied until they have achieved their goal of separation.

Appeasement is no solution. Successive British governments have been trying that since the late 1970s, pouring endless additional funds into Scotland, offering new rights, and handing over more powers. None of it has worked. The



GRIEVANCE: Scotland's First Minister Nicola Sturgeon



Leo McKinstry
Daily Express columnist

former Labour prime minister Gordon Brown had another go at the appeaser routine on Saturday, when he declared that the pressure for independence could be avoided by a massive further extension of devolution, under which Edinburgh would be given control over VAT, international treaties, the environment, employment and energy.

But this is bankrupt stuff from an ex-premier who almost bankrupted Britain.

The central problem in the United Kingdom constitution is not the lack of power for Scotland but the gross imbalance in the current settlement. The politicians' myopic focus

on Edinburgh has resulted in disdain for the rest of the country. As the SNP hogs the airwaves over independence, what is missing is any real discussion about the future of England or Wales. The voices of the English and Welsh are marginalised, their interests ignored.

The desperate policy of trying to buy off Scottish nationalism has resulted in the most glaring injustices. Contrary to all the SNP's blather about oppression from London, the English have nothing like the same political rights.

While Scottish MPs have a direct say in all of England's affairs, English MPs have little say in the governance of Scot-

'Politicians have just focused on Edinburgh'

land. Similarly, the Welsh Assembly has far less power or stature than the Edinburgh Parliament. At Westminster, the distortions in political influence are grotesque. The SNP has 56 MPs, despite winning just 1.45 million votes. Ukip has only one MP, though it had 3.88 million votes.

The same unfairness can be seen in spending. Public expenditure is £1,720 per head higher than in England – a difference of almost 20 per cent – and subsidies from the English taxpayer have enabled the Scottish government to abolish university tuition fees, road tolls, prescription charges and elderly care fees.

BUT the largesse from England has also bred an economic dependency culture, characterised by anaemic growth and fiscal irresponsibility. Scotland's deficit, at £15 billion or 9.5 per cent of GDP, is even worse than Greece's. These financial problems are bound to worsen as the revenues from North Sea oil dry up.

But perhaps the greatest double standard is the contempt for England's identity. Scottish national pride is to be respected whereas English national pride is seen as a dangerous force that must be ignored or crushed.

The English are one of the few people in the world who are denigrated for trying to celebrate their own culture. In 1941 George Orwell wrote that "in Left-wing circles it is always felt that there is something slightly disgraceful in being an Englishman" and that "it is a duty to snigger at every English institution".

The same attitude prevails today, with much of the media and the political establishment loathing the very concepts of Englishness and English nationhood. It was Sturgeon herself who recently sneered that Brexit has been a "licence for xenophobia".

If there was any real justice about devolution, the English would have been granted their own parliament. That is the only way to recognise England's existence as a nation and stop her people being treated as second-class citizens.

Despite the current lopsided political debate, England's self-determination is just as valid as Scotland's.

JACK NICHOLSON AT 80

By David Robson

OSCAR night 2013: Jennifer Lawrence, just named Best Actress, is seated, being interviewed for *Good Morning America*. She is blonde, beautiful, clever, witty, and 22 years old, the second youngest winner in history. Then behind her we see a 76-year-old man take off his dark glasses, mop sweat from his brow, step forward, interrupt her, greet the interviewer as a mate and tell Lawrence, "You did such a beautiful job..."

"You're being really rude," says Lawrence, smiling.

"You look like an old girlfriend," says the old man.

"Do I look like a new girlfriend?" asks Lawrence.

"I thought about that," says the old man. "Oh my god!" says Lawrence, after he leaves, putting her hand to her mouth. She had never met the man before.

It could have been sleazy but it was Jack Nicholson, not just the greatest film star of his generation but one of its most charming, irresistibly seductive and dangerous men. Jack is never embarrassing.

Being a terrific actor and getting the best roles is part of it but not the essence. Only a handful have the presence, personality and charisma to claim a special place in the public's psyche. The film director Mike Nichols once said: "There is James Cagney, Spencer Tracy, Humphrey Bogart and Henry Fonda. After that, who is there but Jack Nicholson?" (Jack would say, "You've forgotten Brando," who was his friend, neighbour and idol.)

Next month Nicholson will be 80, a landmark celebrated with the re-release of the 1975 *One Flew Over The Cuckoo's Nest*. If you have ever seen it I doubt if you've forgotten it. Certainly seen now on a proper screen in a cinema it has lost none of its power. Set in the Oregon state mental institution with people in various types and states of disrepair, it is full of funny and disturbing performances.

AT ITS centre is the confrontation between Randall Patrick McMurphy (Nicholson) and Nurse Ratched (Louise Fletcher). McMurphy – who is a serial offender in prison for having sex with a 15-year-old girl – has decided he will sidestep hard labour by pretending to be insane. Rebellious and not afflicted like the rest of them, he becomes a leader of his fellow patients. Why are they treated so roughly and constantly humiliated? Why are they subject to unnecessary repressive rules? Why can't they/he watch baseball on television?

Nurse Ratched is implacable, authoritarian and unshiftable in her white uniform. Her hairstyle a masterpiece of severity.

It's a classic 1960s/70s struggle between freedom and authority as well as an attack on the psychiatric regime of the time with electric shock therapy regarded by institutions as a useful treatment and by critics as the ultimate evil. One of

To celebrate his milestone birthday *One Flew Over The Cuckoo's Nest* is being re-released



SEDUCTIVE:
Movie legend
Jack Nicholson
has become a
Hollywood
institution

Picture:
THEO KINGMA / REX

THE actress Anjelica Huston had a stormy on-off relationship with Nicholson from 1973 to 1990. In her memoirs she describes her first sight of him: In 1969, when I was still living in London, I had gone with some friends to see *Easy Rider* in a movie theatre in Piccadilly Circus and had returned alone some days later to see it again. It was Jack's combination of ease and exuberance that had captured me from the moment he had come on screen. I think it was probably upon seeing the film that, like many others, I first fell in love with Jack. The second time was when he opened the door to his house that early evening in April, with the late sun still golden in the sky. "Good evening, ladies," he said, beaming, and added in a slow drawl, "I'm Jack, and I'm glad you could make it." At a party in 1984, 12-year-old Gwyneth Paltrow said to Anjelica: "That man scares me." "With good reason," replied Anjelica, "he scares me too."

SEMINAL ROLE: Nicholson as Randall McMurphy in *One Flew Over The Cuckoo's Nest*

only three films to have won all five major Oscars – actor, actress, director, best screenplay, best picture – it is utterly compelling.

Nicholson's presence, whether he's observing, talking, arguing or going wild is always riveting. He has a connection with the audience that very few actors have and sex is at the root of it. Talking in 1986 he said: "All right. The secret to *Cuckoo's Nest*, my secret design for it, was that this guy's a scamp who

knows he's irresistible to women and in reality he expects Nurse Ratched to be seduced by him. This is his tragic flaw. This is why he ultimately fails. I discussed this with Louise Fletcher (Nurse Ratched). I discussed this only with her. That's what I felt was actually happening with that character – it was one long, unsuccessful seduction which the guy was so pathologically sure of."

Jack of course has been a nota-

ble seducer, an Olympic lady's man. He, Brando and Warren Beatty were neighbours on Mulholland Drive, known as "Badboys' Hill". Brando is dead, Beatty tamed and settled with his wife Annette Bening and Jack has muttered something about not finding love again and dying alone. It was of course reprinted a million times but may or may not be true.

He still has that smile, which says loveable man and big



A classic villain

NURSE Ratched has been named fifth worst film villain of all time by the American Film Institute. Only *Hannibal Lecter*, *Norman Bates* (*Psycho*), *Darth Vader* and *The Wicked Witch of The West* from *The Wizard Of Oz* are worse.

During the premiere of *One Flew Over The Cuckoo's Nest* in Chicago, the audience cheered when she was being strangled. "That blew me away," Louise Fleming (who played her) says. "It was very exciting. And when the film was over, people ran after us as we went up the aisle. That was the first time I had experienced that kind of attention."

In her Oscar acceptance speech she said: "Well, it looks like you all hated me so much that you've given me this award for it, and I'm loving every minute of it. And all I can say is I've loved being hated by you."

HIS BIGGEST FILMS...

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Batman

(best paid Joker in history – earned him \$100million)

As Good As It Gets

(an obsessive-compulsive writer finds the sunny side)

Chinatown

(much better than *As Good As It Gets*)

A Few Good Men

(Colonel Jessup makes a hell of a good speech)

About Schmidt

(an angry old man's journey to a kind of redemption)

The Witches of Eastwick

("I'm just your average horny little devil")

AND HIS BEST LINES

"You know this used to be a helluva good country. I can't understand what's gone wrong with it."

Easy Rider

"The next woman who gets hold of me is going to light up like a pinball machine and pay off in silver dollars."

after ECT in Cuckoo's Nest

"Heeeeere's Johnny."

The Shining – Jack improvised the line

"You can't handle the truth."

A Few Good Men

"You make me want to be a better man."

As Good As It Gets

"Ever dance with the Devil in the pale moonlight?"

Batman

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Happy Mondays

by Carole Ann Rice



Leading life and happiness coach

IT'S official, today is the real Happy Monday! It's International Day Of Happiness which makes one wonder whether the rest of the 364 days of the year are ones of gripes, groans and gloom. Who needs a special day to celebrate the ephemeral butterfly of bliss? Well, maybe we all do.

Happiness to me is like a magic kind of spiritual fuel; a bit like water or fine white sand it slips through your fingers and needs to be topped up regularly in order for us to find meaning and purpose in our daily haul.

We know that happiness is an inside job despite what the ad agencies may tout via bungee jumps, white-knuckle rides and azure seascapes. These are all good joy jump-starters but there are many self-generating igniters which don't demand a passport or neck brace. In simple terms happiness never turns away from us but we turn away from it.

It is always there like a never-ending river of pleasure but you can either view life as if you've been blessed with a bucket to dip deep into it, or life's knockbacks can mean you feel as if you're equipped only with a teaspoon that has a hole in it.

You don't necessarily need money (although it can alleviate many hardships) for instant pleasure. You just need to know a few tricks and happiness will come flooding in like the smell of roses on a fine summer's day.

So as you sit and read this you can be joy-rich within moments just by noticing. Look at the sky, the colours around you, the sounds (notice any birdsong/the coffee machine gurgling/cars) and feel the air on your skin. Relish the moment of being alive.

A smile will instantly boost others but also kick-starts your own chuckle muscles. Give a compliment generously and actively find things

to be grateful for. If you want to feel good then do good. Give up a seat, send a friend a card, spend £1 on a bunch of daffs and give them to somebody.

Take some gentle exercise, walk around the park and notice nature in all its budding glory and grace. When you feel a negative thought say "next!" and summon up a more positive, supportive idea.

Actively build in "bliss points" every 90 minutes. These are little treats to mindfully look forward to – your first cuppa, a healthy breakfast, a call with a friend, listening to music or a favourite radio programme, enjoying a shower or bath. This removes the flavourless, colourless hamster-wheel existence we can, as busy people, find ourselves in.

Eat lunch away from your desk and relish your meals. Think of where the food came from, who grew it and prepared it for you. Chew slowly and be grateful for feasting on such fine fare.

Make time for the people who make you happy and if there are things that bug you and that you can't change then learn to accept them by thinking differently about the situation.

Learn bouncebackability and try to leave burdens behind you. Support a friend and ask for help too. Even better, find a community of like-minded people whether that's a choir, a club, sport, hobby or a religion to make you feel part of something bigger.

Your happiness is 100 per cent your own responsibility. You need to learn what it takes to keep your tank topped up. Maybe even reading this has lifted your mood. I do hope so because that would make me happier than a pup with two tails.

For more tips on how to (officially) get happy visit dayofhappiness.net.

Joy in a jar makes a wonderful gift

MEREDITH'S mother saw her teen daughter suffering after a friendship breakdown. So she printed off happy and positive quotes, cut them into strips, put them into a pretty jam jar and urged her to take out one a day and think about it. It completely turned

her life around and now mother and daughter produce Meredith's Joy Jars and sell hundreds of thousands of them around the world as gifts. Many schools are also following suit.

Why not make your own joy jar for someone today?

IF I had superpowers, they would be to read a book of any length in seconds and completely absorb its meaning, to be able to be transported instantly to wherever I wanted to get to and always to have a flat stomach regardless of my food intake.

Asking a friend what hers would be she replied: "I already have a superpower... I make wine disappear." Cheers to you all today.

LISTEN TO BISHOP'S TEACHINGS

IF YOU want a full and satisfying life then practise wholehearted self-forgiveness and "have a go" at what your heart desires. Comic John Bishop, right, is living his dream as 10 years ago he was a sales rep and is now a millionaire entertainer who has also hosted a chat show.

"Have a go at things and take a chance," he says. "I wouldn't do something because I was scared of it, only if I thought it would be rubbish, negative or detrimental to my principles."

When faced with a fear today, try thinking: "What would John Bishop do?"



Helping hand to save our wildlife

ENDANGERED species such as water voles and cuckoos are to be given a helping hand after the National Trust outlined plans to create tens of thousands of acres of wildlife-friendly areas on its land.

Habitats such as wetlands, lowland meadows, woodlands, hedgerows and field margins will be created or restored across a tenth of the trust's 620,000 acres.

The plans also aim to ensure half of all National Trust farmland is nature-friendly by the year 2025.

Peter Nixon, the

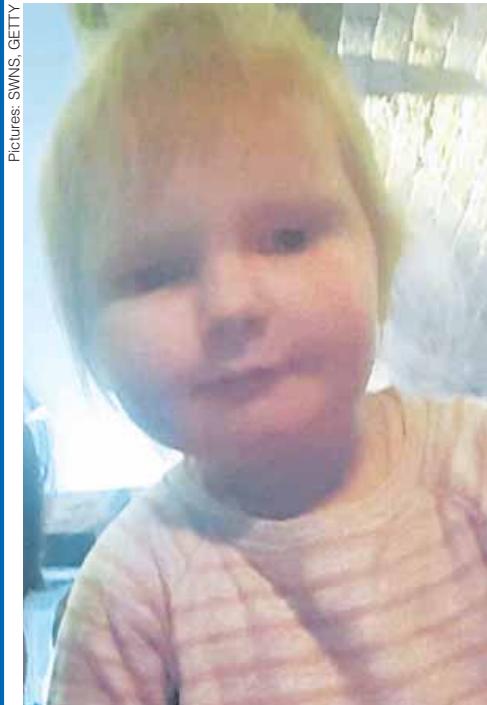


Water voles are in decline

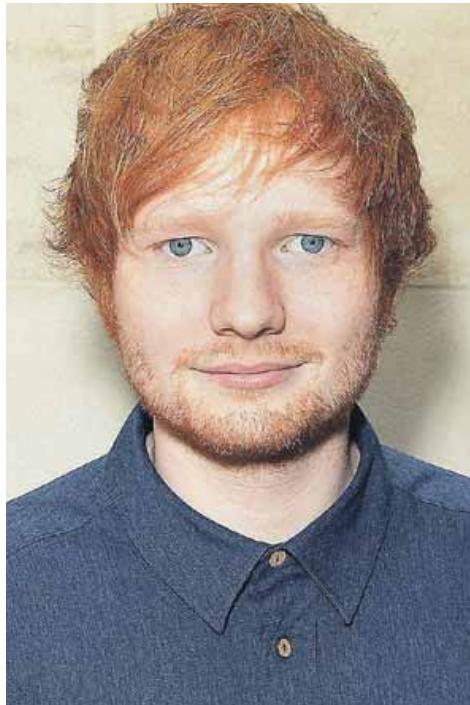
trust's director of land, landscape and nature, said: "Nature has been squeezed out to the margins for far too long. We want to help bring it back to the heart of our countryside."

"Birds such as the lapwing, cuckoo and curlew are part of the fabric of our rural heritage. But they've disappeared from many parts of the country."

The National Trust is working across England, Wales and Northern Ireland to protect species ranging from large blue butterflies to water voles, mountain hares, smooth snakes and bluebells on the land it owns or manages.



Pictures: SWNS, GETTY



Isla Walton, two, looks uncannily like flame-haired singer Ed Sheeran and enjoys watching him on television

Redhead tot who's a dead ringer for pop superstar Ed

By Emlyn Travis

A TWO-YEAR-OLD has become an internet sensation – because she looks just like singer Ed Sheeran.

Little Isla Walton has the unkempt ginger locks and an uncannily similar expression to the Shape Of You star.

The toddler's picture went viral after her aunt Stacey Walton posted it online.

Stacey, 30, said: "Everyone comments saying how she's a mini Ed, and I call her baby Sheeran."

"She loves his music, tries to sing along to the words and has a dance."

Mother Zoe, 21, of Exeter, Devon, who also has a son Alfie, five, said: "I look at Isla sometimes and just think 'wow'."

"People have pointed out to her who she looks like. Now she likes to watch him on TV."

The picture has now been shared thousands of times on social media.

On Twitter actor Gavin Lee Lewis wrote: "This baby looks more Ed Sheeran than Ed Sheeran."

While Shauna Toland tweeted: "She's the double of him, so cute."

37 die in blazes caused by paraffin in skin creams

By Tom Kershaw

SKIN creams containing paraffin have been linked to 37 deaths from fire across Britain in the past decade.

The products are used to treat conditions such as eczema and psoriasis.

If people use the creams regularly but do not often change clothes or bedding, paraffin residue can soak into the fabric, making it flammable.

Carol Hoe's husband Philip died after setting himself on fire when sparks from a cigarette reacted with the emollient cream he was slathered in.

Philip, 60, died after suffering 90 per cent burns at Doncaster Royal Infirmary in 2006 as he was being treated for psoriasis.

Carol, 66, said: "He had sneaked off on to a landing for a cigarette. A gust of wind must have caught the lighter, and it set fire to him." Within seconds Mr

Hoe was engulfed in flames and he died shortly after being transferred to a hospital in Sheffield.

The coroner at his inquest drew attention to the dangers posed by skin creams, and the now defunct National Patient Safety Agency advised that paraffin-based products are easily ignited with a naked flame if used in large quantities.

The Medicines and Healthcare Products Regulatory Agency has updated its guidance and says all creams containing paraffin should carry a warning.

But more than a decade after her husband died, Carol said warnings should have been made sooner. She added: "I'm really angry because at the inquest, the coroner said that further steps should

be taken to give people warnings. And for nearly 40 more deaths to happen after Philip, I just can't understand it."

In 2015 Christopher Holyoake, 63, died in Leicester after he was set on fire because his bedding was covered in residue from dermatological cream E45.

When the flame from his cigarette lighter came into contact with the bedding, the residue acted as an accelerant – giving Mr Holyoake little chance.

A spokesman for E45 said: "All our labelling is compliant with regulatory guidelines." It was updating the labelling to include guidance on potential flammability and this would be fully implemented by the summer.

It would include advice to regularly change clothing, bedding or dressings when using large quantities, and to keep away from naked flames.



Philip Hoe had 90 per cent burns

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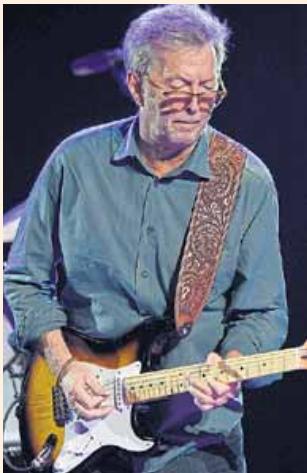
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VOICE HOPEFUL GETS CLAPTON'S BACKING



DISPLAYING the generosity he is renowned for, **Eric Clapton** was more than happy to let one of his backing singers skip working on his concerts to compete in *The Voice*.

And the guitarist, 71, has already had a conversation with semi-finalist **Michelle John** in case she wins the ITV contest.

Michelle, 43, told *Day & Night*: "I've worked with Eric for 14 years and he has been very supportive of me being here. I'm actually supposed to be in New York right now with him but he has been really lovely about that."

"Eric was like, 'Oh you're going to win this!' and he has had that conversation with me about afterwards," she added.

"I was going to say to him, 'Well maybe you could do support for me on my tour!' But I thought better of it!"



Day & Night
EDITED BY JACK TEAGUE WITH DOMINIQUE HINES

Sophie judges Strictly's pros

EX-STRICLY star **Sophie Ellis-Bextor** doesn't think any of the professional dancers should take over as head judge on the show now that **Len Goodman** has departed after 12 years.

Sophie, 37, who came fourth in the competition three years ago with partner **Brendan Cole** (pictured) reckons they should stay where they are because the celebrity competitors need their skills.

"I think **Anton du Beke** and **Brendan** have a really good role in the show, they're very good at teaching the contestants so no, I think they are still very much needed on that side of things," says

the singer – whose biggest hit, appropriately, was *Murder On The Dance Floor*.

"I think it's going to have to be someone who really knows their ballroom."

Anton, 50, appears to be the most likely candidate as he was recently offered a screen test for the panel.

However he isn't the only pro dancer eyeing up the role. In a recent interview **Brendan**, 40, said he had "thrown his hat into the ring" and **Karen Hardy**, 46, who won the show in 2006 with ex-England cricketer **Mark Ramprakash**, 47, admitted she's interested in the job too.

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Recommended by
Esther Rantzen

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Day & Night

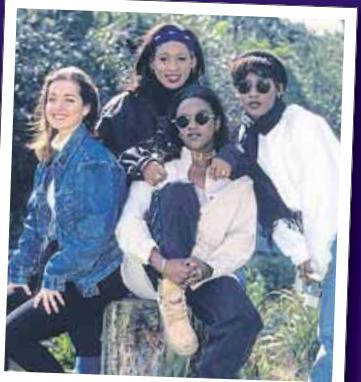
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SPEAKING of Strictly, former pop star LOUISE REDKNAPP reached the final of last year's show and clearly got a taste for being in the limeight again. She has hinted that a reunion of her 1990s girl band Eternal is on the cards.

"There have been a lot of pop comebacks of late, such as Steps. Watch out for Eternal..." the 42-year-old tells Day & Night exclusively. And with the other three members – sisters VERNIE and EASTHER BENNETT and KELLÉ BRYAN (inset) – also keen to re-form it would seem it's just a question of when. "We have talked about it. It is just finding the right venue and the right time. I don't know if arenas would be a bit big to take on but a night at the Albert Hall would be nice for a one-off gig." Perhaps Louise, who has two children with footballer turned TV pundit JAMIE REDKNAPP, is worried her voice isn't what it used to be as she admits: "We last did arenas 20 years ago. Let's not talk about that!"



Spotted...

IN LONDON... Celebrity chef GORDON RAMSAY in Leicester Square... ex-EastEnders' actor JOHN ALTMAN in Fulham...

AS HE gets set for a new digital audio documentary series comedian **Mark Dolan** insists the unconventional subject matter on the show isn't necessarily as strange as one might imagine.

"What it showed me was we are all weird and wonderful in our own way," he says, introducing Mark Dolan's VIP Lounge – on Audible via Amazon Prime this spring. It sees him meet people such as a human mermaid and a man who eats roadkill. But Mark, 43, who competed on the most recent series of Channel 4's The Jump, insists we all have our quirks, adding: "I brush my cat's teeth! We'd never had a cat before so I wanted to do it all by the book. I got him a special brush and he's even got fish-flavoured toothpaste." We're saying nothing...

"I HAVE NEVER ACTUALLY WANTED TO BE A CELEBRITY LET ALONE A SEX SYMBOL BUT IT

GOES WITH THE ACTING CAREER IF YOU ARE SUCCESSFUL." SPARE A THOUGHT FOR

RELUCTANT HOLLYWOOD STAR RICHARD GERE. POOR LAMB...

Secret... WHICH radio presenter's demanding diva behaviour has made her very unpopular among colleagues with one admitting, "No one wants to work with her"?



DAN STEVENS has come a long way since swapping Downton Abbey for the bright lights of Hollywood so you'd think he would be used to rubbing shoulders with the super-famous by now.

Yet the 34-year-old recently admitted he was completely star-struck when he saw a certain Canadian singer at a screening of his new film Beauty And The Beast. **Céline Dion** sat in front of me at the Hollywood premiere – literally the seat in front of me. It was

definitely the weirdest way I've watched this movie," he said. "I spent the entire screening just watching her watching the movie. I wasn't really watching the film I was just watching the reactions, little nods and things."

Dan, who lives with his South African jazz singer wife **Suzie Harriet**, 41, and their two children, adds: "I'll never quite see the film that way again. Unless she wants to come over and sit in my house and watch it in front of me. Which would be odd." Indeed!

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How hearing aids changed our lives

It pays to go private



PAUL Bathurst admits he was disappointed when he asked a Health Service audiologist if he could upgrade his uncomfortable behind-the-ear hearing aids for something less visible and was told: "It's those or nothing. The NHS is under severe financial pressure, we don't offer that kind of service."

He says: "I know the NHS can't provide everything for everyone, but I didn't like the appearance of them. From the front you couldn't see them, but from the back or side it was pretty obvious."

Paul was in his forties when he was first fitted with NHS hearing aids, and the bulky devices, which looped over his ear like the aids his parents had worn, were making him feel self-conscious.

Paul says: "I guess we are all a bit vain, but I work with a lot of twenty and thirtysomethings and I didn't want to be seen as an old man."

There were other issues, too. Paul, 54, a management coach and trainer from Harrogate in Yorkshire, says: "I found them terrible for driving and there was a point in the day when they became so uncomfortable I found myself pulling them out and putting them in my pocket."

This is not uncommon. The charity Action on Hearing estimates 600,000

people in the UK have hearing aids but don't wear them regularly. There are two primary barriers, according to a study in the International Journal of Audiology: "The hearing aid not providing enough benefit, and comfort."

After talking to friends and colleagues who wore discreet in-the-ear systems, Paul booked a free appointment at his local Amplifon branch. It was only then that he realised the huge difference a personalised approach can make. "It was a real eye-opener," he says.

"The tests at Amplifon were a lot more rigorous than anything I'd had before. There was one which really impressed me where they play different sentences with background noise. You miss words but try to piece it together. That was really interesting, because that's like real life."

It's all part of a unique Amplifon approach — which involves a series of health and lifestyle questions, a thorough examination of the ear, hearing and speech recognition tests and real-world hearing loss simulations.

Amplifon audiologist and training manager Chris Childe explains: "It's a journey to understand the impact of someone's hearing loss on their daily life so that we can prescribe a bespoke hearing solution

which is completely unique, that suits their individual hearing issues and lifestyle needs."

Paul says there is a "huge difference" between his old NHS hearing aids and his state-of-the-art devices from Amplifon.

"When they first put them in, they were so comfortable. I can have them in literally all day and at bedtime I often lie down and realise I haven't taken my hearing aids out."

And because the digital aids are programmed to address his specific hearing needs, the sound quality is far superior. "With the old ones, if I was in a restaurant I picked up everything, it was a cacophony of sound."

But it's the Amplifon aftercare that he says is really special. "I have high expectations, and the service you get from Amplifon is excellent. You can go in at any time and ask 'Can you just check this?' and they do it — you can't expect that kind of service at the NHS."

Amplifon's aftercare package includes regular five-star service checks, though Paul says: "The last time I saw Andrew I told him I didn't need to book another one and he said, 'No you ought to come back in and we will just check everything is OK'."

"It's nice when you know someone is looking out for you like that."

Hearing loss was no joke

THERE is nothing funny about struggling to hear conversations, but the teasing Paul Rodriguez endured because of his hearing issues triggered a life-changing decision.

Paul, who works in sales, says: "I was in a busy office with a lot of background noise. People were talking to me and I wasn't picking up on it. It made me the subject of a lot of Mickey-taking."

But one prank was the final straw. "Someone came back from holiday and as a joke they had bought me an off-the-shelf hearing aid."

Then Paul met an Amplifon audiologist socially and discovered there were far more discreet and effective solutions available, so he booked a free hearing test.



Now he says: "I wish I had got in touch with Amplifon much, much sooner. It opens up everything. When I first put my digital hearing aids in I was stunned at how much I could hear — and how much I had missed out on."

I hear like a teenager

MIKE Davies can't remember when his hearing first began to fail, but he will never forget the "life-changing" moment when he could hear again after 45 years of living with severe deafness.

As a child he suffered frequent ear infections but it wasn't until he failed a Navy medical when he was 16 that he discovered the extent of his hearing loss. After three operations to try to improve his hearing, Mike was told: "There is nothing we can do."

He "struggled terribly," but says: "I found it embarrassing and incredibly frustrating. Strangers sometimes treated me as if I was stupid because I kept having to ask them to repeat themselves."



Mike finally booked an appointment at Amplifon and now he says: "I am so grateful. "I'm still overwhelmed by the memory of the moment we turned them on. For the first time since I was a teenager I could hear properly. It's never too late. Go and see Amplifon, I'm so glad I did."

Now I hear every word

THERE was a time when hearing aids were so bulky they came with a satchel to carry the battery pack that powered them. But the latest high-tech digital hearing aids are so discreet the only thing friends and colleagues are likely to notice is a dramatic improvement in your hearing.

Tazmeet Anand, a senior audiologist and Amplifon district manager says: "We have moved forward significantly. People are not only more accepting of hearing loss, but hearing aids are much more cosmetically appealing than they used to be. Now you can get virtually invisible hearing aids that sit inside the ear."

Deryck Hight proves her point. "A lot of people I work with don't know I wear hearing aids — but they have transformed my life," he says.

When a hearing aid audiologist told Deryck he had a hearing problem the businessman's first reaction was actually one of relief. "To be honest he was just telling me what I already knew — and he was offering me a solution," Deryck explains. "I was hoping he was going to give me a large chunk of my life back."

And that's exactly what happened when Deryck tried his Amplifon hearing aids for the first time. "The change was instantaneous. I was astounded by the sounds I could hear," he says.

Before that life-changing appointment, Deryck's hearing issues were having an enormous impact on his work and social life. "If I was in a pub or a business meeting with friends or colleagues I was increasingly finding it difficult to focus on conversations. I was asking people to repeat things and



consciously turning my head so I had my slightly better ear facing them."

Deryck admits: "Sometimes I was guessing at what they said and just hoping I gave them the right answer."

However once he had acknowledged his hearing problem he was determined to get the right solution and took to the internet to research hearing specialists. Amplifon was one of the first names he found and Deryck was so impressed with their professional approach and wide range of hearing aids, he booked an appointment.

"My hearing aids have transformed my life. From a business point of view I feel more confident going out on appointments. From a family point of view I am able to watch the TV without it being at a silly volume. And there's the added bonus of being able to listen to music when I'm out running or walking the dog."

"I have really got my life back."



Individual hearing solutions for individual problems

There are more than 11 million people in the UK with some degree of hearing loss, but every person with hearing issues has a unique set of challenges and solutions.

"Hearing loss is very individualised," says Amplifon audiologist and district manager Tazmeet Anand. "That's what makes our job so interesting. Every single person who comes through the door is different and has different needs."

However she says: "The onset of hearing loss is getting younger and younger because we tend to live much noisier lifestyles." As a result, experts warn that a growing number of fortysomethings are now experiencing hearing issues.

There are two primary forms of hearing loss: sensorineural, which is the most common, is caused by damage to the cochlea, in the inner ear.

This is often the result of exposure to noise or age-related wear and tear.

With sensorineural loss, higher frequencies are the first to be affected, which makes it difficult to hear women's voices, or young children. "A lot of patients say, 'I can't make out what our granddaughter or grandson is saying'. It can be quite upsetting," Tazmeet says.

The second type is conductive hearing loss, which affects the outer or middle ear and often involves problems with the bones in the middle ear which push sound through to the cochlea for processing. This is usually hereditary, or the result of a head injury or perforated eardrum.

But whatever the cause, Tazmeet says: "It's very important that people know something can be done."

The first step is to have your hearing checked and Amplifon offers free tests at more than 200 hearing centres nationwide. If a problem is identified, you can then try the device most suited to your needs.

Finding the perfect balance between performance and appearance is crucial, but as an independent company, Amplifon can offer a wide range of aids from leading manufacturers and each one is individually programmed to provide a bespoke hearing solution.

IIC — invisible in canal — aids are virtually invisible and address mild to moderate sensorineural loss and are specifically moulded to the shape of your ear.

Other in-the-ear aids are available alongside behind the ear devices (BTE) and can be

used for more severe hearing losses. All can be individually programmed to suit personal preferences and lifestyles.

It takes around a week to create each bespoke hearing system and the fitting appointment will take another hour to ensure every aspect of the device is tuned and tailored to the individual.

Tazmeet says: "I really enjoy the first follow up visit when someone has been wearing their aids for a week or so. This check is important to ensure the hearing aids are providing maximum benefit, but it's also lovely for us to hear what a huge difference having aids has made."

"There are so many sounds that people rediscover when they have hearing aids, but the one that almost every mentions is bird song."

Hearing aids saved our marriage



LYNN Swainston wasn't sure whether she needed a divorce lawyer or a parrot, but she knew something had to be done about her husband John's hearing problems.

"To be honest we were borderline for the divorce courts because we were bickering all the time. Every time I spoke to John I had to repeat myself and after a while it gets a bit wearing. You start wondering whether it's because he can't hear you, or because he has selective hearing."

She jokes: "I once told him, 'I am going to buy a parrot so it can sit on my shoulder and every time you say, 'pardon' or 'what?' I can pull the parrot's tail and it can repeat what I've said."

After working with heavy machinery all his life, John, an HGV driver, had severe hearing damage, but because it had deteriorated over a long period of time he did not realise how much

he was missing. "It crept up on me over the years," he says.

When Lynn first suggested he might need hearing aids he was having none of it, but John now admits he was relieved Lynn pushed him to address his hearing issues. "It had to be sorted out if our marriage was going to last," he says.

After a comprehensive hearing test his Amplifon audiologist showed John the type of aids he might need, and popped them in his ears. "His face was a treat," Lynn recalls, while John says: "There was just so much difference, even before they were tuned in properly. I was really surprised, you don't realise just how bad your hearing is until you try the aids."

As an independent company, Amplifon is able to offer a wide selection of the latest digital hearing aids from the world's leading manufacturers, and John was impressed

that although there were more advanced and expensive models available, his hearing aid audiologist advised there was no point spending more than he needed.

The couple is convinced that addressing John's hearing issues has saved their marriage, and Dr Lorraine Gailey chief executive of the charity Hearing Link says they could be right. "The rate of marital breakdown and family breakdown in people with hearing loss is much higher than it is in the general population."

Lynn says: "It immediately turned things around. As we were walking around town there was traffic noise and lots of bangs and clangs, but whenever I spoke to John he answered me instead of saying, 'What did you say, what did you say?' It was lovely."

"Making that appointment at Amplifon was the best thing we have ever done."

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By Jane Warren

FOR 40 years his music has been travelling into interstellar space etched into a golden record aboard the Voyager I spacecraft. Chuck Berry's recording of Johnny B. Goode is currently travelling at 17 kilometres a second, awaiting discovery by entire new species, and has now journeyed further than anything else in history. It's the ultimate extra-terrestrial tour and a fitting accolade for the founding father of rock 'n' roll.

This is the music of the man who influenced nearly every popular musician that came after him.

As John Lennon once put it: "If you tried to give rock 'n' roll another name, you might have called it Chuck Berry."

In fact, the Beach Boys were so influenced by Sweet Little Sixteen that Berry sued them and won a songwriting credit on Surfin' USA. The Rolling Stones' debut single in 1963 was a cover version of Berry's 1961 hit Come On, while The Beatles remade Roll Over Beethoven and Rock And Roll Music. Elvis recorded Memphis and Promised Land, and often performed Johnny B. Goode on stage.

"He became woven into the DNA of rock 'n' roll and became part of everything that followed," says music critic Jon Pareles. "He had the brains, the guitar twang, the showmanship, the songs; he had it all." But perhaps most of all, Berry knew what teenagers wanted before they knew it themselves. Teenagerhood was invented in the 1950s and together with Presley, Berry fashioned its attitude, supplying a soundtrack that defined a generational change.

But despite his musical legacy, Berry was a troubled man who even at the height of his fame was often in trouble with the law.

Born Charles Edward Anderson Berry on October 18, 1926, in a middle-class part of St Louis, Missouri, he was the fourth child in a family of six. His father Henry was a building contractor and a church deacon, his mother was a high school principal. Both supported his interest in music – but with Berry there was always wildness lurking next to genius.

At the age of 17, while still at school, Berry was arrested for armed robbery after terrorising three shops and stealing a car at gunpoint with friends. He was sent to a reformatory for young men and formed a singing quartet that was so accomplished it was allowed to perform outside the detention facility.

GAING his freedom on his 21st birthday he married Themetta "Todd" Suggs the following year. When children arrived – the couple had four – he supported his family by working in a car factory and as a maintenance man before training – unexpectedly – as a beautician. By 1950 he had been able to buy a three-bedroom house with its own bathroom.

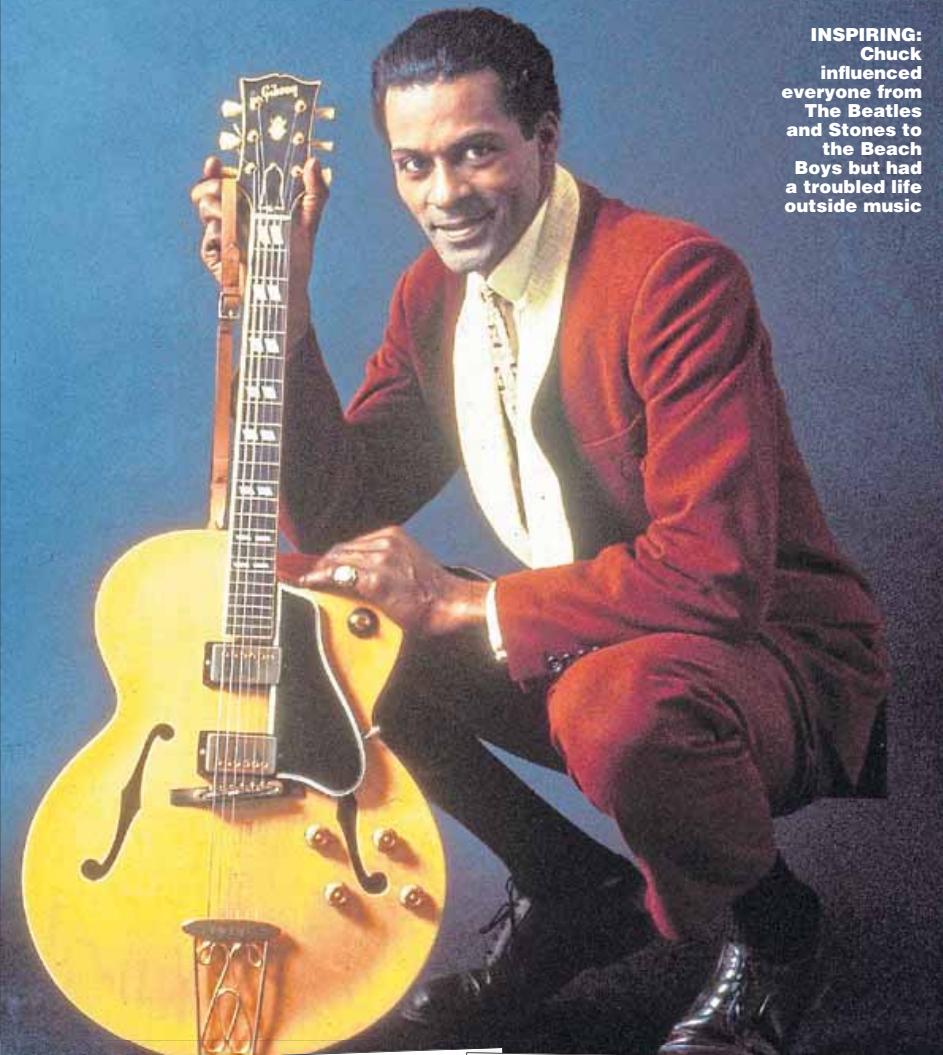
He made extra income by playing with bands in clubs in St Louis, and it was there he started to push the boundaries in a less destructive way. Black musicians tended to play blues and ballads but country music was popular among whites in the area so he set about mixing the two by adding some hillbilly twang to his guitar lines.

"Curiosity provoked me to lay a lot of our country stuff on our predominantly black audience," he once recalled. "After they laughed at me a few times they began requesting the hillbilly stuff and enjoyed dancing to it." Word spread and soon middle-class white people were coming along to the club in St Louis to listen to these addictive amalgams.

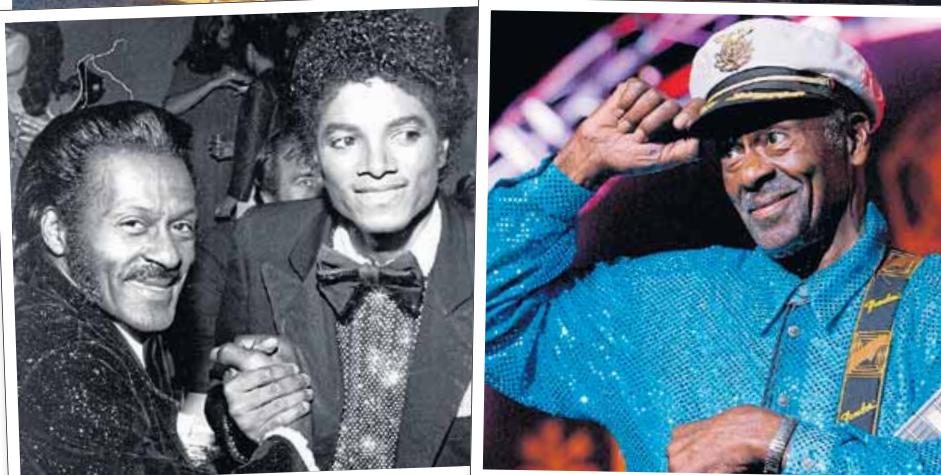
Having reshaped Sir John's Trio,

As Chuck Berry dies at the age of 90, we say a sad goodbye to...

The father of rock 'n' roll



INSPIRING:
Chuck influenced everyone from The Beatles and Stones to the Beach Boys but had a troubled life outside music



ENDURING IDOL: Chuck meeting Michael Jackson around 1980 and acknowledging concert applause in 2007

led by the pianist Johnnie Johnson, he took it over.

But his big public career didn't start until he was pushing 30 and went to Chicago to hear his blues idol Muddy Waters play. "I listened to him for his entire set," he recalled. "When it was over, I asked for his autograph and told him that I played guitar. 'How do you get in touch with a record company?' I asked. He said, 'Why don't you go see Leonard Chess?'"

On Monday morning Berry lay in wait outside Chess Records and when Chess arrived ran over and made his pitch. Chess invited Berry to bring back a tape of his own material the following week. He returned instead with his pianist, his drummer and four new songs.

Soon the band were cutting their first single. Maybellene reached No 5 in America and sold more than a million. Berry sang without an accent, further intriguing his audiences, both black and white.

From 1955 to 1958 he wrote hit after hit and toured the US with the Everly Brothers and Buddy Holly. He had more than a dozen chart singles during this period, including the US Top 10 hits School Days, Rock And Roll Music, Sweet Little Sixteen and the stratospherically successful Johnny B. Goode.

He was also developing a full-throttle stage presence and perfecting his duck walk – gripping his guitar and kicking one leg forward while hopping on the other.

By 1957 Berry's lucrative touring career had earned him enough money to build an amusement park and a restaurant. The following year he opened his own racially integrated club in St Louis – Berry's Club Bandstand.

EVERYONE knew his name and upcoming musicians in the US and the UK were emulating his style and wild guitar riffs. But Berry was back in jail.

In December 1959 he was arrested following allegations that he'd had a sexual relationship with a 14-year-old Apache waitress whom he had brought to work at his club.

He emerged from prison in 1963, after serving 18 months, to find The Beatles and the Rolling Stones had sustained interest in his music by releasing covers of his songs.

He continued to write and release albums but his only chart-topping hit came in 1972 with the louche novelty single My Ding-A-Ling, based on his 1968 song My Tambourine.

In the 1970s he toured with his guitar, hiring bands as he travelled. But this approach met with mixed reviews. Being paid in cash by local promoters led to problems when he was found guilty of tax evasion. He was sentenced to four months in prison and forced to perform benefit concerts in 1979 to pay back what he owed.

In the late 1980s he settled out of court with 59 women who claimed he had installed a video camera in the ladies' bathroom of his Missouri restaurant, The Southern Air. He was also given a six-month suspended sentence for possession of marijuana.

Six years ago his health began to decline but his defiance remained. After collapsing on stage in 2011 in Chicago, he refused an ambulance and left the theatre by himself.

Last October, on his 90th birthday, he made a surprise announcement that he would release an album of new material, his first in nearly four decades.

Called Chuck, it is dedicated to his "beloved Todd" – Themetta, his wife of 68 years – and features his son and daughter on guitar and harmonica. It will be released posthumously this year.

In a press release he said: "My darlin' I'm growing old! I've worked on this record a long time. Now I can hang up my shoes!" And on Saturday he did just that.

Pictures: EPA/ALAMY, MICHAEL Ochs Archives, GETTY

ACOSTLY double-booking error risked casting a cloud over two sisters' relaxing break in Devon. After relatives of Pam Croft and Rosalind Rawlings moved to the picturesque county, the pair decided to make a holiday of their first visit and treat themselves to a few nights in a boutique hotel.

A few weeks ago Rosalind booked a double room for two nights in mid-June at the Mercure Exeter Rougemont.

But as the prospect really took their fancy, they decided to extend their break and stay another night at the hotel.

This time Pam took charge of the reservation, again making it through the website booking.com.

But the process didn't go smoothly and Pam mistakenly booked a double room twice for the same night.

"I realised immediately what had happened - I did not even leave the screen - and tried to rectify it straight away," she told Crusader. "But I was still charged twice, so £72 more than I intended."

Pam explains she first went to booking.com but it referred her and her sister to the Rougemont.

As she held the main booking, Rosalind thought that she would try first, but was unsuccessful. The

Holiday pair's double trouble

Picture: GETTY



TANGLED WEB: Be careful when booking online

reservation that was at issue was not in her name, thus making it impossible for any organisation to take action in those circumstances.

"When I called," says Pam, "I was told that there was no one there at the time who could do it, so that seemed to be that."

"But my sister and I are both seniors and paying for an extra room

TAKE TIME TO CHECK CONDITIONS BEFORE YOU CLICK

EXCESSIVE fees to change a booking or a contract are a sore point with consumers, and those that seem unquestionably unjust can fall into the category of unfair contract terms which breach consumer law and can be challenged.

But lesser ones cause upset too, and then it becomes a matter of what is considered fair play.

Given the ease with which

online mistakes can occur, many companies offer a grace period for a booking check beyond the standard legal rights of customers.

But there are steps everyone can take to get it right first time.

Tedious though it is, look at the terms and conditions before you book. Even if you don't want to wade through a long list, check those covering cancellation and alteration. If

you are booking a property such as a hotel room through a website, there may also be two lots of conditions: the site's and the hotel's, whose terms have the over-riding say-so.

The big thing to watch out for across the board are deals and special offers. These work on lower profit margins for the business and because of that are usually non-refundable, so take a moment before clicking.

that was clearly a mistake did seem rather harsh.

"We could have understood if they asked for an administration charge to change it but the whole price just seemed over the top."

"As well as acting quickly the booking was for June, so there was time to get another guest."

We asked the Rougemont if, in the

light of the points Pam made and the fact that she and her sister were going to be their customers anyway, it could review its decision.

We are happy to say that its staff came back swiftly and had clearly listened.

General manager Craig Findleton said: "Advance purchase deals offer great prices which many guests like

to enjoy and commit to. On this occasion, as a gesture of goodwill, we've refunded Mrs Croft's payment for the booking and booking.com will send her confirmation of the cancellation."

When we told Pam she said: "We are so relieved."

"The shadow over our stay has been lifted. Thank you."

Do you have a consumer problem or a tale of service that deserves applause? The Crusader is here to help. We can't promise a reply but please write in with your full name and daytime phone number to: The Crusader, Daily Express, 10 Lower Thames Street, London EC3R 6EN or email us at crusader@express.co.uk. **Don't send original documents you may need later.**

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Thieving boss sank charity after selling off lifeboat on eBay

By Emlyn Travis

A TREASURER for an inshore rescue charity has been jailed for two years for theft after she sold its £13,000 lifeboat on auction site eBay.

Roxanna Bridgland had pleaded guilty to five charges of fraud and three charges of false accounting for stealing £24,500 from Cleethorpes Rescue Service over five years.

Geraldine Kelly, prosecuting, said: "Mrs Bridgland was treasurer of the Cleethorpes Rescue Service from 2007 to 2012."

"During that time, she abused her position of trust by selling charity assets, not using proceeds for the charity and withdrawing cash for herself."

"She also claimed gift aid from the Inland Revenue by falsely making claims."

The charity was forced to close, Hull Crown Court heard last week.

Among items sold was the charity's £13,000 lifeboat for a knock-down price of £6,000 on eBay. Ms Kelly said Bridg-



Charity swindler Roxanna Bridgland outside court and, left, Cleethorpes Rescue Service's lifeboat which she sold on eBay

land, 56, of Grimsby, engineered the resignation of the former chairman and treasurer, Peter Mason.

She took over the role and began stealing money and selling off its equipment.

Bridgland made 53 visits to pawn-broker Cash Converters with property during her offending period, including selling the charity's mobile radios.

Questioned by Charity Commission

investigators, Bridgland denied all responsibility and claimed to have sold items to pay bills when donations to the charity declined.

Defending barrister Andrew Bailey said: "The charity was very poorly managed by her. It would appear that fairly swiftly she turned to dishonesty."

"Now she is penniless, surviving on benefits. She only has herself to blame in many ways." Sentencing Judge

Mark Bury called Friday a "very sad day" in Bridgland's life.

The rescue service was set up after the deaths of three children and one adult who were cut off by sea mist on the beach in 1969.

Buster Hammond, 62, a former member of the lifeboat's crew, said she should have been jailed for more than two years. "She deserves everything she gets," he said.



Medals of war duo to fetch £10k

A COLLECTION of Second World War medals awarded to a remarkable husband and wife are tipped to sell at auction for £10,000.

Colonel Sir Peter Hilton fought the Nazis on all fronts across Europe during WWII, and was one of only 25 men to be awarded the Military Cross three times. His wife, the late Lady Winifred was a member of the Women's Auxiliary Air Force.

The couple, who amassed 19 medals between them, met in 1940 when Sir Peter was billeted in Matlock, Derbyshire, after being evacuated from Dunkirk.

Sir Peter served as Lord Lieutenant of Derbyshire from 1978 to 1994. He was knighted in 1993 and died in 1995.

Adrian Stevenson, of Derbyshire auctioneers Hansons, said: "Peter fought in all the iconic battles of the Second World War. He was at Dunkirk, Alamein and Normandy. It doesn't get better than that."

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Deadly dog bug has vets on guard

VETS are warning of a resurgence of the canine disease Alabama rot, after a spate of dog deaths.

The flesh-eating illness has killed seven dogs already this year and almost 100 in the past four years in Britain.

Symptoms start with skin sores and swelling followed by vomiting and kidney failure and, in 80 per cent of cases, death.

Experts do not know what causes cutaneous and renal glomerular vasculopathy but it is thought that dogs pick it up on their paws while out on muddy walks.

Sores

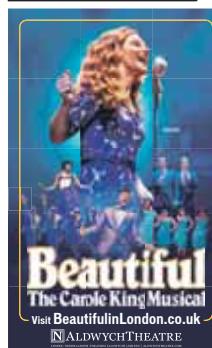
The most recent death in this country was cocker spaniel Maggie who died three days after her owner Cathy Moss, 57, of Poole, Dorset, spotted sores on her legs.

David Walker, of Anderson Moores vets in Winchester, Hants, who is spearheading research, advised owners not to panic, saying relatively few dogs have died.

He said: "The most important thing right now is to find the cause because then we can look at prevention and treatment."

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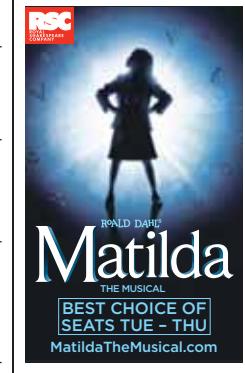
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PF011243 03/2017



By Dan Townend

IN AN age before film stars, footballers and reality TV personalities, Colonel Percival Fawcett was an A-list. One of Britain's greatest explorers and later the inspiration for swashbuckling archaeologist Indiana Jones, Fawcett's adventures in the Amazonian rainforest were front-page news.

Well-built with a handlebar moustache and beard and wearing his trademark Stetson, Fawcett was the archetypal Victorian hero. Intrepid – and at times seemingly indestructible – his reports from one of the last undiscovered wildernesses on Earth gripped the nation.

That reputation was sealed in May 1925 when he, along with his 22-year-old eldest son Jack and his son's friend Raleigh Rimmell, disappeared in the uncharted depths of the jungle.

The group had been searching for a lost city that Fawcett christened "Z" – "the ultimate piece of the human puzzle" – an ancient civilisation that he was convinced existed and would show that the Indian tribes of the Amazon, far from being savages, were once among the most advanced peoples in the world.

Since the party's disappearance over 90 years ago, more than 100 people have died after retracing their steps into the jungle in a bid to find out what happened to the men.

Now a film – based on a best-selling book by the American journalist David Grann – tells the epic story of one of the great characters of the last century. Starring Charlie Hunnam as Fawcett and Sienna Miller as his wife Nina, it follows the intrepid group right up to their tragic end.

Percival Fawcett was born in 1867 in Torquay, the son of an aristocrat who squandered the family's fortune through his drinking and gambling. He went on to serve in the Royal Artillery in what is now Sri Lanka, where he met Nina.

But with his military career going nowhere it was an offer in 1906 from the Royal Geographical Society (RGS) that would change his life. It wanted Fawcett to travel to South America to chart some of the "blank spaces" on the world map and to help settle a border dispute between Brazil and Bolivia.

It was an expedition that would spark a 20-year obsession with the Amazon.

It is hard to think of a more inhospitable landscape than the one Fawcett and his party faced as they trudged into the Amazon jungle. Every day saw tough terrain, humid conditions and soaring temperatures, which could get so hot that "fish were cooked in the river".

THEN there were the dangers. From electric eels, piranhas and blood-sucking catfish in the waters to frogs with enough poison to kill 100 men and venomous snakes that could shut down a man's nervous system in seconds. Plus the bugs: ticks like leeches and chiggers that ate human flesh.

Perhaps even worse were the cyanide-squirting millipedes, the parasitic worms that caused blindness, the Berne flies whose larvae burrowed under the skin and "kissing" bugs that attacked the lips and caused infections that could kill 20 years later.

Most hazardous of all were the mosquitoes which transmitted everything from malaria to "bone-crusher" disease to yellow fever. A typical journey could last months and cover hundreds of miles, and inevitably the men would be hit by sickness and

The incredible odyssey of a true-life Indiana Jones

A new film tells the amazing story of the adventures of the seemingly indestructible Victorian explorer Percival Fawcett



AMAZONIAN DANGERS: Charlie Hunnam, centre, as Fawcett with Tom Holland in *The Lost City Of Z*, based on the tale of the explorer, inset

disease. Carrying supplies for an entire tour was impossible so they would have to scavenge for food and often go days without. Certain tribes were known to kidnap strangers to take them as slaves. Others were cannibals.

One of the most remarkable examples of Fawcett's bravery came in 1910 while he was exploring an unknown part of Bolivia. As his team canoed down the Heath River, seven-foot long poison arrows rained down on them.

They sought safety on the opposite bank but after making his men put down their rifles, Fawcett waved his handkerchief in the air, shouted "Friend, friend" in a native dialect and walked across towards the tribesmen.

An hour later, the members of the Guarayos tribe were sharing their supplies and helping set up camp. It became a technique he used repeatedly to gain the trust of native tribes.

Fawcett found pottery and hidden causeways on his journeys and read documents that indicated an earlier civilisation had

existed which was far more sophisticated than the small roaming groups which seemed to inhabit the jungle.

In 1925, aged 58, Fawcett set out with Jack and Raleigh to go deeper into the wilderness than ever before in a search for "the City of Z".

The Los Angeles Times named it "the most hazardous, most spectacular adventure of the kind ever undertaken". Fawcett and his young companions sent their final dispatch on May 29, from Dead Horse Camp. As they entered the deepest forest smoke from their camp was spotted for five days. But on the sixth there was nothing to be seen. They had vanished without trace.

Their disappearance has inspired rampant speculation. Were they captured or killed by natives? Struck down by illness or accident? Despite numerous searches no hard evidence has ever been discovered.

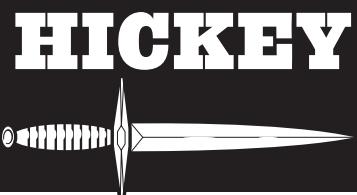
What has emerged however is growing evidence of a garden city with settlements, roadways and drainage very close to the area where Fawcett was search-

ing. The find of the archaeological site at Kuhikugu at the head of the Xingu River is still being investigated but it may well vindicate Fawcett's obsession.

Like such heroic explorers as David Livingstone and Ernest Shackleton, Percival Fawcett's expeditions still capture the imagination – but with an added ingredient of enduring mystery.

● *The Lost City Of Z* is in cinemas from Friday.

● To order *The Lost City Of Z: A Legendary British Explorer's Deadly Quest To Uncover The Secrets Of The Amazon*, by David Grann (Simon and Schuster, £8.99), call the Express Bookshop with card details on 01872 562 310. Or send a cheque/PO payable to The Express Bookshop to: Z Offer, PO Box 200, Falmouth TR11 4WJ or visit expressbookshop.co.uk. UK delivery is free.



SCREEN legend Dame Julie Andrews, who won an Oscar for her portrayal of Mary Poppins more than half a century ago, approves of her successor in the role, fellow British actress Emily Blunt.

Talking about the new film, set in 1930s London, Dame Julie, pictured, says: "Emily Blunt is going to play Mary Poppins and I am a great fan. I think she is terrific and a perfect pick."

While original Poppins co-star Dick Van Dyke will be returning in the upcoming movie, Andrews casts doubt on appearing herself. "I don't think I'm involved in it," she adds. Surely Hollywood bosses would welcome a Dame Julie cameo?



TWENTY-FIVE years after her divorce from second husband John Frieda, singer Lulu refuses to rule out going down the aisle for a third time. "Never say never," she says. "It's been so long since I had a marriage, it would be like a brand new experience." The Scottish-born performer, wed to late Bee Gee Maurice Gibb between 1969 and 1973, before marrying hairdresser Frieda in 1977, insists she won't be pulling out all the stops to find a new man, however. "Thank God I'm not that awful 'D' word – desperate," adds the 68-year-old. "Once you get desperate, you can smell it a mile away."

TAKING aim at the former Chancellor's decision to become a newspaper editor alongside his many other lucrative roles, old bruiser Lord Prescott quips: "I had two Jags. George Osborne has six jobs."

The ex-Deputy Prime Minister, memorably nicknamed "Two Jags" courtesy of his love for Jaguar cars, was once criticised for being chauffeur-driven just a couple of hundred yards in one of the said vehicles during a Labour conference. Blaming his glamorous other half Pauline, Prezza explained: "My wife doesn't like to have her hair blown about."



CURRENTLY a prominent enemy of Tory colleague Theresa May, former cabinet minister Nicky Morgan makes no apologies for rocking the boat.

Axed from the Government by the Prime Minister last summer, Morgan, the ex-Education Secretary, remarks on ITV's Peston On Sunday: "Did they expect when we were fired last year that we'd just disappear? No, we are going to make our voices heard."

While now opposing the Prime Minister's education reforms, Morgan's criticism can be more personal. She was memorably barred from 10 Downing Street for speaking out against May's £995 leather trousers.



ACTRESS Jacqueline Bisset, pictured, who has starred alongside the likes of Steve McQueen, Dean Martin and Frank Sinatra, says she never romanced any of her famous leading men.

Not that some were averse to the idea. Recalling being propositioned by Sinatra, she tells The Lady magazine: "I turned him down but it might have been fun if I hadn't."

While never marrying, Bisset has had a number of long-term partners, including martial arts expert Emin Boztepe. One of her earliest roles was in the 1967 James Bond spoof Casino Royale – she played an agent called Giovanna Goodthighs.

ALONGSIDE her husband to witness Wales's rugby defeat by France in Paris at the weekend, royal duty has ensured a change in sporting allegiance for the Duchess of Cambridge. While known to have been a supporter of the English team in her younger years, William's role as patron of the Welsh Rugby Union ensures Berkshire-born Kate's loyalties have to be firmly with the men in red.

Email me at: hickey@express.co.uk

Letters

Queen fires starting pistol so let's quit the EU now

THE Brexit Bill has now been given Royal Assent so let's get on with it ("Queen smiles after giving green light for EU exit", March 17).

Theresa May should trigger Article 50 at once so we can begin the process of becoming the country we want to be again.

We want to be a great democracy open to trading opportunities with any country willing to work with us on a fair and equitable basis, a safe haven for genuine refugees fleeing persecution and a welcoming new home to any migrant needing a better life who is willing to work for it, contribute to our economy and integrate with our way of life.

Goff Welchman,
Tiverton, Devon

Sturgeon goes overboard to climb on a sinking ship

WITH her grand obsession for Scottish independence Nicola Sturgeon has lost all contact with logic ("Now isn't the right time, May tells Sturgeon", March 17).

All others can see that the EU is a Titanic disaster going nowhere other than to the seabed with the youth of Greece, Spain and others trapped and drowning, reliant on UK contributions in a doomed attempt to stay afloat.

But Sturgeon campaigns from the safety of a lifeboat for her fellow Scots to swim back and cling on to the stricken giant as it disappears beneath the water while the lifeboat bobs steadily on to safety and a long and prosperous future without them.

Terence Jones,
Eltham, Gtr London

First Minister must wake up and smell the coffee

UNSURPRISINGLY Nicola Sturgeon has thrown another tantrum following Theresa May's refusal to allow another referendum on independence for Scotland until after the completion of Brexit.

Scotland's First Minister and her supporters are in dire need of a reality check.

There is no way Scotland could survive as an independent nation, heavily reliant as it is on huge subsidies from the rest of the United Kingdom.

The fact is that Sturgeon's demand for independence is not motivated so much by her love for Scotland but more by her obvious loathing for England.

Robert Readman,
Bournemouth

Mount Etna camera crew were lucky to escape alive

WHICH "Elf and Safety" advisor at the BBC sanctioned sending a camera crew to the lava erupting lip of the active Mount Etna volcano which saw the team run for their lives and then proudly announce how close they came to death while looking over the edge ("BBC crew hit by red-hot rocks as volcano erupts", March 17).

Instead of hard hats, high-vis jackets and goggles these foolhardy souls should have been issued with running shoes and toilet paper.

Without wasting thousands of licence fee payers' cash on this stupid venture, if the BBC had called me I could have told them

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Letter of the day

Only a pardon will do for the Marine hung out to dry

I DO not believe that justice has been done in Sergeant Alexander Blackman's case ("Free him now! Marine cleared of murdering Taliban fighter", March 16).

The Appeal Court accepted Sgt Blackman was suffering from a mental illness when he killed a mortally wounded Taliban insurgent on the battlefield in Afghanistan and substituted a verdict of manslaughter in place of one of murder. However, that is still a conviction.

Every soldier that goes into battle is at significant risk of developing a mental illness. That we prosecute a mentally ill soldier rather than treat him is unjust and also a breach of our duty to care for those who protect us.

This epidemic of prosecutions of British soldiers who have served our country greatly undermines the security of this nation. The politicians, lawyers and military officers who have presided over this travesty should examine their consciences. Only a royal pardon for Sgt Blackman will suffice.

Otto Inglis,
Edinburgh



APPEAL: Sergeant Alexander Blackman

that to peer into a lava spewing active volcano carries a strong element of risk, thereby saving the poor luvvies the shock and fright.

Paul Francis,
Hitchin, Herts

English are short-changed over prescription charges

I NOTICE prescription charges are once again being increased ("NHS drug charges to rise by 20p", March 17). So for each item there will be a cost of £8.60p.

I was recently on holiday in

Tenerife and unfortunately had to have a course of antibiotics. These were prescribed to me and at the chemist I was charged €2.80 (which is about £2.50).

Surely there is something wrong when in England we have to pay more than £6 more.

Anthony Griffin,
Sutton Coldfield, W Mids

It's wrong to put vigilante in the doghouse over mess

I WAS disgusted to read about the treatment of Steven Heard who has

been saving West Somerset District Council a good deal of money and time by going around Minehead picking up dog mess ("Ban on dog mess vigilante clearing up his town", March 16).

If the council, as they say, take the problem of dog mess seriously then why stop him?

Why not make Mr Heard a warden or enforcer and send him out officially?

That way the problem would be solved and the council saved a good deal of money.

It would also encourage dog walkers to take their mess home.

Sandra Phillips,
Yelverton, Devon

Why didn't airport police use a tranquilliser dart?

HAVE the airport security and police at Auckland Airport never heard of tranquilliser darts used by vets ("Auckland Airport police shoot dog dead for grounding flights", March 17)?

Instead they decide to shoot dead an innocent trainee sniffer dog called Grizz whose job is to protect the public.

I am very sad and appalled that he lost his life.

This was a needless death of a lovely dog and I am absolutely disgusted.

Wendy Keelan,
London

WILL NEW BAKE OFF BE A SOGGY-BOTTOMED FLOP?

Yes I LOVE The Mighty Boosh and Noel Fielding was sensational in it but I'm not sure how much he knows about baking cakes ("Fans' fury as wacky Noel joins new Bake Off team", March 17).

Noel's done some pretty far-out comedy but I don't think he has the right ingredients to follow in the footsteps of Mel and Sue whose "jolly japes in the dorm" humour were an intrinsic part of Bake Off's charm and its massive success.

I'm not sure Noel will be able to keep a lid on his brand of comedy which could be a bit too much for Bake Off's traditional audience.

Louise Walker,
Manchester

No THE Great British Bake Off was starting to go flat on the BBC and I'm fascinated to see what Channel 4 will do with it.

Channel 4 has always been known for its innovation and has been the home for some of the best British TV shows of the last decade such as Black Mirror and Utopia.

Sandi Toksvig and Noel Fielding will be a fascinating double act and Prue Leith has the gravitas to fill Mary Berry's shoes and be a great judge alongside the wonderful Paul Hollywood.

I can't wait for the new series to start, it'll be a showstopper.

Jennifer Kelshaw,
Norwich

Ten things you never knew about... Dover

WILLIAM HARTSTON

Dame Vera Lynn is 100 today, so let's celebrate with some facts about the white cliffs of Dover and the bluebirds that do not fly there.

1. Despite its apparent British patriotism Dame Vera's The White Cliffs Of Dover song was written by two Americans, Walter Kent (music) and Nat Burton (lyrics).

2. Nat Burton did not know that bluebirds are not native to Britain so were unlikely to fly over Dover.

3. Walter Kent's other great hit was I'll Be Home For Christmas recorded by Bing Crosby in 1943.

4. The white chalk cliffs of Dover are around 136 million years old.

5. They formed from sea shells and tiny fragments of sea creatures during the Cretaceous period.

6. Fossils of shark teeth, sea urchins and sea sponges have been found in the top layer of the cliffs but no bluebirds.

7. There are hidden tunnels in the cliffs carved by prisoners held in Dover Castle during the Napoleonic Wars.

8. The tunnels were enlarged to form Fan Bay Deep Shelter for artillery in the Second World War.

9. The National Trust bought the Fan Bay shelter in 2012 and opened it to the public in 2015.

10. Dover is the capital of the state of Delaware. The state bird is blue: the Delaware Blue Hen.

BEACHCOMBER



100 YEARS OLD AND STILL FIGHTING FOR APOSTROPHES...

THE Apostropher Royal, Sir D'Anville O'M'Darlin', supported by the National Greengrocer's Union (With An Apostrophe If You Please), has penned a furious condemnation of proposed government cuts which they describe as "an unacceptable restraint on our activities" or "activity's" in the case of the NGU(WAAIUP).

Ever since the days of Elizabeth I, when, by royal statute, greengrocers were given the privilege of using apostrophes "whencever and wheresoever they wish", a monthly dispensation of apostrophes has been scattered to stallholders in the market towns of Britain by the Apostropher Royal's team of Apostrophic Delegates.

Even during the Civil War, the Great Plague and two world wars, the monthly dispensation continued, boosting national morale and ensuring the continuation of a great British tradition. Now, however, the Chancellor has proposed savage cuts in the national punctuational budget and the Apostropher Royal's department is being severely reduced.

"This is an outrage," Sir D'Anville says. "The supplies of royal apostrophes are already at a historic low and I cannot see how we can be expected to meet the costs of next month's Apostrophe Thursday distribution. We can't reduce the numbers of our Apostrophic Delegates without leaving whole areas of the country affected by an apaustry unprecedented in modern times. There has been nothing like this since the Great Apostrophe Blight of 1778-93."

The Apostropher's remarks, however, have been described as "totally unjustified" by his longterm opponent Lady Ampersandra Notwith-Standing, the Ombudsman for Conjunctions. When asked to comment, she replied with a single word: "Lampreys".

In reply to a suggestion that she expand on this, she said: "It's a typical reaction by Sir D'Anville, whose royal post has given him an exaggerated sense of his own importance. In this case, it is all motivated by the size of his honorarium.

"As you know, he receives no official salary for his work, but is rewarded, according to the original Elizabethan statute, with a lamprey at Michaelmas' every September 29. Lampreys, however, have been in very short supply in Britain for the past couple of centuries and in recent years, his annual piscine emolument has had to be flown in from Canada.

"Insisting on fresh lampreys, and not trusting the Canadians to slaughter them in traditional manner anyway, Sir D'Anville insists on them being flown to the UK in first class aerated tanks made specially for them. He could save a small fortune by being paid in good British jellied eels instead."

However, Sir D'Anville totally rejects Lady Ampersandra's remarks which he says are "motivated by professional envy and a lack of a proper historical perspective."

A statement has been issued by the NGU(WAAIUP) saying that "talk's have reached an impas's and apostrophe's are going out all over Britain." The debate continues. Or continue's.

10 tiny changes that can transform your life

Want to banish stress or give your relationship a boost? Wellbeing expert **THERESA CHEUNG** can show you how

WHEN you're trying to change your life it's easy to take an all-or-nothing approach. People often believe a dramatic overhaul is the only option and then give up a few days later when willpower fades.

But the truth is that making small changes and sticking to them is a more realistic way of making a permanent difference.

Studies have shown that it takes only 21 days to change bad habits, because if you do something for three weeks it will become a routine.

Recent research from the University of California suggested that the brain is led by actions so repeating a routine makes it stick in the mind. After 21 days the chances are you will continue because new neural pathways will have formed in your brain and you will already be seeing the benefits.

Whether you want to restore order to your home or be more positive, simple changes are all it takes. Try adding these 10 small steps to your day and watch as they transform your life.

1 WAKE UP EARLIER

There is a link between rising early and achieving goals, suggest studies by Toronto University. So getting a head start can give you quiet time to plan your day.

If all you want to do is hit the snooze button when your alarm goes off in the morning, then take a deep breath, stretch and say out loud, "Wake up now".

Then roll over and put both your feet on the ground. Remind yourself that getting up earlier sets the tone for the whole day ahead.

2 LEAVE YOUR PHONE ALONE

Research shows that more than 60 per cent of smartphone users charge their phone on their bedside table so they can reach for it first thing in the morning.

But doing this sends a signal to your brain that the needs of others, the messages on your phone, are more important than your own.

Instead of reaching for your phone, start your day with a big stretch.

Not only will this feel good but stretching increases flexibility,



CREATE NEW HABITS: A different approach can work wonders, says Theresa Cheung, left

3 VISUALISE DAILY GOALS

Some studies have suggested mental preparation is nearly as effective as physical practice. So when you get up in the morning spend a few moments visualising the day ahead going well.

See what you want to happen in your mind's eye as if it is happening right now and try to feel as if you are living in the picture. As you create this picture in your head try to engage your senses. What do you see? What do you hear? What do you smell? What do you taste? If anything

relieves tension and improves circulation.

4 TIDY ONE THING

You may not believe it but there is a direct relationship between decluttering and living the life you want.

Research shows that the stress hormone cortisol is released when you are surrounded by mess and disorder. So the first thing to benefit from a tidy-up is your own health and wellbeing.

What is more, according to neuroscientists at Princeton University, too much clutter in your environment can have a negative impact on how you focus.

If you are feeling overwhelmed or confused, simply taking a few

negative enters your picture then delete it.

moments to tidy your desk can have immediate results.

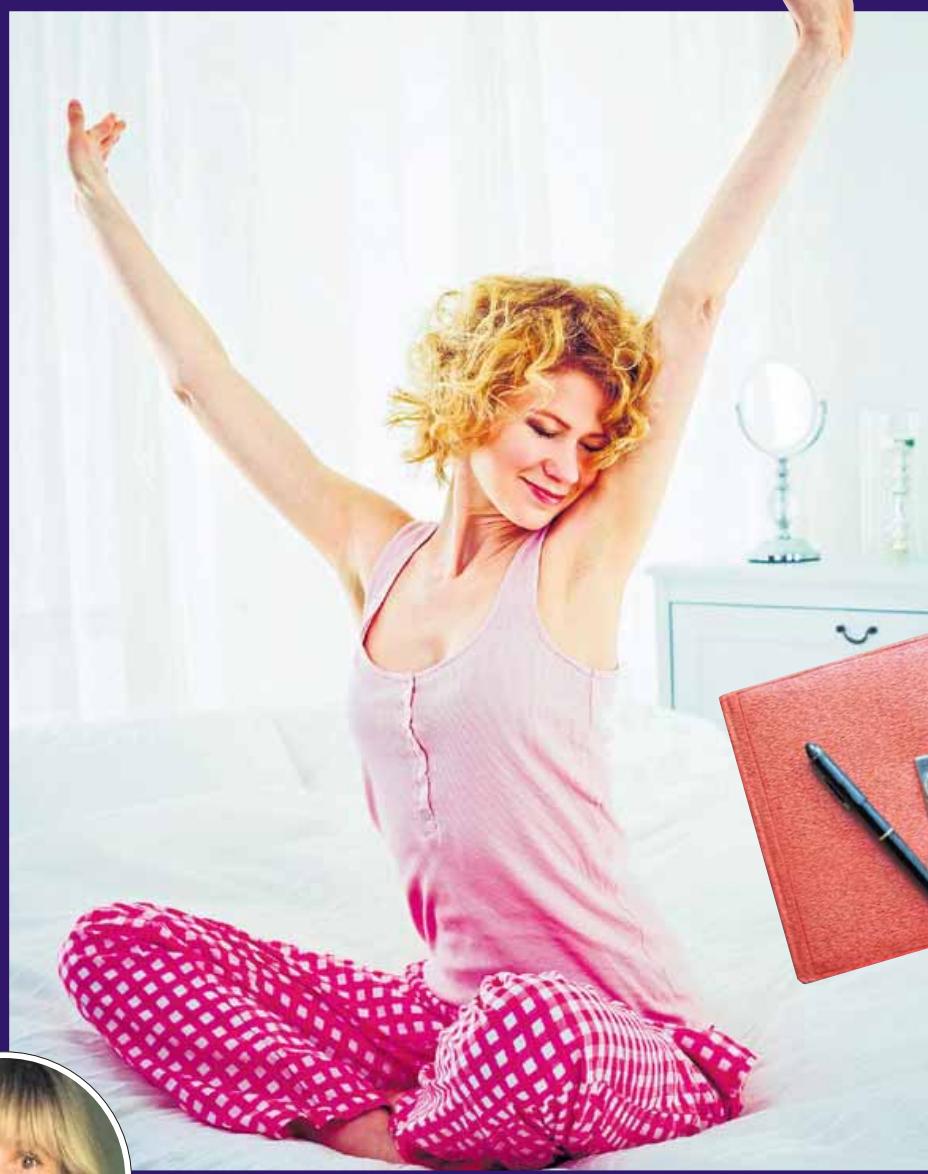
5 LET GO OF THE PAST

People find it difficult to say goodbye and it can be extremely hard to let go when we cling to negative feelings.

Yet these prevent us from growing and moving forward with our lives. A simple way to change this is to breathe in deeply, hold the breath for a few seconds and then exhale slowly until you have no air left in your lungs. As you exhale, say goodbye to your past or whatever you need to let go of.

6 MAKE SOMEONE'S DAY

It is surprising how even a brief interaction with a stranger can



influence your mood or behaviour during the day.

Researchers at the University of British Columbia found that doing nice things for people led to an increase in positivity and social confidence. So at least once a day try to help, inspire or comfort someone. It could be a big act of generosity, such as helping a friend move house, or simply a warm smile to a stranger.

7 LEARN TO LISTEN

Most of us are so distracted by our own busy lives that we barely listen to what other people are saying. We aren't fully engaged and interrupt or lose concentration far more than we realise.

But it is incredible what you can learn and how much people will share if you simply make them your focus. Whenever you have a conversation with someone, give them your undivided attention.

8 SPEND TIME ALONE

Just as exercise and healthy eating can make us feel better, so can regular time alone. It has been shown to make people more capable of empathy and better at social interaction as it gives them a break from constantly being available.

Try spending 10 minutes alone every day away from anyone else. Make sure your phone is switched off or in another room during this time.

9 KEEP A JOURNAL

Writing a diary at the end of each day is an extremely powerful ritual. Writing things down can help you understand your day better and be an outlet for creative expression.

At the end of each day ask yourself: what did I learn about myself and others today? What can I do to make tomorrow even better than today? Write down your answers and see how it transforms the way you think.

10 BE GRATEFUL

Science has shown that being more grateful can make you healthier, happier and more positive. It improves relationships because when you appreciate others they tend to reciprocate.

It can also help you solve problems because a grateful mindset looks for new possibilities and sees opportunity in every challenge. The ideal time to write a gratitude list is as you are lying in bed and just about to go to sleep. Reflect on the people or things you have to be grateful for in your life.

• Extracted by ELIZABETH ARCHER from *21 Rituals To Change Your Life* by Theresa Cheung (Watkins Publishing, £7.99). To order a copy call the Express Bookshop on 01872 562 310, send a cheque or postal order made payable to The Express Bookshop, PO Box 200, Falmouth TR11 4WJ, or order online at expressbookshop.co.uk

of flying in four hours?



than 1,000 hours of flying time under his belt. He also assured us that we were more likely to be killed by a donkey than a plane.

Next, Lawrence took us through several useful mind exercises. In one, the "scratch it technique", we had to imagine our worst case scenario.

Once we had the image in our mind we used an imaginary nail to tear the picture to pieces.

Afterwards we were shown how to gently tap pressure points on the body while repeating the mantra "I know flying is safe".

mantra I know nothing is safe.

111

IHE next day, armed with the facts, we had the opportunity to test our new techniques on a real-life flight. Incredibly, almost all the course participants agreed to board the plane, which included some who hadn't flown for as long as 16 years.

as 10 years. As we boarded the hour-long round trip out of Gatwick, I felt pretty confident. Instead of balling my clammy

Instead of banning my clapping

We love... **MOTHER'S DAY**



Compiled by
HANNAH BRITT

TOP TIPS FOR TAKEOFF

- **Sit in the middle.** People in rows at the centre of the plane feel less turbulence as the aircraft pivots less at this point.
- **Look at the cabin crew.** Do they look calm? If so you should be too.
- **Breathe.** When worried we tend to take short, sharp breaths but this makes us feel worse. Inhale deep from your belly, through your nose and out through your mouth.



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Painting a picture of war

WE watched enough art programmes to feel slightly depressed when that three-letter word pops up. It is not the art, just the refusal of the makers to communicate about it. "It's asking questions," they say about their video installation or sardine tin, without then saying what those questions are. "It's making a comment," they say, without making further comment. So much of it, especially the 21st-century sort, seems to be a private joke – some smug types in a gallery saying, "Well, if you don't get it, dude..."

It's hardly fair to paint all artists with the same brush, though, and two powerfully good exceptions stood out in **BRITAIN AT WAR: IMPERIAL WAR MUSEUM AT 100** (BBC2, Saturday). There are now a



Matt Baylis
on the
weekend's
TV

number of branches of the Imperial War Museum, including Churchill's bunker, HMS Belfast and RAF Duxford, all teeming with records and memories of various conflicts.

Last night's film distilled them down to a series of key objects. With presenters a-go-go and artefacts ranging from wartime recipes to Sikh bangles and prison-camp ukuleles, there was something to catch everyone's

interest. In its own way, the sheer spread reminded us war museums are a record of human life itself and of how much life is touched by wars.

For this critic, the standout segment was introduced by the artist Cornelia Parker whose chosen object, a silk poppy, took her into the history of the symbol and the factory where so many millions of them have been made. The sheets of red paper, with poppy shapes stamped out of them, inspired her work War Room, a womb-like space where empty poppy spaces recall the lost lives.

She moved on to talking to her contemporary Steve McQueen who turned the head-and-shoulders photos of the slain from the Iraq War into postage stamps. Unused, they sit in drawers at the War Museum, like bodies in a morgue.

The subject was a stirring one and the message of the works painted on pretty thick but what really stood out was the willingness of the two artists to talk about them, not just with passion but a point of view.

Who knew it? Long before the BBC had a beef with Jeremy Clarkson, Bush House mandarins were exchanging frustrated memos about another, wayward star.

HAPPY 100TH BIRTHDAY DAME VERA LYNN (BBC2, Saturday)

charted, not only the singer's rise to her status as a national treasure during the Second World War but also her tricky dealings with the bosses at the Beeb. Her wartime radio show *Sincerely Yours* was a mixture of Vera's uniquely sincere singing voice, messages between loved ones and overseas troops,

advice and warmth. It was a beacon of hope and a reminder of home, so powerful that veterans in their nineties were tearing up as they recalled it for this programme.

At the BBC, they worried it was making troops homesick and generally softening them up so they canned it, citing Vera's reluctance to sing more cheerful songs. They re-hired her and sacked her again after the war for similar reasons and Dame Vera, still going strong at 100, still thought they were daft.

She plainly knew what people liked and her big post-war hit was a fine example of that. She heard the song *Auf Wiedersehen* on a skiing holiday and her English cover version made her the first British star to top the US charts.

A Brit conquering America with a German song. That takes genius.

PICKS OF THE DAY



Documentary: Travel Man: 48 Hours In Budapest, 8.30pm, C4

Of all the things you will learn about the capital of Hungary during this half-hour show, one nugget of information will stay with you for a long time – there is a statue of Columbo star Peter Falk in Budapest. No, seriously. Richard Ayoade is joined by comedian, actress and writer Aisling Bea (both left) for two days in the city. They are given a crash course in the Hungarian language, play a game of chess at thermal baths and go for a ride on the Zugliget chairlift, high in the Buda hills. During their whistle-stop tour of one of Europe's most beautiful cities, the pair also sample a few local delicacies, namely goulash and local herbal liqueur unicorn.



Cookery: Mary Berry Everyday, 8.30pm, BBC2

There have been plenty of talking points during this series so far – spaghetti bolognese, anyone? And tonight Mary (left) takes a look at naughtiness. She rustles up dishes that scream indulgence, including an easy-to-follow sticky toffee pudding which looks sublime. She also takes the time to explore the backstory of the humble British pie. We do still long for the glory days of the Great British Bake Off but this series is certainly tiding us over.



Crime: Police Interceptors, 8pm, Channel 5

A new series begins tonight and this time around the cameras are following the crime-fighting exploits of Daniel (above) and the rest of the Cheshire force, a team who patrol one of the country's most affluent areas. In the first edition, Tom attempts to apprehend a suspected petrol thief who is not willing to pull over while Bucko and Chris meet a mouthy driver who refuses to come quietly.



Documentary: 24 Hours In A&E, 9pm, C4

Falling from a horse can be a painful experience and Karen (above) is in need of help when it happens to her. The 40-year-old has sustained damage to her chest and lungs after being trampled by her horse. Meanwhile, a 20-year-old is rushed to A&E after a motorcycle accident leaves him with a severe fracture to his leg and the medical team are concerned about the implications of a potential arterial bleed.

/sou



Crime: Crimewatch, 9pm, BBC1

Cybercrime has many guises in the modern world – from fraud and hacking to blackmail and exploitation. Those issues are now so big that this year's national crime survey included statistics about online crime for the first time. In a special edition of Crimewatch tonight, Jeremy Vine (right) and Tina Daheley explore the threats online. There is also the usual look at crimes that have been featured on the show.

NB: 10.45PM IN IRE AND NI

DID YOU KNOW? In June 2014, Mary Berry was awarded the Freedom of the City of Bath. Having received the Freedom of the City of London in November of the same year, she was clothed with the livery of the Worshipful Company of Bakers.

EXPRESS

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BBC One

6.00 Breakfast Latest headlines. (S)
9.15 The Housing Enforcers Two Chichester families are hoping for a fresh start in new houses. (W)
10.00 Homes Under The Hammer Featuring properties in Stoke-on-Trent, Croydon and Warrington. (R)
11.00 Fugitives (W) (S)
11.45 Fake Britain (AD) (R) (W) (S)
12.15 Bargain Hunt John Cameron and Nick Hall help two teams look for items at an antiques fair in Kent. (W)
1.00 BBC News At One, Weather
1.30 Local News, Weather (V)
1.45 Doctors Mrs Tembe and JJ bond over a motorbike, Ayessa is worried when Al suffers a crushing headache and Daniel's critically ill friend wants a chance to make amends to his wife. (AD) (W) (S)
2.15 The Code New series. Matt Allwright returns with the quiz in which contestants must answer questions to help crack a three-digit code. (W) (S)
3.00 Escape To The Country Jules Hudson helps a couple with a £500,000 budget search for a home in the Oxfordshire countryside. (R) (W)
3.45 Money For Nothing Sarah Moore reclaims three items from a Walsall recycling centre. (W)
4.30 Flog It! Will Axon and Charles Hanson value items brought to Althorp House in Northamptonshire. (W) (S)
5.15 Pointless Quiz show. (R) (W)
6.00 BBC News, Weather
6.30 Local News, Weather (V)



EASTENDERS: Denise attends an important meeting at the Minute Mart head office, 8pm

BBC Two

6.00 Flog It! Trade Secrets Advice on how to spot a potential money-spinning item. (R) (W) (S)
6.30 Fugitives (R) (W) (S)
7.15 Money For Nothing (R) (W)
8.00 Sign Zone: The Great Interior Design Challenge (R)
9.00 Victoria Derbyshire (W) (S)
11.00 BBC Newsroom Live (W) (S)
12.00 Daily Politics (W) (S)
1.00 Women's Six Nations
Highlights Eilidh Barbour presents action from the concluding round of fixtures in this year's competition. (R)
1.30 Beat The Brain Quiz show. (R)
2.00 The TV That Made Me Sandi Toksvig joins Brian Conley. (R)
2.45 Who Do You Think You Are? Actress Samantha Womack traces her ancestry, beginning with the rumour that her great-grandfather was gassed during the First World War. (R)
3.45 More Creatures Great And Small Documentary following the lives and work of rural vets. (R) (W)
4.15 Great Barrier Reef With David Attenborough Following his visit to the Great Barrier Reef in 1957, the broadcaster returns. (R) (W) (S)
5.15 Bargain Hunt Experts Philip Serrell and Anita Manning help two teams find items at Newark Antiques and Collectors' Fair. (AD) (R) (W) (S)
6.00 Eggheads Quiz show. (W) (S)
6.30 The Hairy Bikers' Comfort Food Si King and Dave Myers prepare indulgent treats. (W) (S)



UNIVERSITY CHALLENGE: Jeremy Paxman asks the questions once again, 8pm

ITV

6.00 Good Morning Britain (W) (S)
8.30 Lorraine Showbiz stories, cooking and celebrity gossip. Presented by Lorraine Kelly. (W) (S)
9.25 The Jeremy Kyle Show Guests air their differences. (R) (W)
10.30 This Morning Celebrity chat and lifestyle features. (W) (S)
12.30 Loose Women Great British Bake Off judge and professional baker Paul Hollywood joins the panel. (W)
1.30 ITV News, Weather
1.55 Local News, Weather (V)
2.00 Judge Rinder Cameramen follow criminal barrister Robert Rinder as he takes on real-life cases in a studio courtroom. (R) (W)
3.00 Chopping Block New series. The return of the programme in which couples attend a week-long residential cookery school run by Rosemary Shrager and John Whaite and face daily challenges. (W) (S)
3.59 Local Weather (W) (S) (V)
4.00 Tipping Point Ben Shephard hosts the arcade-themed quiz show, in which contestants drop tokens down a choice of four chutes in the hope of winning the jackpot. (W) (S)
5.00 The Chase Bradley Walsh presents as Darragh, Michael, Carole and Georgia answer general knowledge questions and work as a team to take on a ruthless quiz genius and secure a cash prize. (W) (S)
6.00 Local News, Weather (V)
6.30 ITV News, Weather



BROADCHURCH: Trish returns to the scene of the crime in the hope she will remember something, 9pm

Channel 4

6.00 Countdown Word game. (R,S)
6.45 The King Of Queens (R,S)
7.10 The King Of Queens (R,S)
7.35 The King Of Queens (R,S)
8.00 Everybody Loves Raymond
8.35 Everybody Loves Raymond
9.05 Frasier Classic comedy. (R,S)
9.35 Frasier Classic comedy. (R,S)
10.05 Undercover Boss USA Randy DeWitt, the CEO and co-founder of bar and grill chain Twin Peaks, goes undercover to find out whether the company's culture is keeping up with its rapid growth. (R,S)
11.00 Ramsay's Kitchen Nightmares USA The chef helps the owner of a Mexican restaurant in southern California who previously ran a successful catering company. (R,S)
12.00 Channel 4 News (S)
12.05 Vet On The Hill New series. Documentary following life at veterinary practice in London. (S)
1.05 Posh Pawn Featuring a guitar signed by Oasis is valued. (R,S)
2.10 Countdown With actor and comedian Hugh Dennis. (S)
3.00 Fifteen To One Quiz show. (S)
4.00 Sun, Sea And Selling Houses Sharon and Steve show three houses to Andy and Jo Green.
5.00 Couples Come Dine With Me Three couples from Dartford and Beckenham compete for £1,000. (S)
6.00 The Simpsons (AD) (R,S)
6.30 Hollyoaks Ellie drags Freddie away from Nightingales. (AD) (S)
6.30 5 News Tonight Headlines. (S)



HOWD YOU GET SO RICH? Katherine Ryan chats to a man who made his fortune running gay bars, 10pm

Channel 5

6.00 Milkshake! Fun for youngsters.
9.15 The Wright Stuff A debate on issues of the day with a live audience.
11.15 GPs: Behind Closed Doors A cancer patient is determined to remain positive. (AD) (R,S)
12.10 5 News Lunchtime (S)
12.15 Can't Pay? We'll Take It Away Agents Stewart McCracken and Elmore Victor head to Liverpool for what they expect to be a routine repossession, but instead face a very challenging eviction. (R,S)
1.15 Home And Away (AD) (S)
1.45 Neighbours (AD) (S)
2.15 NCIS: Kill List Part 1 Gibbs and McGee travel to Russia to escort a computer expert connected to classified intel, but the mission is compromised and they are forced to go off the grid. (R,S)
3.15 Dance Night Obsession

2016 (PG) Premiere. A professional dancer on a popular TV competition is murdered and one of her colleagues becomes the next target. Thriller, starring Sabrina Bryan. (W) (S)
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5.00 5 News, Weather (S)
5.30 Neighbours Toadie heads to London in search of Willow and Dee, but a phone call back home leaves him reeling. (AD) (R,S)
6.00 Home And Away Zac clashes with Leah over Hunter, while Kat is frustrated by the lack of progress in the arson investigation. (AD) (R,S)
6.30 5 News Tonight Headlines. (S)



HOME AND AWAY: Heath tries to talk Bianca out of terminating her pregnancy, 6pm

7 PM

7.00 The One Show Matt Baker and Michelle Ackerley presents the usual mix of topical stories and celebrity chat. (W) (S)
7.30 Inside Out Three surprising real-life stories from across the region. (W) (S) Followed by BBC News, Local News. (W) (S) (V)

8 PM

8.00 EastEnders Lauren is unsure where she stands with Steven, while Dennis continues to blackmail Michelle. (AD) (W) (S)
8.30 Britain's Home-Care Crisis - Panorama Sian Lloyd investigates the challenges facing hospitals. (S) (V)

9 PM

9.00 Crimewatch Jeremy Vine and Tina Daheley present a special edition focusing on cybercrime, exploring the threats posed to individuals, businesses and even states by hackers and finding out how police are tackling them. See *Pick Of The Day*. (W)

10 PM

10.00 BBC News At Ten All the latest headlines. (W) (S)
10.30 Local News, Weather (V)

11 PM

10.45 Have I Got A Bit More Old News For You Victoria Coren Mitchell welcomes Romesh Ranganathan and Eddie Izzard. (R) (W) (S) (V)

12 PM

11.30 Live At The Apollo Jack Dee hosts an evening of stand-up at the Apollo in Hammersmith, London, introducing routines by Seann Walsh and Milton Jones. (R) (W) (S) (V) Followed by Weather For The Week Ahead. (W) (S) (V)

midnight

12.20-6.00 BBC News Catch up with the latest headlines. (W) (S) (V)

7.00 Top Gear Rory Reid and Sabine Schmitz go in search of the latest supercars at Germany's Nurburgring circuit, while Matt LeBlanc test drives the Aston Martin DB11, but finds Chris Harris and his Mercedes causing no end of trouble. (R) (W) (S)

8.00 University Challenge The quarter-final matches conclude as two teams of four students compete. (W) (S)
8.30 Mary Berry Everyday The food writer celebrates dishes that exemplify indulgence. ★ See *Pick Of The Day*. (W) (S)

9.00 Puerto Rico - Island Of Enchantment: Natural World Sir David Attenborough narrates an exploration of the wildlife of the Caribbean island as a conservation team fights to save the most endangered creatures from extinction. (W) (S)

10.00 Cradle To Grave Danny finds himself at a crossroads with the fabulous Miss Blondel. (AD) (R) (W) (S)
10.30 Newsnight, Weather Analysis of the day's events, presented by Evan Davis. (W) (S)

11.15 Down The Mighty River With Steve Backshall In the conclusion of the two-part programme, the naturalist travels down the Bajem River's lower gorge, one of the most dangerous stretches of white water in the world surrounded by jagged rock walls. (AD) (R) (W) (S)

12.15 Sign Zone: Countryfile Adam Henson presents the show from Snowdonia. (R) (W) (S) **1.10 Sign Zone: Diana: Designing A Princess** (AD) (R) (W) (S) **1.40 Sign Zone: Royal Recipes** (R) (W) (S) **2.25-6.00 This Is BBC Two** (W) (S)

7.00 Emmerdale Harriet is heartbroken after a visit to Ashley in the care home reveals his deterioration. (AD) (W) (S)
7.30 Coronation Street Ken organises a family meal to announce Daniel has accepted a place at Oxford. (AD) (W) (S)

8.00 The Kyle Files Jeremy Kyle tackles the issue of dangerous dogs, tracking down members of a criminal gang. (V)
8.30 Coronation Street Daniel tells Ken that he is turning Oxford down, while Anna bars Faye from seeing Seb. (W) (S)

9.00 Broadchurch An unknown woman walks into the police station – and delivers some devastating new information when interviewed by Ellie and Hardy. Crime drama, starring David Tennant, Olivia Colman and Julie Hesmondhalgh. (AD) (W) (S)

10.00 The Nightly Show With Dermot O'Leary Topical monologue, studio games and celebrity guests. (W) (S)
10.30 ITV News, Weather All the latest headlines. (W) (S)

11.00 Local News, Weather (V)
11.15 The Chase Bradley Walsh presents as four contestants pit their wits against ruthless quiz genius the Chaser in the hope of winning a potential prize pot worth thousands of pounds. They work as a team and play strategically to answer general knowledge questions against the clock. (R) (V)

12.15 The Nightly Show With Dermot O'Leary (R) (W) (S) **1.20 Jackpot247** (W) **3.00 The Jeremy Kyle Show** The host invites guests to air their differences. (R) (W) (S) **3.55 ITV Nightscreen** (W) **5.05-6.00 This Is BBC Two** (W) (S)

7.00 Channel 4 News Including sport and weather. (S)
7.55 The Political Slot (S)

8.00 Britain's Benefits Families Seyi Rhodes investigates the impact of the government's latest benefit cap. **8.30 Travel Man: 48 Hours** ★ **In Budapest** Richard Ayoade is joined by comedian Aisling Bea. See *Pick Of The Day*. (S) Followed by 5 News Update. (S)

9.00 24 Hours In A&E ★ A 20-year-old is rushed in after a motorcycle accident, while doctors examine the damage to the chest and lungs of a 40-year-old who fell off her horse, which then trampled on her. See *Pick Of The Day*. (AD) (S)

10.00 How'd You Get So Rich? Katherine Ryan meets an American couple who got rich designing an app and a former Mafia boss who these days earns his money as a preacher. (AD) (S)

10.50 Tattoo Fixers The artists meet Francesca, whose self-inflicted art-inspired tattoo is more disaster than old master, while Alice covers up Kieron's Dale Winton inking and Sketch gives Madison a sci-fi inspired memorial to her mum. (AD) (S)

11.55 Gap Year Greg leads the gang to a Full Moon Party in Thailand, but an unexpected face from the past threatens to ruin everyone's fun. (AD) (S)

12.50 A Very British Hotel **1.45** Extremely British Muslims (R,S) **2.40** Dave's Guide To Spending Money (R,S) **3.35** Building The Dream (S)

7.00 Super Scary Plane Landings Caribbean islands that are home to some of the world's most difficult runways, including St Barts where the airport is on the side of a hill that gives way to the sea. (R,S) Followed by 5 News Update. (S)

8.00 Police Interceptors ★ New series. The return of the documentary following the work of a high-speed police interception unit, this time riding along with officers of Cheshire's elite crime-fighting team. See *Pick Of The Day*. (S) Followed by 5 News Update. (S)

9.00 Inside King's Cross: Commuter Chaos The number one issue for staff at the terminus is to ensure the safety of the passengers, so while PC Aidy Young patrols the station keeping order, Michael responds to reports of a suspicious bag. (S)

10.00 All New Traffic Cops: Under Attack New series. Return of the documentary following officers from police forces across Yorkshire. A high-speed night-time pursuit in Bradford heightens tensions in the local community. (S)

11.00 Homefront 2013 (15) A drug enforcement agent quits his job and relocates to a small town hoping to protect his daughter from the violent world he has to deal with. However, he is forced back into his old life when he finds his new home has a criminal underbelly dominated by a narcotics kingpin. Crime thriller, starring Jason Statham, James Franco and Winona Ryder. Edited for language. (W) (S)

1.00 SuperCasino 3.10 Secrets Of The National Trust With Alan Titchmarsh (AD) (R,S) **4.00 Never Teach Your Wife To Drive** (R)

5STAR

6.00 Teleshopping Home shopping.
8.00 8 Simple Rules US sitcom. (S)
8.20 Dance Moms Reality series. (S)
9.10 Dance Moms Reality series. (S)
10.05 8 Simple Rules US sitcom. (S)
10.35 8 Simple Rules Hit comedy. (S)
11.00 Gilmore Girls US sitcom. (S)
12.00 My Wife And Kids Hit comedy.
12.30 My Wife And Kids US sitcom.
1.00 Dance Moms Reality series. (S)
2.00 Can't Pay? We'll Take It
Away Agents Delroy and Brian try to reclaim money a garage owes to a customer and are shocked by the condition of the vehicle in question. (S)

3.00 Neighbours Australian soap. (S)
3.30 Home And Away (AD) (S)
4.00 Gilmore Girls Dean celebrates being with Rory for three months. (S)

5.00 8 Simple Rules
The Hennessys find the final article written by Paul before his death, which Cate reads to her children. (S)
5.30 8 Simple Rules Jim makes a few questionable DIY decisions. (S)
6.00 Neighbours Tensions rise in the wake of Tyler's news. (AD) (R,S)
6.30 Home And Away Kat arrests Mick for breaching his restraining order, Tasing him in the process.
7.00 Dance Moms Fed up with all of the mothers' complaints about costumes, Abby orders them all to make new ones, which leads to a major conflict between her and Jill. (S)

8.00 Can't Pay? We'll Take It
Away Stewart and Elmor attempt to collect £5,000 owed by a debtor in North Wales, but the situation spirals out of control when a group of friends try to take on the agents. (S)

9.00 FILM: The Island 2005 (12)
The naive survivors of an apparent ecological disaster work, rest and play inside their utopian sealed community in the year 2019, each hoping to win a ticket to an idyllic island in a regular lottery draw. Sci-fi thriller, with Ewan McGregor and Scarlett Johansson.

11.45 FILM: Abduction 2011 (12)
Action thriller, starring Taylor Lautner.

1.55 Teen Wolf (AD) (S) 2.50
American Horror Story: Murder House (S) 3.45 Access 4.00 Teleshopping

5USA

6.00 Teleshopping Home shopping.
9.00 Longmire Henry makes a bold move to help a mother and son suffering from domestic abuse.

10.00 Law & Order A blogger threatens to bomb a school. (S)
10.55 Law & Order Cyrus Lupo returns to New York after four years abroad to deal with his own terror. (S)

11.55 CSI: NY Off-duty NYPD officer Mark Riley is killed during a robbery.
12.50 NCIS Jenny makes Tony a secret offer. Mark Harmon stars. (AD) (S)

1.50 CSI: NY Mac and Stella examine the case of a runner found lying in a pool of blood during a marathon.

2.50 Longmire Zach has a stalker.
4.00 Law & Order A teenager is found dead at a high school party. (S)

5.00 Law & Order A woman stands trial for murdering her psychotherapist husband and claims her dead spouse sexually abused her as a teenager.

6.00 CSI: NY The CSIs are alerted to three separate murders on Valentine's Day, including the CEO of a company killed at a farmers' market and a man found dead in a hotel room. (S)

7.00 NCIS The team joins forces with military investigators to ascertain whether terrorists were responsible for an explosion at a golf course. (AD) (S)

8.00 NCIS A former marine fails to his death from a hotel balcony and investigations lead the team to the discovery of another body. (AD) (S)

9.00 NCIS A stolen drone is linked to elusive terrorist Benham Parsa and NCIS joins forces with the Department of Defence to track down the device.

10.00 Law & Order: Special Victims Unit Benson and Stabler investigate when FBI agent Dana Lewis claims she has been raped while working on an undercover case.

11.00 Law & Order: Special Victims Unit A woman claims to have been raped by a fellow student, but the accusation is difficult to prove as there is neither clear evidence nor witnesses. Christopher Meloni stars.

12.00 Law & Order: Special Victims Unit (S) 1.00 CSI: NY (AD) (S) 2.00 CSI: NY (AD) (S) 3.00

Chicago PD 4.00-6.00 Teleshopping

RADIO 1
FM: 97.6-99.8 MHz

6.33 The Radio 1 Breakfast Show With Nick Grimshaw: Music and topical chat. **10.00** Clara Amfo. **12.45** Newsbeat. **1.00** Scott Mills. **4.00** Dev. **5.45** Newsbeat: Latest headlines. **6.00** Dev. **7.00** Mistajam. **9.00** Radio 1's Specialist Chart With Toddla T. **10.02** Huw Stephens. **1.00** Alice Levine. **4.00** Adele Roberts.

RADIO 2
FM: 88.90.2 MHz

5.00 Vanessa Feltz: Music and chat. **6.30** Chris Evans. **9.30** Sara Cox Sounds Of The 80s Danceathon. **12.00** Sara Cox Sounds Of The 80s Danceathon. **2.00** Sara Cox Sounds Of The 80s Danceathon. **5.00** Sara Cox Sounds Of The 80s Danceathon. **7.00** Sara Cox Sounds Of The 80s Danceathon: Music and chat. **10.00** Sara Cox Sounds Of The 80s Danceathon. **2.00-5.00** Sara Cox Sounds Of The 80s Danceathon.

RADIO 3
FM: 90.2-92.4 MHz

6.30 Breakfast. **9.00** Essential Classics. **12.00** Composer Of The Week: Zemlinsky. **1.00** News. **1.02** Radio 3 Luncheon Concert. **2.00** Afternoon On 3. **4.30** In Tune. **6.30** Composer Of The Week: Zemlinsky: Donald MacLeod explores the ugly, beautiful and hyper-expressive musical world of Alexander Zemlinsky, as well as his turbulent early life in pre-First World War Vienna. **7.30** Radio 3 In Concert: Mark Elder conducts the Hallé Orchestra, Choir and Youth Choir with soloists Sasha Cooke, David But Philip and Iain Paterson in a performance of Elgar's The Dream of Gerontius. **10.00** Free Thinking 2017 Festival. **10.45** The Free Thinking Essay. **11.00** Jazz Now. **12.00** Through The Night.

RADIO 4
FM: 92.4-94.6 MHz LW: 198 kHz

5.30 News Briefing. **5.43** Prayer For The Day. **5.45** Farming Today. **5.58** Tweet Of The Day. **6.00** Today. **9.00** Start The Week. **9.45** (LW) Daily Service. **9.45** (FM) Book of the Week: Fathers And Sons. **10.00** Woman's Hour. **11.00** The Great Egg Freeze. **11.30** Chain Reaction. **12.00** News. **12.01** (LW) Shipping Forecast. **12.04** 50 Things That Made The Modern Economy. **12.13** Four Seasons. **12.15** You And Yours. **12.57** Weather. **1.00** The World At One. **1.44** Four Seasons. **1.45** The Uncommon Senses. **2.00** The Archers: Lillian seeks another point of view. **2.15** Drama: Finding Freud: Comedy drama, by David Pownall. **3.00** Brain Of Britain: The ninth heat of the general knowledge contest. **3.30** The Food Programme: Sheila Dillon introduces the finalists for the BBC Food & Farming Awards. **4.02** Four Seasons: Ray Fearnor reads Spring, by Gerard Manley Hopkins. **4.03** Bus Lines: First Bus's drivers talk about their company writing competition. **4.30** Beyond Belief: Robert Beckford and his guests discuss the purpose of interfaith worship. **5.00** PM: With Eddie Mair. **5.54** (LW) Shipping Forecast. **5.57** Weather. **5.58** Four Seasons: Edward Thomas's poem The Cherry Trees. **6.00** Six O'Clock News. **6.30** Just A Minute: With Paul Merton, Sheila Hancock, Tom Allen and Gyles Brandreth. **7.00** The Archers: Alistair deals with an emergency. **7.15** Front Row: Arts programme. **7.45** Revelation: See Radio Choice. **8.00** The Age Of Consent: Part two of two. Helena Kennedy explores the key ideas of consent in contemporary politics, law and new forms of digital information and media. **8.30** Analysis: Anand Menon, professor of European Politics at Kings College London, discusses whether Marine Le Pen has managed to "detoxify" France's Front National. Last in the series. **9.00** Supersense Me: Timandra Harkness explores the devices and technologies being developed that allow the perception of previously unsensed information about the world around us. **9.30** Start The Week: Tom Sutcliffe explores the pace and rhythm of life with Russell Foster, Denise Mina, Stephen Westaby and Eugenia Cheng, from the Free Thinking Festival at Sage Gateshead. **9.59** Weather. **10.00** The World Tonight: News round-up. **10.45** Book at Bedtime: Behind Her Eyes: By Sarah Pinborough. **11.00** Wireless Nights. **11.30** Today In Parliament. **11.55** Four Seasons. **12.00** News: Latest headlines. Followed by Weather. **12.30** Book of the Week: Fathers And Sons. **12.48** Shipping Forecast. **1.00** As BBC World Service. **5.20-5.30** Shipping Forecast.

RADIO 5 LIVE
MW: 909, 693 kHz

5.00 Morning Reports. **5.15** Wake Up To Money. **6.00** 5 Live Breakfast. **10.00** 5 Live Daily With Adrian Chiles. **1.00** Afternoon Edition. **4.00** 5 Live Drive. **7.00** 5 Live Sport: The Monday Night Club: Mark Chapman is joined by a panel of guests to present the football debate, as well as a round up of the day's

REGIONAL VARIATIONS

BBC1 Variations WALES: **7.30-8.00** X-Ray 8.30-9.00 The Real Cost Of Caring: Week In Week Out **10.40** Wales In The Nineties: A Fighting Spirit **11.10** Have I Got A Bit More Old News For You **11.55** Live At The Apollo **12.40** Weather For The Week Ahead **12.45-6.00** BBC News

ITV Variations ITV CHANNEL: **12.40-3.00** ITV Nightscreen: Text-based information service. **ITV WALES: 8.00-8.30** Wales This Week **11.15** Sharp End **11.45** Judge Rinder's Crime Stories **12.10-12.40** The Kyle Files **S4C 7.00** Cyw: Ben Dan **7.15** Cyw: Ynys Broc Môr Lili **7.25** Cyw: Twm Tisian **7.30** Cyw: Jen A Jim A'r Cywiadur **7.45** Cyw: Sam Tân **8.00** Cyw: Cleo **8.10** Cyw: Mwnci'n Dweud Mwnci'n Gwneud **8.20** Cyw: Popi'r Gath **8.30** Cyw: Llan-ar-goll-en **8.45** Cyw: Dwylo'r Enfys **9.00** Cyw: Till A'i Frindiau **9.15** Cyw: Bla Bla Blewog **9.55** Cyw: Ben A Mai A'bu Bach O'Hud **10.05** Cyw: Oli Dan Y Don **10.15** Cyw: Cwn Teg **10.20** Wibi Sochyn Y Mochyn **10.30** Cyw: Holi Hana **10.45** Marcarom **11.00** Ben Dant **11.15** Ynys Broc Môr Lili **11.25** Twm Tisian **11.30** Jen A Jim A'r Cywiadur **11.45** Sam Tân **12.00** Cled **12.10** Cyw: Mwnci'n Dweud Mwnci'n Gwneud **12.20** Cyw: Popi'r Gath **12.30** Cyw: Llan-ar-goll-en **12.45** Cyw: Dwylo'r Enfys **1.00** Newyddion S4C A'r Tywydd **2.00** Prysnewydd Da **2.55** Newyddion S4C A'r Tywydd **3.00** Ward Plant **3.30** Taith Fawr Y Dym Bach **4.00** Aw Fawr **5.00** Stwsh: Dewi A Ditectwys **5.10** Stwsh: Driegiau: Gwarchodwyr Berc **5.30** Stwsh: Ffeli **6.00** Pobol Y Cwm **6.25** Newyddion S4C A'r Tywydd **6.30** Sgorio **7.00** Heno **8.00** Pobol Y Cwm **8.25** Bywyd Y Ffur **9.00** Newyddion 9 A'r Tywydd **9.30** Fermoic **10.00** Seiclo **11.00** Brett Johns: Ymladdwr UFC

televisionexpress**Radio Choice****Revelation,**
Radio 4, 7.45pm

Archbishop Cranmer wants news of a sadistic killer kept from the superstitious Henry VIII, so he calls upon Matthew Shardlake to conduct a secret investigation on his behalf.

The lawyer detective and his loyal assistant Barak then descend into

the murky depths of Tudor London to stop the murder in his tracks.

Justin Salinger and Bryan Dick star in the drama. Produced by CJ Sansom, a famous writer of crime novels including Heartstone and dramatised by Colin Macdonald, often a feature on Radio 4.

LIAM SHAW

BBC WORLD SERVICE
on digital only

5.00 Newsday. **5.30** The Conversation. **6.00** Newsday. **8.30** Business Daily. **8.50** Witness. **9.00** News. **9.06** The Arts Hour. **10.00** World Update. **11.00** Outside Source. **12.00** News. **12.06** Outlook. **1.00** The Newsroom. **1.30** The Conversation. **2.00** Newshour. **3.00** News. **3.06** HARDtalk. **3.30** Sport Today. **4.00** News. **4.06** World Have Your Say. **5.00** News. **5.06** Outlook. **6.00** The Newsroom. **6.30** World Business Report. **7.00** The Newsroom. **7.30** The Conversation. **8.00** News. **8.06** HARDtalk. **8.30** Discovery. **9.00** Newshour. **10.00** News. **10.06** The Newsroom. **10.30** World Business Report. **11.00** News. **11.06** The Arts Hour. **12.00**

News. **12.06** The Newsroom. **12.20** Sports News: Latestheadlines. **12.30** The Response. **1.00** News. **1.06** Business Matters. **2.00** News. **2.06** Outlook. **3.00** News. **3.06** The Inquiry. **3.30** Discovery. **4.00** Newsday.

CLASSIC FM
FM: 100-102 MHz

6.00 More Music Breakfast. **9.00** John Suchet. **1.00** Anne-Marie Minhall. **5.00** Classic FM Drive. **7.00** Smooth Classics At Seven. **8.00** The Full Works Concert. **10.00** Smooth Classics. **1.00-6.00** Sam Pitts.

ABSOLUTE RADIO
MW: 1215, 1197, 1242 kHz

6.00 Christian O'Connell's Breakfast Show. **10.00** Leonid Graham. **1.00** Andy Bush. **4.00** Danielle Perry. **6.00** Geoff Lloyd. **9.00** Pete Donaldson. **1.00-6.00** Chris Martin.

RADIO WALES
MW: 882, 657 kHz FM: 93.9-95.9, 103.7-103.9 MHz

5.00 Mai Pope. **6.30** Good Morning Wales. **9.00** Jason Mohammad: Music and chat. **11.00** Wynne Evans. **1.00** Radio Local News At One: Latest headlines. **1.15** Eleri Siôn. **4.00** Good Evening Wales. **6.30** Bye Bye Bad Girls. **6.58** Weather And Travel. **7.00** Radio Wales Sport. **9.00** Chris Needs. **12.30** Country Focus. **1.00** As BBC World Service.

21

TIMES

MORE LIKELY TO

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FILMS

SKY CINEMA PREMIERE

6.00am Maggie's Plan (2015) (15) Romantic comedy, starring Greta Gerwig. **7.50 Attack Of The Lederhosen Zombies** (2016) (15) Horror-comedy, starring Laurie Calvert. **9.15 Awkward Sexy People** (2015) (15) Romantic comedy, starring Adam Pally. **11.10 Top Cat Begins** (2015) (U) Animated comedy. **12.55pm Ghostbusters** (2016) (12) Fantasy comedy, starring Kristen Wiig. **3.05 Casual Encounters** (2016) (15) Premiere. Comedy, starring Taran Killam. **4.45 The Lazarus Effect** (2015) (15) Sci-fi thriller, starring Olivia Wilde. **6.20 Top Cat Begins** (2015) (U) Animated comedy. **8.00 Ghostbusters** (2016) (12) See Today's Choice. **10.00 Ghostbusters: Answer The Call** The cast of the rebooted Ghostbusters discuss the blockbuster comedy. **10.15 Casual Encounters** (2016) (15) Premiere. Comedy, starring Taran Killam. **11.45 The Lazarus Effect** (2015) (15) Sci-fi thriller, starring Olivia Wilde. **1.15am Awkward Sexy People** (2015) (15) Romantic comedy, starring Adam Pally. **3.00 Attack Of The Lederhosen Zombies** (2016) (15) Horror-comedy, starring Laurie Calvert. **4.30 Kong: Skull Island** Special A look at the creature feature. **5.00 The Lego Batman Movie: Special** The making of the movie. **5.30 Fast & Furious 7 Special** Alex Zane visits the set.

SKY CINEMA COMEDY

6.00am Pitch Perfect 2 Special With Anna Kendrick. **6.30 Top Secret!** (1984) (15) With Val Kilmer. **8.10 Bad Bromance** (2015) (15) With Jack Black. **10.00 Ghostbusters: Special** Interviews with the cast. **10.30 Zoolander** (2001) (12) With Ben Stiller. **12.10pm Zoolander 2** (2016) (12) With Ben Stiller. **2.00pm To The Future** (1985) (PG) With Michael J Fox and Christopher Lloyd. **4.00 Back To The Future Part II** (1989) (PG) With Michael J Fox. **5.55 Back To The Future Part III** (1990) (PG) With Michael J Fox. **8.00 Zoolander** (2001) (12) A dim male model's career starts to decline and he fails to realise he is a pawn in a dangerous game of international espionage. Comedy, starring Ben Stiller and Owen Wilson. **9.40 Zoolander 2** (2016) (12) A dim-witted supermodel must step back into the spotlight when someone starts murdering pop stars. Comedy sequel, starring Ben Stiller and Owen Wilson. **11.30 Wedding Crashers** (2005) (15) With Owen Wilson. **1.35am Magic Mike XXL** (2015) (15) With Channing Tatum. **3.35 Life** (1999) (15) Starring Eddie Murphy. **5.30 Pitch Perfect 2 Special** Starring Anna Kendrick.

ENTERTAINMENT

ITV2

Freeview 6 - Sky 118

6.00am You've Been Framed! Gold **6.25** Who's Doing The Dishes? **7.15** The Ellen DeGeneres Show **8.00** Emmerdale **8.30** Coronation Street **9.35** Psych **10.25** Below Deck **11.20** Who's Doing The Dishes? **12.25pm** Emmerdale **12.55** Coronation Street **2.00** The Ellen DeGeneres Show **2.50** The Jeremy Kyle Show **5.00** Judge Rinder **6.00** You've Been Framed! Gold **8.00** Funniest Ever You've Been Framed! Gold **8.00** Two And A Half Men **9.00** Family Guy **9.30** The Great Indoors **10.00** American Dad! **10.55** Family Guy **11.25** The Cleveland Show **12.25am** Two And A Half Men **1.20** The Great Indoors **1.50** Total Bonkers Guinness World Records **2.15** Teleshopping **5.45** ITV2 Nightscreen

ITV3

Freeview 10 - Sky 119

6.00am You're Only Young Twice **6.25** Heartbeat **7.25** Where The Heart Is **8.30** The Royal **9.30** Judge Judy **10.50** Inspector Morse **1.05pm** Heartbeat **2.05** The Royal **3.05** Where The Heart Is **4.15** You're Only Young Twice **4.50** Doctor At Large **5.20** On The Buses. Classic comedy. **5.55** Heartbeat **7.00** Murder, She Wrote **8.00** Doc Martin **9.00** Foyle's War **11.00** Britain's Busiest Airport - Heathrow **Midnight** Inspector Morse **2.00** ITV3 Nightscreen **2.30** Teleshopping

ITV4

Freeview 24 - Sky 120

6.00am The Sweeney **6.50** Hogan's Heroes **7.45** The Professionals **8.50** Ironside **9.55** The Sweeney **10.55** The Chase **11.55** Tommy Cooper **12.30pm** Counting Cars **12.55** Pawn Stars **1.50** Hogan's Heroes **2.55** Ironside **4.00** The Professionals **5.05** The Sweeney **6.05** Counting Cars **7.00** Pawn Stars **8.00** Parking Wars **9.00** Film: GoldenEye (1995) (12) Spy adventure, with Pierce Brosnan. **10.05** FYI Daily **10.10** Film: GoldenEye (1995) (12) **11.40** Bundesliga Football Highlights **12.40am** Anglo-Welsh Cup Highlights **1.40** River Monsters **2.40** Sporting Funnies **2.45** ITV4 Nightscreen **3.00** Teleshopping

SKY1

Sky 106

6.00am Hawaii Five-0 **8.00** Police 10/7 **9.00** Animal House **10.00** A Town Called Eureka **11.00** NCIS: Los Angeles **1.00** Hawaii Five-0 **3.00** NCIS: Los Angeles **4.00** Futurama **4.30** Modern Family **5.30** Futurama **6.30** The Simpsons **8.00** Film: Star Wars: Episode V - The Empire Strikes Back (1980) (U) Sci-fi adventure sequel, with Harrison Ford. **10.25** The Blacklist **11.25** A League Of Their Own **12.25am** Duck Quacks Don't Lee. Mack hosts the comedy panel game. **1.25** Road Wars **2.25** Most Daring **3.20** Police 10/7 **4.15** Wild Vets **4.45** Animal House **5.35** Futurama

E4

Freeview 28 - Sky 136

6.00am Suburbia **6.20** Charmed **7.05** Coach Trip: Road To Ibiza **7.35** Hollyoaks **8.05** Rules Of Engagement **9.00** Last Man Standing **10.00** Charmed **11.00** How I Met Your Mother **1.00** The Goldbergs **2.00** The Big Bang Theory **3.00** How I Met Your Mother **4.00** Last Man Standing **5.00** The Goldbergs **6.00** The Big Bang Theory **7.00** Hollyoaks **7.30** Game Of Clones **8.00** The Big Bang Theory **9.00** Made In Chelsea **10.00** First Dates **11.00** First Dates Hotel **1.05** Celebs Go Dating **2.10** Made In Chelsea **3.00** First Dates **4.20** Rules Of Engagement **4.35** The Mindy Project **4.55** Charmed. Drama.

SPORT

SKY SPORTS 1

Sky 401

6.00am Football League Gold **7.00** WWE Raw Hits **8.00** Goals On Sunday **9.00** Premier League Highlights **10.00** Premier League Years **11.00** Premier League Highlights **1.00** Great Sporting Moments **2.00** Premier League Highlights **3.00** Spanish Football Gold **3.30** Football Gold **4.00** Football's Greatest Players **5.00** Football Gold **5.10** Premier League 100 Club **5.40** Premier League Highlights **6.40** Soccer AM: The Best Bits **7.10** Premier League Highlights **7.40** Live Irish Football: Crusaders v Ballinamallard (Kick-off 7.45pm). **9.45** Scottish Football Round-up **10.00** Football's Greatest Players **10.30** Scottish Football Round-up **10.45** Great Sporting Moments **11.00** MLS Round-up Show **11.30** Soccer AM: The Best Bits **12.30** Scottish Football Round-up **12.45** Great Sporting Moments **1.00** Sky Sports Boxing Gold **1.30** Darts Gold **2.00** Premier League Years **4.00** Football's Greatest Players **4.30** Soccer AM: The Best Bits **5.00** Premier League 100 Club **5.30** Spanish Football Gold

SKY SPORTS 2

Sky 402

6.00am Live Test Cricket: India v Australia. Coverage of the fifth and final day of the third Test, which takes place at the JSCA International Stadium Complex in Ranchi. **11.30** Cricket's Greatest **1.00** Test Cricket **1.00** Time Of Our Lives **2.00** Test Cricket **4.00** Cricket's Greatest **5.00** Test Cricket **6.00** Sporting Triumphs **6.30** Sky Sports Cricket Gold **7.00** Cricket's

ITV

Freeview 6 - Sky 118

MORE4 Freeview 14 - Sky 138

8.55am Car SOS **9.55** Come Dine With Me **12.35pm** A Place In The Sun: Home Or Away **2.45** Time Team **4.55** Car SOS **5.55** The Supervet **7.55** Grand Designs **9.00** Vets On The Hill **10.00** Britain's Benefit Tenants **11.05** 24 Hours In A&E **12.05am** Ramsay's Kitchen Nightmares USA **1.05** Vets On The Hill **2.05** 24 Hours In A&E **3.10** 8 Out Of 10 Cats

GOLD

Sky 110

7.00am Cheers **8.10** The Best Of Tommy Cooper **8.40** The Brittas Empire **10.00** Film: The Love Lottery (1954) (U) Ealing comedy, starring David Niven. **11.40** Only Fools And Horses **1.00pm** My Family **1.40** As Time Goes By **2.00** The Brittas Empire **4.20** Last Of The Summer Wine. Vintage comedy. **6.20** My Family **7.00** As Time Goes By **7.40** Gavin & Stacey **9.00** The Royle Family **10.20** Gimme Gimme Gimme **11.40** Fawlty Towers **12.20am** The Trip To Italy **1.00** Peep Show **1.35** The Royle Family **2.45** Shooting Stars. Comedy quiz show. **4.00** Home Shopping

SKY LIVING

Sky 107

6.00am Border Security: Canada's Front Line **7.00** Stop, Search, Seize **8.00** Nothing To Declare **9.00** Road Wars **10.00** Highway Patrol **11.00** Elementary **11.00** Noon **12.00** Crime Scene Investigation **1.00** Criminal Minds **3.00** Stop, Search, Seize **4.00** Border Security USA **5.00** Nothing To Declare **6.00** Monkey Life **7.00** Elementary **8.00** Shades Of Blue **9.00** Criminal Minds **10.00** Shades Of Blue **11.00** The Catch **1.00am** Criminal Minds **2.00** CSC: Crime Scene Investigation **3.00** Cold Case **4.00** Nothing To Declare **5.00** Monkey Life

ITV3

Freeview 10 - Sky 119

6.00am You're Only Young Twice **6.25** Heartbeat **7.25** Where The Heart Is **8.30** The Royal **9.30** Judge Judy **10.50** Inspector Morse **1.05pm** Heartbeat **2.05** The Royal **3.05** Where The Heart Is **4.15** You're Only Young Twice **4.50** Doctor At Large **5.20** On The Buses. Classic comedy. **5.55** Heartbeat **7.00** Murder, She Wrote **8.00** Doc Martin **9.00** Foyle's War **11.00** Britain's Busiest Airport - Heathrow **Midnight** Inspector Morse **2.00** ITV3 Nightscreen **2.30** Teleshopping

ITV4

Freeview 24 - Sky 120

6.00am The Sweeney **6.50** Hogan's Heroes **7.45** The Professionals **8.50** Ironside **9.55** The Sweeney **10.55** The Chase **11.55** Tommy Cooper **12.30pm** Counting Cars **12.55** Pawn Stars **1.50** Hogan's Heroes **2.55** Ironside **4.00** The Professionals **5.05** The Sweeney **6.05** Counting Cars **7.00** Pawn Stars **8.00** Parking Wars **9.00** Film: GoldenEye (1995) (12) Spy adventure, with Pierce Brosnan. **10.05** FYI Daily **10.10** Film: GoldenEye (1995) (12) **11.40** Bundesliga Football Highlights **12.40am** Anglo-Welsh Cup Highlights **1.40** River Monsters **2.40** Sporting Funnies **2.45** ITV4 Nightscreen **3.00** Teleshopping

SATellite, CABLE AND DIGITAL

ITV2

Freeview 6 - Sky 118

6.00am Beaches (1988) (12) Drama, with Bette Midler. **8.15 Return Of The Seven** (1966) (PG) Western sequel, with Yul Brynner. **10.05 Rocky** (1976) (PG) Boxing drama, starring Sylvester Stallone. **12.10pm Shrek** (2001) (U) Animated comedy. **1.45 Lethal Weapon** (1987) (15) Action thriller, starring Mel Gibson. **3.45 Beaches** (1988) (12) Drama, starring Bette Midler. **5.55 Rocky** (1976) (PG) Boxing drama, starring Sylvester Stallone. **8.00 Shrek** (2001) (U) Animated comedy. **9.35 Lethal Weapon** (1987) (15) Action thriller, with Mel Gibson. **11.30 Alien Nation** (1988) (18) Sci-fi adventure, starring James Caan. **1.10am The Way We Were** (1973) (PG) Romantic drama, starring Robert Redford and Barbra Streisand. **3.20 Tora! Tora! Tora!** (1970) (U) Fact-based Second World War drama.

ITV3

Freeview 10 - Sky 119

6.00am Hollywood's Best Film Directors (2015) (7.25) **8.15 Escape To Victory** (1981) (PG) Second World War adventure. **9.50 The Desperado** (1954) (U) Western. **11.35 Man From Sonora** (1951) (U) Western. **12.45pm Rawhide** (1958) (1.50) **1.00 Rawhide** (1958) (3.00) **2.30pm The Scarlet Claw** (1944) (PG) Mystery. **4.30 Cahill, US Marshal** (1973) (15) Western. **6.30 The Stepford Wives** (1975) (15) Satirical sci-fi thriller. **9.00 National Lampoon's Vacation** (1983) (15) Comedy, with Chevy Chase. **11.00 Until Death** (2007) (15) Action thriller, with Jean-Claude Van Damme. **1.05am Conspiracy Theory With Jesse Ventura** 2.05 **Conspiracy Theory With Jesse Ventura** 3.00 **Hollywood's Best Film Directors** 4.00 **Hollywood's Best Film Directors** 5.00 **Hollywood's Best Film Directors** 5.35 **Hollywood's Best Film Directors**

ITV4

Freeview 24 - Sky 120

6.00am Definitely, Maybe (2008) (12) With Ryan Reynolds. **8.00 Anything For Love** (2016) (PG) With Erika Christensen. **9.35 Cool Hand Luke** (1967) (15) With Paul Newman. **11.50 Girl, Interrupted** (1999) (15) With Winona Ryder. **2.00pm Far From The Maddening Crowd** (2015) (12) With Carey Mulligan. **4.05 Notting Hill** (1999) (15) With Hugh Grant and Julia Roberts. **8.00 The Longest Ride** (2015) (12) With Britt Robertson and Alan Alda. **10.15 Moulin Rouge!** (2001) (12) With Ewan McGregor and Nicole Kidman. **12.30am Kids In Love** (2016) (15) With Will Poulter. **2.05 The Perfect Guy** (2015) (15) Starring Sanaa Lathan. **3.50 How Green Was My Valley** (1941) (U) With Walter Pidgeon.

ITV5

Freeview 10 - Sky 119

6.00am Definitely, Maybe (2008) (12) With Ryan Reynolds. **8.00 Anything For Love** (2016) (PG) With Erika Christensen. **9.35 Cool Hand Luke** (1967) (15) With Paul Newman. **11.50 Girl, Interrupted** (1999) (15) With Winona Ryder. **2.00pm Far From The Maddening Crowd** (2015) (12) With Carey Mulligan. **4.05 Notting Hill** (1999) (15) With Hugh Grant and Julia Roberts. **8.00 The Longest Ride** (2015) (12) With Britt Robertson and Alan Alda. **10.15 Moulin Rouge!** (2001) (12) With Ewan McGregor and Nicole Kidman. **12.30am Kids In Love** (2016) (15) With Will Poulter. **2.05 The Perfect Guy** (2015) (15) Starring Sanaa Lathan. **3.50 How Green Was My Valley** (1941) (U) With Walter Pidgeon.

ITV6

Freeview 10 - Sky 119

6.00am Definitely, Maybe (2008) (12) With Ryan Reynolds. **8.00 Anything For Love** (2016) (PG) With Erika Christensen. **9.35 Cool Hand Luke** (1967) (15) With Paul Newman. **11.50 Girl, Interrupted** (1999) (15) With Winona Ryder. **2.00pm Far From The Maddening Crowd** (2015) (12) With Carey Mulligan. **4.05 Notting Hill** (1999) (15) With Hugh Grant and Julia Roberts. **8.00 The Longest Ride** (2015) (12) With Britt Robertson and Alan Alda. **10.15 Moulin Rouge!** (2001) (12) With Ewan McGregor and Nicole Kidman. **12.30am Kids In Love** (2016) (15) With Will Poulter. **2.05 The Perfect Guy** (2015) (15) Starring Sanaa Lathan. **3.50 How Green Was My Valley** (1941) (U) With Walter Pidgeon.

ITV7

Freeview 10 - Sky 119

6.00am Definitely, Maybe (2008) (12) With Ryan Reynolds. **8.00 Anything For Love** (2016) (PG) With Erika Christensen. **9.35 Cool Hand Luke** (1967) (15) With Paul Newman. **11.50 Girl, Interrupted** (1999) (15) With Winona Ryder. **2.00pm Far From The Maddening Crowd** (2015) (12) With Carey Mulligan. **4.05 Notting Hill** (1999) (15) With Hugh Grant and Julia Roberts. **8.00 The Longest Ride** (2015) (12) With Britt Robertson and Alan Alda. **10.15 Moulin Rouge!** (2001) (12) With Ewan McGregor and Nicole Kidman. **12.30am Kids In Love** (2016) (15) With Will Poulter. **2.05 The Perfect Guy** (2015) (15) Starring Sanaa Lathan. **3.50 How Green Was My Valley** (1941) (U) With Walter Pidgeon.

ITV8

Freeview 10 - Sky 119

6.00am Definitely, Maybe (2008) (12) With Ryan Reynolds. **8.00 Anything For Love** (2016) (PG) With Erika Christensen. **9.35 Cool Hand Luke** (1967) (15) With Paul Newman. **11.50 Girl, Interrupted** (1999) (15) With Winona Ryder. **2.00pm Far From The Maddening Crowd** (2015) (12) With Carey Mulligan. **4.05 Notting Hill** (1999) (15) With Hugh Grant and Julia Roberts. **8.00 The Longest Ride** (2015) (12) With Britt Robertson and Alan Alda. **10.15 Moulin Rouge!** (2001) (12) With Ewan McGregor and Nicole Kidman. **12.30am Kids In Love** (2016) (15) With Will Poulter. **2.05 The Perfect Guy** (2015) (15) Starring Sanaa Lathan. **3.50 How Green Was My Valley** (1941) (U) With Walter Pidgeon.

ITV9

Freeview 10 - Sky 119

6.00am Definitely, Maybe (2008) (12) With Ryan Reynolds. **8.00 Anything For Love** (2016) (PG) With Erika Christensen. **9.35 Cool Hand Luke** (1967) (15) With Paul Newman. **11.50 Girl, Interrupted** (1999) (15) With Winona Ryder. **2.00pm Far From The Maddening Crowd** (2015) (12) With Carey Mulligan. **4.05 Notting Hill** (1999) (15) With Hugh Grant and Julia Roberts. **8.00 The Longest Ride** (2015) (12) With Britt Robertson and Alan Alda. **10.15 Moulin Rouge!** (2001) (12) With Ewan McGregor and Nicole Kidman. **12.30am Kids In Love** (2016) (15) With Will Poulter. **2.05 The Perfect Guy** (2015) (15) Starring Sanaa Lathan. **3.50 How Green Was My Valley** (1941) (U) With Walter Pidgeon.

ITV10

Freeview 10 - Sky 119

6.00am Definitely, Maybe (2008) (12) With Ryan Reynolds. **8.00 Anything For Love** (2016) (PG) With Erika Christensen. **9.35 Cool Hand Luke** (1967) (15) With Paul Newman. **11.50 Girl, Interrupted** (1999) (15) With Winona Ryder. **2.00pm Far From The Maddening Crowd** (2015) (12) With Carey Mulligan. **4.05 Notting Hill** (1999) (15) With Hugh Grant and Julia Roberts. **8.00 The Longest Ride** (2015) (12) With Britt Robertson and Alan Alda. **10.15 Moulin Rouge!** (2001) (12) With Ewan McGregor and Nicole Kidman. **12.30am Kids In Love** (2016) (15) With Will Poulter. **2.05 The Perfect Guy** (2015) (15) Starring Sanaa Lathan. **3.50 How Green Was My Valley** (1941) (U) With Walter Pidgeon.

ITV11

Freeview 10 - Sky 119

6.00am Definitely, Maybe (2008) (12) With Ryan Reynolds. **8.00 Anything For Love** (2016) (PG) With Erika Christensen. **9.35 Cool Hand Luke** (1967) (15) With Paul Newman. **11.50 Girl, Interrupted** (1999) (15) With Winona Ryder. **2.00pm Far From The Maddening Crowd** (2015) (12) With Carey Mulligan. **4.05 Notting Hill** (1999) (15) With Hugh Grant and Julia Roberts. **8.00 The Longest Ride** (20

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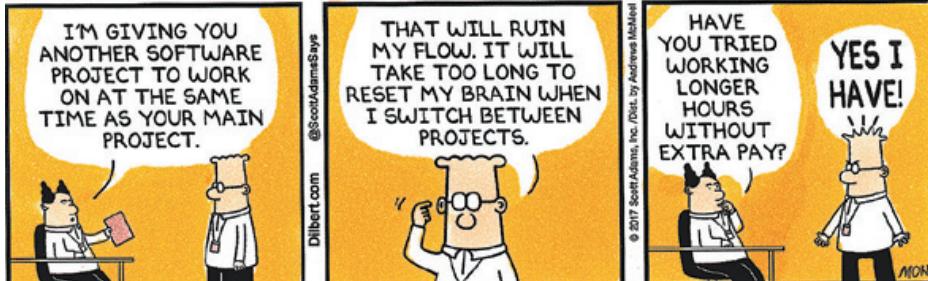
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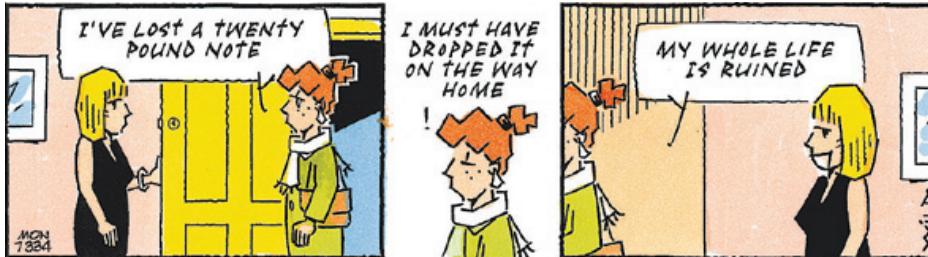
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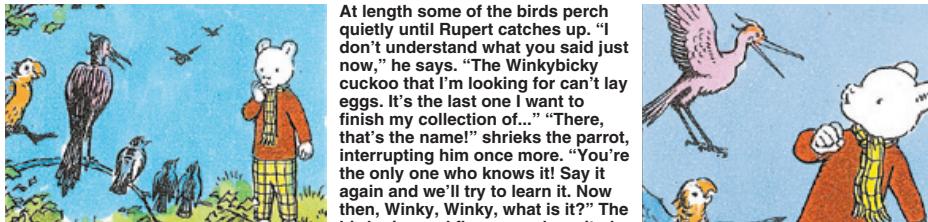
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FAITH, HOPE AND SUE



Lisa Wild

RUPERT AND THE WINKYBICKIES No 28



"A Winkybicky cuckoo, though," Frowns Rupert, "can't lay eggs, you know."

© Express Newspapers 2017

At length some of the birds perch quietly until Rupert catches up. "I don't understand what you said just now," he says. "The Winkybicky cuckoo that I'm looking for can't lay eggs. It's the last one I want to finish my collection of..." "There, that's the name!" shrieks the parrot, interrupting him once more. "You're the only one who knows it! Say it again and we'll try to learn it. Now then, Winky, Winky, what is it?" The birds rise and flap around, excited as ever.

"That's it, that's it! The very same. A Winky, Winky, what's its name?"

What's the recipe for a great book?

Basil marinated cod

Fresh fish is a treat at any time of the week. This recipe couldn't be easier and when served with oven cooked potato wedges and sprouts cooked with bacon is a tasty, and healthy meal. Serves 4.

INGREDIENTS

3 - 4 tablespoons olive oil

1 garlic clove, minced

2 tablespoons fresh basil, chopped

1/4 teaspoons chilli pepper flakes

Salt and pepper

1lb of fresh cod, cut into 4 pieces

METHOD

- 1) Mix the oil, garlic, basil, chilli pepper flakes, salt and pepper in a small bowl.
- 2) Place the cod in a sandwich bag big enough to hold all the cod, with some space left over. Alternatively use a lidded container.
- 3) Add the oil and herb marinade, stir or move around all the ingredients so the fish is covered completely and then refrigerate for at least 30 minutes.
- 4) When ready to cook, heat up a frying pan. You shouldn't need any extra oil because there is plenty in the marinade but if the cod starts to stick, add another tablespoon to the hot pan.
- 5) Cook the cod for about 3 minutes per side and until it is firm to the touch.
- 6) Serve immediately.



For a sizzler of a story...
Dear Beneficiary
By Janet Kelly
Available from amazon.co.uk
★★★★★ "A modern day Shirley Valentine..."

ALAN'S TIP OF THE DAY: Tidy visible borders by the front door and alongside the path and prepare any vacant patio containers by filling them with fresh multipurpose compost. As soon as the weather turns mild, put in groups of pot-grown polyanthus and early spring bulbs.



Lori Reid



Our top astrologer

Celebrating on this day: singer Dame Vera Lynn, 100, and actor David Thewlis, 54

Aries Mar 21 - Apr 20

Rejoice! The sun kicks off a whole new cycle that will take you through the next 12 months. It's time to think about your work and career and to start planning where you go from here. Make a start this afternoon. Call me to hear why it's time to get physical.

0905 789 3701*

Taurus Apr 21 - May 21

It's the spring equinox, so not only is today all about equilibrium but a reminder you, too, need to strike a balance between work and rest. Although you're raring to go, you must also gather your thoughts. Call me to hear why it's time to get creative.

0905 789 3702*

Gemini May 22 - June 21

Finding the right mix is the name of the game as today marks the official start of spring. Find a happy medium between work and play, social and private affairs, activity and rest over the next few weeks. Call me to hear why it's time to focus on the home.

0905 789 3703*

To hear Lori's weekly and monthly horoscopes, call **0907 181 2948**
Calls cost 80p per min plus your telephone company's network access charge. Max call duration: 8mins.

LORI'S PSYCHICS

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Cancer June 22 - July 23

Work, career matters and status are all highlighted and will be at the forefront of your thoughts over the next few weeks. It's time to go centre stage. Ambition sharpens and you're making your mark. Call me to hear why it's time to expand your knowledge.

0905 789 3704*

Leo July 24 - Aug 23

Roll up your sleeves - you're in demand! Your ambitions are sharpening and you're getting ready for action. It may be a trudge through the morning but the afternoon brings success. Call me to hear why it's time to sort out money.

0905 789 3705*

Virgo Aug 24 - Sep 23

Deal with property and home affairs first thing. After that, tidying and recycling or else quiet research keep you occupied until mid afternoon. By evening you should feel physically and psychologically free. Call me to hear why it's time to focus on you.

0905 789 3706*

*Calls to Starlines cost 80p per minute plus your telephone company's network access charge. Max 8 minutes. Entertainment only. SP: Spoke, 0333 202 3390.

Capricorn Dec 22 - Jan 20

Don't be thrown off course by this morning's sluggish start. By late afternoon you'll come into your own: driven and on the ball. Home, family, land? A new chapter begins with brighter prospects. Call me to hear why it's time to expand your horizons.

0905 789 3710*

Aquarius Jan 21 - Feb 19

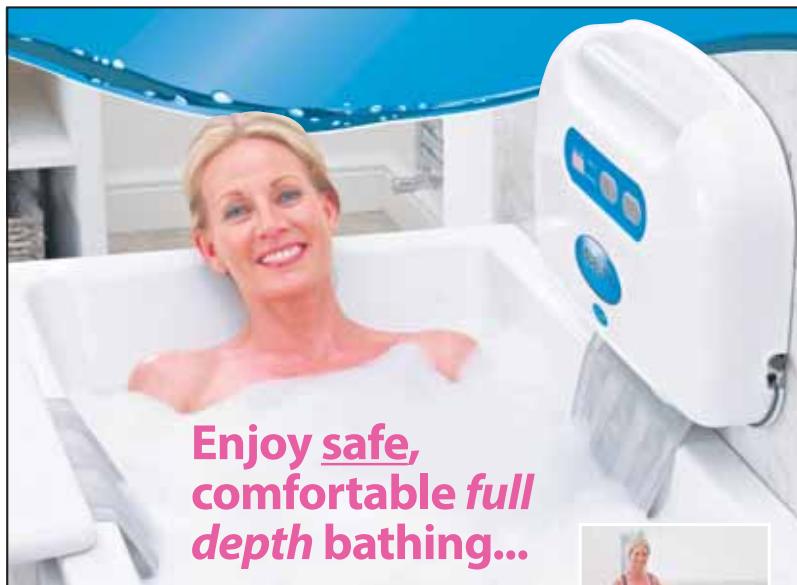
Make those important contacts first thing. By coffee time people will be unhelpful or won't be available. Expect a flurry of communications and your calls returned late afternoon. At home, it's all go! Call me to hear why it's time to sort out joint affairs.

0905 789 3711*

Pisces Feb 20 - Mar 20

Dealing with people in charge hasn't always been easy and this morning's contact is par for the course. Hold off making financial decisions until late afternoon. Friendly meetings lift your spirits. Call me to hear why it's time to focus on partnerships.

0905 789 3712*



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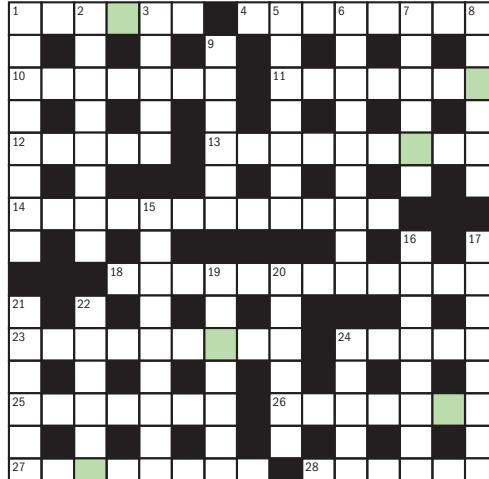
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CRUSADER PRIZE CROSSWORD

WIN £100 CASH



ACROSS

- 1 Late lady nowadays missing mortal (6)
- 4 Rod caught sham out at the back (8)
- 10 Worldly clues about a river (7)
- 11 Hybrid, if such a flower (7)
- 12 Left to one side of sill (5)
- 13 Eric got me working using shapes (9)
- 14 Do not steal an advertisement to ignore (4,2,6)
- 18 Form of cricket reportedly in normal vision (6-6)
- 23 In favour of proposal for publicity (9)
- 24 Tapas turned out to be Italian food (5)
- 25 Piece doesn't fit around space, having neither gender (7)
- 26 Contestant to rent out a book (7)
- 27 Number of rowers get three points (8)
- 28 Scandinavian cord in use (6)

DOWN

- 1 Miserable to lose out in appointment (8)
- 2 Peer and hear duck running (8)
- 3 I will take the French around city (5)
- 5 A loud beginning is wrong (7)
- 6 Scared away bully, but he's beyond criticism (6,3)
- 7 A second, certain guarantee (6)
- 8 Canter off in a daze (6)
- 9 Persist as a mythological creature (6)
- 15 Amphibian takes fellow to minerals in woodland (3,6)
- 16 Also following stink about desk set (8)
- 17 Detectives return about nasty sort of family (8)
- 19 Inexperience in a vet wasted energy (7)
- 20 Rodney ran over there (6)
- 21 A component each (6)
- 22 Managing to find the top of a wall (6)
- 24 Father to go around one paved area (5)

FOR YOUR CHANCE TO WIN £100 CASH read down the letters in the highlighted squares to reveal the mystery word.

TO ENTER: Call **0904 161 1603** and leave your answer and details, or text **DXMON** followed by a space, your answer, name and address details to **84010**. Calls cost £1.50 plus your telephone company's network access charge. Texts cost £1.50 plus your standard network rate. Lines close at midnight tonight. Or send your grid containing the answer in the shaded squares by posting it to: Crusader Crossword, March 20, PO Box 12578, Sutton Coldfield B73 9BT. Entries must be postmarked by March 21 at the latest. SP: Spoke - 0333 202 3390. For any postal enquiries, call helpline number. • The winner will be the first random correct entry drawn from all entry routes after the closing date of March 27.

NEED HELP? Call **0904 161 1603** for 5 extra clues! Calls cost £1.50 plus your telephone company's network access charge.

NAME
ADDRESS
POSTCODE

LAST THURSDAY'S SOLUTION

ACROSS: 1 Dramaturg, 6 Jamb, 10 Abash, 11 Reshipped, 12 Bangles, 13 Railing, 14 Ankle bracelet, 17 Cottage cheese, 21 Expansive, 22 Servant, 24 Pheromone, 25 Zaire, 26 Rote, 27 Detention. **DOWN:** 1 Deadbeat, 2 Again, 3 Achilles tendon, 4 Upriser, 5 Gastric, 7 Appointee, 8 Bodega, 9 Visible horizon, 15 Kick pleat, 16 Bestrewn, 18 Adenoid, 19 Easiest, 20 Temper, 23 Alibi. **Prizeword:** Gristle

THE DAILY EXPRESS 30-SECOND CHALLENGE

TODAY'S ANSWERS: BEGINNER = 8; INTERMEDIATE = 99; ADVANCED = 354.

CROSSDOUBT

Can you make two common five-letter words from the nine letters given, using each letter only once? You can - but only if one letter features in both words in the squares on the right. There's at least one way to do it, and you have to have the right letter at the crossover - but which one is it?

See if you can find the answer within our target time. If you need help, ring our clue-line below to find out the crossover letter. **Solution tomorrow.**

Target times: Average: 16 mins Good: 12 mins Excellent: 8 mins **STUCK? CALL FOR A CLUE** **0901 322 5601** **0901 322 5607** Both today's words in a moment

*Calls cost 85p plus your telephone company's network access charge.

MENSA TEASER

mensateaser: WIN a fine Greek food hamper with Odyssea

Stocked in Sainsbury's, Waitrose and Ocado, specialist Greek producer Odyssea is here to help you welcome in the spring with its sumptuous, authentic range of Greek food.

Take the online Mensa workout at www.mensa.org.uk or apply for a supervised IQ test in your area, email bookales@mensa.org.uk or telephone 01902 772771. Mensa does not accept hyphenated words, and uses the Oxford Dictionary of English (Second Edition Revised) as its official reference.

Assume you are using a basic calculator and press the numbers in the order shown, do not change the order of the numbers. Plus, minus, multiply and divide can each be used once only. What are the highest and lowest numbers you can possibly score?

8 ? 2 ? 9 ? 7 ? 3 =

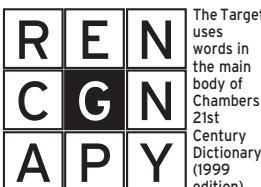


Answer for Teaser 13/03/17: 75 and 80. On each row, multiply box 1 by its last digit to get box 2, in box 2 add the last digit to get box 3.

For your chance to win, call: **0907 181 2718***

*Calls cost 80p per minute plus your telephone company's network access charge and last 2.5 minutes. Lines close at midnight on Sunday, March 26. For full T&Cs see www.express.co.uk/campaigns/terms/7. SP: Spoke - 0333 202 3390.

TARGET



HOW many words of four letters or more can you make from the letters shown here? In making a word, each letter may be used once only. Each must contain the centre letter and there must be at least one nine-letter word. No plurals or verb forms ending in "s".

TODAY'S TARGET
Good 16; very good 24; excellent 31 (or more). **Solution tomorrow.**

SATURDAY'S SOLUTION
ain fail faun final finaly flan inlay lain lupin naif nail null nullify pain painful **PAINFULLY** panful piny plain plainly plan puny una unify unlay yuan

Call **0907 181 2585** for today's Target solution

*Calls cost 80p per minute plus your telephone company's network access charge.

THE ALPHABEATER TARGET TIME: 30 minutes

A	21	8	1	15	28	9	22	27	6	25	29	1	33
B	6	15	34	32	6	1	37	29	7	31	36	30	10
C	26	12	32	27	5	8	36	18	26	33	19	6	17
D	7	5	22	32	30	25	2	16	31	35	32	13	1
E	1	9	37	23	9	19	12	18	36	29	22	9	38
F	13	40	16	37	39	4	32	36	3	23	37	25	33
G	39	37	16	15	10	12	11	17	37	8	36	6	2
H	0	38	29	5	19	26	6	30	31	30	37	24	12
I	40	33	13	8	13	23	17	33	8	18	32	15	13
J	34	32	39	4	31	1	34	8	2	31	1	5	20
K	12	14	17	27	1	17	5	9	32	25	31	40	34
L	11	37	5	13	30	38	20	16	6	13	39	33	37
M	15	13	38	15	1	23	3	27	30	40	37	19	24

Extra letter clues

0907 181 2560

(Deduct three minutes for each extra clue letter)

Z

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40
D																			C
H																			

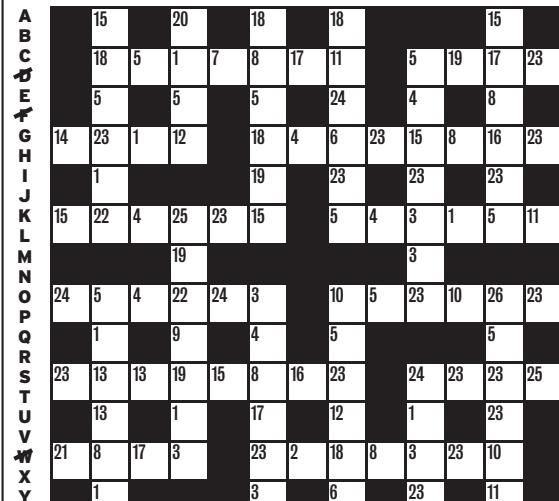
*Alternatively, for six Extra Letter clues to your mobile, text **DXBEAT** to **88010**. Texts cost £1 plus your usual operator rate

ALPHAPUZZLE®

Alphapuzzle® tests your logic and word power. Each grid number represents a letter. Every letter of the alphabet is used. Use the given letter or letters - below the main grid - to start. **Solution tomorrow.**

DIFFICULTY: 6/10; **TARGET:** 20 mins; **CLUE:** Steal a glimpse of a summit, it's said.

FRIDAY'S SOLUTION: **Across:** Quelled, First, Egret, Predict, Identity, Able, Divide, Frowzy, Sore, Cannabis, Origami, Minim (clue), Hitch, Fetlock. **Down:** Quered, Slos, Eerie, Verdict, Latitude, Hash, Deputy, Tariff, Flex, Transmit, Rainbow, Banjo, Tatty, Yashmak.



EXTRA LETTER CLUES: **0907 181 2568** (hear up to six Extra Letters, deduct two minutes for each clue letter heard) Alternatively, for six extra letter clues direct to your mobile, text **DXALPHA** to **88010**. Texts cost £1 plus normal network operator rate. **FULL SOLUTION:** **0907 181 2565**; **ACROSS ONLY:** **0907 181 2561**; **DOWN ONLY:** **0907 181 2562**. *Calls cost 80p per minute plus your telephone company's network access charge.

The Daily Express Alphapuzzles 3 (published by Express Newspapers 2007) is available at £6.99. To order, call The Express Bookshop on **01872 562310**, send a cheque/PO payable to 'Express Bookshop', to: Express Bookshop, PO Box 200, Falmouth, TR11 4WJ, or order online at www.expressbookshop.com. UK delivery is free. Alphapuzzle® © 2017 Acorn Editorial Ltd. All words appear in Chambers Dictionary.



SMALL CROSSWORD

1	2	3	4	5	6
7					8
9				10	
				11	
				12	
13					
14					15
16		17		18	
					19
20					

*The Express Bookshop stocks a wide selection of puzzle books across all crossword puzzle genres. To obtain our up to date list please visit www.expressbookshop.com, call **01872 562310** or write to Express Bookshop, PO Box 200, Falmouth TR11 4WJ. Please enclose an SAE for return.

FRIDAY'S SOLUTION

ACROSS: 1 Ceaseless, 7 Axe, 8 Denim, 10 Tea, 11 at risk, 13 Piecemeal, 14 Savant, 16 Lea, 18 Twice, 19 Loan, 20 Saltpetre.

DOWN: 1 Catapults, 2 Exotic, 3 Somic, 4 Leg, 5 Entreat, 6 In all one's time, 8 Disease, 9 Prevail, 12 Hangar, 15 Yule, 17 Act.

For today's solution call: **0907 181 2582**

*Calls cost 80p per minute plus your telephone company's network access charge.

SUDOKU

Target: 16 mins

Fill the grid so that every column, row, and 3x3 square includes all of the digits from one to nine.

5			3			8			
6	2					5		7	
9	7	1	5	3		3			
9	1	3	6						
7	3			8			1		
5	8	9	4						
2	5	8	7			4			
5	4			3		8			
8		4				2			

Extra clues: **0901 322 5609**

*Calls cost 80p per minute plus your telephone company's network access charge.



YESTERDAY'S SOLUTION

Today's solution: **0907 181 2573**

*Calls cost 80p per minute plus your telephone company's network access charge.

**WIN
£1,000**

BIG MONDAY CROSSWORD



NAME

ADDRESS

POSTCODE

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read down the letters in the highlighted
squares to reveal the mystery word.

**TO ENTER CALL:
0904 161 1601**

and leave your answer and details, or text
BIGWORD followed by a space, your
answer, name and address to **84010** or just
complete the crossword correctly and send it
to: **Daily Express, Prize Crossword (No
677), PO Box 12578, Sutton Coldfield B73
9BT** Competition closes Friday, March 24 at
11:59pm. Winner picked at random from all
entry routes after close date. **NEED HELP?**
Call **0904 161 1602** for five extra clues! *Calls
are £1.50 plus your telephone company's network
access charge. Texts cost £1.50 plus your
standard network rate. *SP: Spoke, 0333 202
3390. For any postal enquires, call this helpline.

SOLUTION & WINNER

For
Monday,
March 6

**£1,000
WINNER:**

Mrs C Haswell,
Cottenham,
Cambs.



ACROSS

- Traditional name for Psalm 130; Latin, 'from the depths' (2,9)
- BBC One crime drama starring Idris Elba and Ruth Wilson (6)
- Manuel ___, Panamanian statesman and general; head of state 1983-9 (7)
- Small town house or flat kept for occasional use; French, 'foot to earth' (4-1-5)
- Metrical foot consisting of two short or unstressed syllables followed by one long or stressed one (8)
- Capital and largest city of Bolivia, in the west near the border with Peru (2,3)
- 2010 action thriller film starring Angelina Jolie and Liev Schreiber (4)
- Lover of Lysander in Shakespeare's A Midsummer Night's Dream (1595-6) (6)
- James ___, pen name of English author whose works include All Creatures Great and Small (1972) (7)
- Star of the 2017 film The Great Wall, directed by Zhang Yimou (4,5)
- Mexican dish consisting of a tortilla rolled around a savoury filling and fried, usually served with a chilli sauce (9)
- St. ___, mendicant Spanish priest who founded the Black Friars in 1216 (7)
- 'An ___ crying for the light' Alfred, Lord Tennyson, In Memoriam A. H. H. (1850) (6)
- Second-longest river in Spain, (25)

flowing south-east from Cantabria to the Mediterranean (4)

- Pet dog of Barack and Michelle Obama, along with Bo (5)
- Village of northern Cornwall traditionally considered the birthplace of King Arthur (8)
- Radioactive metallic element of the transition series produced by deuteron bombardment of molybdenum (10)
- Process by which a solvent passes through a semi-permeable membrane to form a more concentrated solution (7)
- Fine loosely twisted worsted yarn used for tapestry and embroidery (6)
- Aria from the final act of the Giacomo Puccini opera Turandot (1926); Italian, 'none shall sleep' (6,5)
- Singer-songwriter and actress (1948-2012) known as the 'Queen of Disco' (5,6)
- Minute opening in skin through which perspiration passes (4)
- Villainous 'receiver of stolen goods' in Charles Dickens' Oliver Twist (1838) (5)
- Mildly spiced Indian dish whose name means 'two onions' in Hindi (7)
- British dance-pop group (1997-2001) who reformed for the second time in January 2017 (5)
- First wife of Jacob and elder sister of Rachel, his second wife (4)
- 1791 Mozart opera with a

German libretto by Emanuel Schikaneder (3,5,5)

Amelia ___, aviator who became the first woman to fly solo across the Atlantic in 1932 (7)

1998 comedy drama film starring Jim Carrey and Laura Linney (3,6,4)

Major Hindu deity usually depicted with black or blue skin; an avatar of Vishnu (7)

Berkshire town at the confluence of the rivers Kennet and Thames (7)

1996 hit by Canadian singer Alanis Morissette, from the album Jagged Little Pill (6)

Island province of southern China south of the Leizhou Peninsula; capital, Haikou (6)

Part of the Arctic Ocean lying north of Alaska and northwest of Canada (8,3)

Conciliatory present or bribe; from French, literally 'sweetness' (7)

Narrow strip of land with sea on either side connecting two larger areas (7)

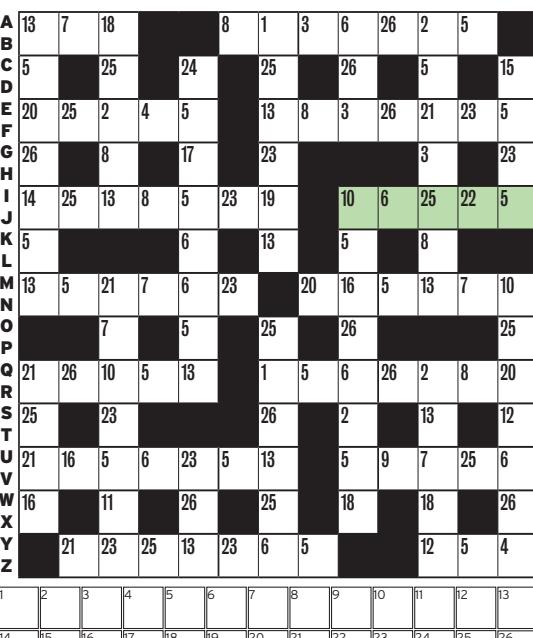
Projecting part of the occipital bone at the base of the skull (5)

Industrial city in the Ruhr valley of NW Germany, in North Rhine-Westphalia (5)

Main structural element of a ship, extending along the bottom from stem to stern (4)

Title used for Russian emperors before 1917, derived from the Latin Caesar (4)

STOP THE CLOCK THE GREAT ALPHAPUZZLE™ TIME CHALLENGE



WIN £100



TACKLE the Alphapuzzle™ Challenge - and be in with a chance of a £100 cash prize.
FIRST, call the number below and make a note of today's CLUE LETTERS and your personal PIN NUMBER to set your personal stop-watch running. Then, use the clue letters to work out the seven-letter word in the shaded squares. When you crack the mystery word, call again, enter your Pin Number and STOP THE CLOCK. Winner selected at random from all correct entrants who beat the 25-minute Target Time. Each grid number represents a different letter. All 26 letters of the alphabet are used.

0907 181 2908

YOUR PIN No. - - - - -

*Calls cost 80p per minute from BT landlines plus network extras. Other networks and mobiles may vary. Lines close 23:59 every Sunday.

LAST WEEK'S SOLUTION Across: Banal, Retreat, Truck, Diagram, Era, Loin, WISPY, Throb, Bijou, Query, Maze, Tag, Staunca, Raise, Pilgrim, Panel. Down: Gossip, Nourish, Quail, Like, Governor, Dawn, Myth, Transfix, Grip, Early, Ovation, Temple, Reveal.

Solution next Monday, £100 Winner (March 6): A Guthrie, Johnstone, Renf.

EXPRESS



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City & Business

Business jargon 'puts youngsters off applying for jobs'

YOUNGSTERS are being put off applying for jobs because of impenetrable business jargon such as "fulfilment service" and "SLAs", a study has found.

Research among 16 to 24-year-olds showed that many were left unsure about the suitability of a job if they could not understand what was in an advert. Two out of three of

those questioned said they did not understand the role they would be applying for because of confusing job descriptions.

Some of the most confusing terms in adverts included SLAs (service level agreement), KPIs (key performance indicator) and procurement.

Many organisations "talked up"

roles, making them needlessly complicated or creating unrealistic expectations, said the report by Business in the Community and City & Guilds.

Grace Mehanna, of Business in the Community, said: "Understanding jargon is not a measure of a young person's potential or an indication that they are a better

candidate. We're concerned that the prevalence of business-speak in job adverts aimed at first jobbers is a major barrier that could inadvertently screen out young people without access to working role models and networks."

A total of 80 young people rated the job descriptions of 65 companies for the report.

House prices nearly at a record high

THE price of a property coming to market is close to a new all-time high, a website has reported.

Across England and Wales, the average asking price in March was £310,108, marking a 1.3 per cent or £3,877 month-on-month increase, Rightmove said. The figure stands only £363 below a record high of £310,471, recorded in June last year.

Price growth is now being driven by the Midlands, with the pace no longer being set by the more affluent London commuter belt, says Rightmove.

Midlands-based estate agents are reporting record sales and in-demand properties going to sealed bids.

Rightmove said the latest price increase is an indication of the "continuing resilience of the market" with strong demand from buyers – if properties are correctly priced – and a shortage of suitable homes for sale in many parts of the country.

The monthly price upswing is in line with the increase seen in March last year, although at that time, demand was being boosted by buy-to-let investors rushing to beat a stamp duty hike that was imposed on the sector on April 1.

But on a year-on-year basis, asking prices are now rising at a more modest rate. A year ago, prices were rising by



Midlands rise – Shipside

By Vicky Shaw

7.6 per cent annually, but now the annual increase is 2.3 per cent.

Looking across the country, the East Midlands has seen asking prices jump by 5.7 per cent annually – higher than any other region. The increase has taken the average price tag there to a new record high for the East Midlands of £200,620. The West Midlands has the second-highest annual asking price growth, with a 4.2 per cent increase taking the average asking price there to £212,798.

Two areas have seen asking prices dip compared with a year ago. In Wales, the average asking price is £173,073, a 0.6 per cent fall year-on-year.

In the north-east of England, asking prices are 1.1 per cent lower than last year, now at £146,790 on average. Among the regions which saw annual increases in asking

prices, London saw the smallest growth, with prices up by 0.9 per cent year-on-year to reach £649,772 on average.

Miles Shipside, director of Rightmove, said: "As markets in other areas of the country become more mature and run out of price rise steam and froth, the fundamentals of the Midlands have come to the fore."

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But on a year-on-year basis, asking

prices are now rising at a more modest rate. A year ago, prices were rising by

HOPES OF BREXIT BOOST FOR NORTHERN IRELAND



Picture: PA Images

POPULAR: Belfast's Titanic museum has boosted tourism in the city

TAX ON tourism and flights in Northern Ireland could be slashed once the UK leaves the EU, an influential committee of MPs has said.

The hospitality industry pays VAT at a rate more than twice that of competitors in the Republic of Ireland.

EU law prevents member states from setting different levels of the charge for separate regions.

That power will be repatriated to the UK after Brexit.

Northern Ireland Affairs Committee chairman Laurence Robertson said: "Levels of VAT and Air Passenger Duty are making businesses less competitive than their equivalents in the Republic of

Ireland. We are calling on the UK Government to examine options for reducing these tax burdens on tourism and creating the right environment for the sector to flourish."

Tourism-related businesses in Northern Ireland pay 20 per cent VAT, compared with 9 per cent by their counterparts in the Republic. Northern Ireland is the only part of the UK sharing a land border with another state.

Last year, 2.5 million visitors fuelled an industry worth £0.8 billion and directly employing 43,000 people. New attractions such as the Titanic Belfast visitor centre and Game Of Thrones tours helped establish tourism as a pillar of the economy.

Co-op extends free child funeral service

THE Co-op is extending its free child funeral service to cover 16- and 17-year-olds in a move estimated to benefit thousands of families.

The company has not charged for its funeral director services for under 16-year-olds, but said this will now be offered to families of older children. Richard Lancaster,

chief executive of Co-op Funeralcare, said: "Dealing with the death of a child is a devastating experience for any parent, and having to comprehend this as well as sorting out the funeral and associated costs makes this experience even more traumatic.

"We're focused on assisting the bereaved more broadly, and this

extends to providing families with practical as well as emotional support following the unthinkable experience of losing a child.

"We hope that others will now improve and extend their own policies on child funeral costs, meaning that funding support across the UK goes much further to assist bereaved parents."

++THE SHARE HUNTER++GEORGE SALMON++HARGREAVES LANSDOWN++



GEORGE SALMON
EQUITY ANALYST
HARGREAVES LANSDOWN
www.hl.co.uk

THE UK's second biggest supermarket chain, Sainsbury's, released a trading statement covering the nine weeks to March 11, last Thursday.

With Mother's Day and Easter both absent from Q4 this year, like-for-like sales in Sainsbury's Retail division dropped 0.5 per cent, with the fall most apparent in General Merchandise.

However, including another positive contribution from Argos, which delivered like-for-like sales growth of 4.3 per cent, the group managed to grow total like-for-like sales 0.3 per cent.

Argos has been part of the group since September's £1.4 billion acquisition of Home Retail. Back then, sales growth in the catalogue retailer was negligible,

Sainsbury's could see Argos gamble pay off

which makes the recent results all the more impressive. There are already 41 Argos stores in Sainsbury's supermarkets, and the group plans to open more in its bigger superstores in the future. As Sainsbury's supermarkets swallow up nearby Argos stores, the store-within-a-store model should help reduce annual costs by £75million per annum. The combined group is targeting overall savings of £500million a year by 2017/18.

The integration has other benefits, too. With over £4billion of annual sales, Argos offers Sainsbury's the chance to increase

its exposure to the non-food market. Its delivery network could boost the group's online offering, and it could also drive footfall to the group's superstores.

Yet recent events mean its supermarkets are in need of a boost. While online and convenience offerings have proved popular, its larger stores have struggled.

Market share is being lost, particularly to Aldi and Lidl. Sainsbury's has seen operating margins drop over the past few years. It trimmed the dividend in 2015 and 2016. Another cut in full year results in a few weeks' would be no surprise. But the

Argos deal is no magic bullet. It has struggled to compete with rivals such as Amazon. Sterling's weakness, raising the cost of imports, brings another headwind.

Sainsbury's CEO Mike Coupe clearly understands the challenges presented by the deal. So far, it seems to be going well, but investors will want to see tangible improvements in the core business.

This article is designed for investors who make their own decisions without advice, if unsure whether an investment is right for you, you should seek advice. Shares can rise and fall in value so you could get back less than you invest.

What the Sunday papers say

SUNDAY EXPRESS

CONSUMERS face a spending squeeze, as inflation is this week set to hit its highest level since November 2013 and continue soaring to 3 per cent, economists warn.

ADVENTURE holidays group Intrepid Travel says bookings for US trips from its British and Australian customers have dropped 30 per cent since Donald Trump became president in January. AMAZON is to offer help to 400 small to medium sized enterprises (SMEs) later this month to boost their export sales, get online and increase their efficiency.

SUNDAY TIMES

ALMOST 10 million energy customers will see their bills increase over the next six weeks if they do not switch tariffs, as a round of inflation-beating price rises take effect.

POLICY changes due to start hitting bereaved families in less than three weeks will land them with a £600million-a-year "stealth death tax".

SUNDAY TELEGRAPH

REGULATORS at the Bank of England are growing increasingly concerned about the future of Co-operative Bank as the beleaguered lender struggles to find a rescue buyer.

HUNGRY buyout barons are eyeing Unilever's Flora, Bertolli and Stork brands as the consumer goods giant prepares a £6billion sale of its margarine division.

OBSEVER

BOB Diamond, the former chief executive of Barclays, who was once branded the "unacceptable face of banking", is back after agreeing to buy one of London's oldest stockbroking firms.

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PUBLIC NOTICES

BALLARD MANAGEMENT LIMITED
(Company Number 0902339)
Registered Office: Abacus House, 14-18
Forest Road, Loughton, Essex, IG10 1DX
Principal Trading Address: 22 Broadstreet,
Loughton, Essex, IG10 2AB
Nature of Business: Management
consultancy services
NOTICE IS HEREBY GIVEN that the
Creditors of the above named company are
requested to prove their debts or claims and particulars
of their names and addresses and particulars
of their debts or claims and the names
and addresses of their solicitors (if any)
to Richard Jones, Thornton Jones Limited,
311 High Road, Loughton, Essex, IG10 1AH,
the Liquidator of the company and, if
so required by notice in writing from the
Liquidator, by their solicitors or personally,
to come in and prove their debts or claims
at such time and place as shall be specified
in any notice of meeting or adjournment
they will be excluded from the benefit of any
distribution made before such debts are proved.
NOTE: This notice is purely formal. All
known creditors have been or will be paid
in full.
Office Holder Details: Richard Jeffrey Jones
(IP number 8807) of Thornton Jones
Limited, 311 High Road, Loughton, Essex
IG10 1AH, Date of Appointment: 1st March
2017. Further notice of when and where the case
is available from Michelle Sheffield at the
offices of Thornton Jones Limited at the
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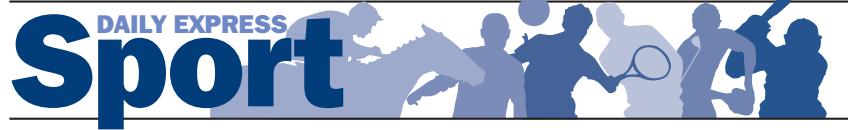
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TAUNTON ATR

THE SCOUT

2.20	Bags Groove	3.50	HINT OF MINT
2.50	High Secret	4.20	Moorlands Jack
3.20	Lou Vert	4.50	Midnight Cowboy

SCOTTISH EXPRESS: 2.20 BAGS GROOVE (nap)

2.20 'NATIONAL HUNT' NOVICES' HURDLE £3,899 (Class 4) 2m 104yds (6 declared)

1 215 ● BAGS GROOVE (39) (CSD) H Fry 6 11... N Feihly
2 316 ● BAGS GROOVE (39) (CSD) H Fry 6 11... N Feihly
3 L-P KEEP YOUR HEADUP (16) Mrs N Feihly 6 11... S Twiston-Davies
4 718 ● BAGS GROOVE (39) (CSD) H Fry 6 11... N Feihly
5 482 ● BAGS GROOVE (39) C Tizzard 6 11... Mr M Legg(5)
6 P-82 THE MIGHTY ASH (62) Mrs F M Shaw 7 11... I Popham

TONGUE STRAP: No.

W-Factor: Bags Groove (99); The Mighty Ash (97); Moineaux (95).

SP FORECAST: 4-5 Bags Groove, 5-2 Capeland, 5 Moineaux, 10 The Mighty Ash, 50 Marble Mist, 66 Keepyourheadup.

2.50 BATHWICK TYRES BRIDGWATER NOVICES' HDL £3,899 (4) 2m 104yds (10)

1 13 ● HIGH SECRET (43) (CSD) P Nicholls 6 11... S Twiston-Davies

2 135 RESOLUTION BAY (68) P Hobbs 5 11... R Johnson

3 132 BOAGRIUS (16) W Greatrex 5 11... H Bannister(3)

4 PPF MERCHANT IN MILAN (11) Mrs N Helmes 5 11... Paul O'Brien(5)

5 L/F TREASURE THE RIDGE (18) M Hill 6 11... J McGrath

6 EMMESHING (58) Dunn 4 10... A Wedge

7 OPP FLEUR DU WELD (60) Miss G Haywood 9 10... Alice Mills(5)

8 642 SMAINEAHM ALAINN (84) R Walford 5 10... James Best

9 P STATUS QUO (50) H Fry 4 10... K Edgarr(3)

10 THAHAB IFRAJ (61) Dunn 4 10... B J Powell

TONGUE STRAP: Nos. 4, 5, 7 CHEEK PIECES; No. 5 HOOD: No. 8.

W-Factor: High Secret (99); Boagrius (93).

SP FORECAST: 15-8 High Secret, 5-2 Boagrius, 3 Resolution Bay, 10 Smaineahm Alainn, 12 Status Quo, 14 Emmeshing, 25 Thahab Ifraj, 50 Treasure The Ridge, 66 Others.

3.20 BATHWICK TYRES HANICAP CHASE £6,963 (3) 2m 40yds (8)

1 911 A LITTLE MAGIC (67) Mrs N Feihly 6 12... A Coleman

2 233 HELIUM (10) Dunn 5 12... A Wedge

3 649 JABOLITSKI (78) P Hobbs 5 11... R Johnson

4 302 ● LOU VERT (26) P Nicholls 5 11... S Twiston-Davies

5 2-UP BISE D'ESTRUAL (26) N Twiston-Davies 6 11... B J Barkey(3)

6 611 MR MEDIC (132) R Walford 6 11... James Best

7 4-L BACK BY MIDNIGHT (22) Miss E Baker 8 11... J Banks

8 643 MOSCOW ME (10) Henry Oliver 10 13... J McGrath

TONGUE STRAP: Nos. 1, 4, 5, 7 HOOD: No. 1.

W-Factor: Lou Vert (99); A Little Magic (97); Bise D'estrual (97).

SP FORECAST: 9-4 A Little Magic, 11-4 Mr Medic, 4 Lou Vert, 10 Jabolitski, 12 Moscow Me, Helium, Back By Midnight, Bise D'estrual.

3.50 BATHWICK TYRES BATH HANDICAP HDL £5,697 (3) 2m 104yds (6)

1 211 ● HINT OF MINT (43) (CSD) H Fry 8 11... N Feihly
2 637 BELTOR (37) Mr Robert Stephens 6 11... T J O'Brien
3 154 WISHFULL DREAMING (107) (D) P Hobbs 6 11... R Johnson
4 871 PADDYS RUNNER (37) (D) A King 5 11... W Hutchinson
5 128 MR KIT CAT (27) (D) Williams 7 10... A Wedge
6 273 AMOUR DE NUIT (18) P Nicholls 5 10... S Twiston-Davies
W-Factor: Hint Of Mint (99); Paddys Runner (91); Wishfull Dreaming (86).

SP FORECAST: 9-4 Wishfull Dreaming, 3 Amour De Nuit, Hint Of Mint, 5 Paddys Runner, 10 Beltor, 16 Mr Kit Cat.

4.20 BATHWICK TYRES TAUNTON H'CAP CHS £3,899 (5) 2m 12yds (8)

1 1LP ● MOORLANDS JACK (79) J Scott 12 11... M Griffiths
2 4L1 ZAMA ZAMA (18) Wiliams 10 11... A Wedge
3 L-82 BAJARDO (137) Miss E Baker 9 11... J Banks
4 523 DEUZE VU (23) R Brotherton 9 11... Jamie Moore
5 22L LEG LOCK LUKE (34) C Tizzard 7 11... T J O'Brien
6 54L NO CARDINAL (20) (D) M Gillard 10 12... R T Gillard(7)
7 31L KNIGHT'S REWARD (84) (D) T Vaughan 7 10... R Johnson
8 24U EDEIFF'S LAW (10) (C) P Gundry 10 10... T Cheeseman(5)
BLINKERS: 1 Edeiff's Law (99); 2 Tongue Strap (91); 3 Cheek Pieces; No. 7 Hoods (99); 8 W-Factor: Moorlands Jack (99); Knight's Reward (98); Edeiff's Law (98).

SP FORECAST: 1-4 Leg Lock Luke, 7-2 Deuze VU, 9-2 Bajardo, 6 Edeiff's Lad, 12 Knight's Reward, 10 Moorlands Jack, 14 Zama Zama, 16 No No Cardinal.

4.50 HANICAP HURDLE £3,899 (4) 2m 198yds (9)

1 L12 ● MIDNIGHT COWBOY (52) A King 6 12... W Hutchinson
2 26L ORCHARD BAY (57) P Webber 9 11... Fergus Gregory(10)
3 L5P LADY OF LONGSTONE (36) (D) P Gill 7 11... M Heard(5)
4 543 MILORD (26) K Bailey 8 11... M Horshead(7)
5 P3P BISSE D'ESTRUAL (24) (D) Williams 9 11... R Johnson
6 21P BISTON D'ESTRUAL (44) P Nicholls 5 11... H Colman
7 L21- PLAIN AGAIN (63) J Farrelly 10 11... N Feihly
8 L21 AVITHOS (27) (CSD) M Gillard 7 10... J Banks
9 L50 THE GREENET (30) Mrs L Young 7 10... R T Dunne

TONGUE STRAP: No. 7 Cheek Pieces; Nos. 2, 3, 4, 9.

W-Factor: Midnight Cowboy (99); Avithos (92); The Greenet (99).

SP FORECAST: 15-8 High Secret, 5-2 Bagoarius, 3 Resolution Bay, 10 Smaineahm Alainn, 12 Status Quo, 14 Emmeshing, 25 Thahab Ifraj, 50 Treasure The Ridge, 66 Others.

3.20 BATHWICK TYRES HANICAP CHASE £6,963 (3) 2m 40yds (8)

1 911 A LITTLE MAGIC (67) Mrs N Feihly 6 12... A Coleman

2 233 HELIUM (10) Dunn 5 12... A Wedge

3 649 JABOLITSKI (78) P Hobbs 5 11... R Johnson

4 302 ● LOU VERT (26) P Nicholls 5 11... S Twiston-Davies

5 2-UP BISE D'ESTRUAL (26) N Twiston-Davies 6 11... B J Barkey(3)

6 611 MR MEDIC (132) R Walford 6 11... James Best

7 4-L BACK BY MIDNIGHT (22) Miss E Baker 8 11... J Banks

8 643 MOSCOW ME (10) Henry Oliver 10 13... J McGrath

TONGUE STRAP: Nos. 1, 4, 5, 7 HOOD: No. 1.

W-Factor: Lou Vert (99); A Little Magic (97); Bise D'estrual (97).

SP FORECAST: 9-4 A Little Magic, 11-4 Mr Medic, 4 Lou Vert, 10 Jabolitski, 12 Moscow Me, Helium, Back By Midnight, Bise D'estrual.

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O'Brien drops the Tigers in it

SALFORD 13
CASTLEFORD 12

By Ross Heppenstall

GARETH O'BRIEN'S late drop-goal handed Salford a famous win and condemned high-flying Castleford to their first defeat of the season.

The full-back kept the Red Devils in the Super League last season when he kicked a stunning drop-goal in extra-time to defeat Hull KR in the Million Pound Game.

There were only two league points at stake at a soggy AJ Bell Stadium yesterday but the scenes at the end when victory was assured told its own story.

This was a huge win for Ian Watson's side over a Tigers outfit who had won their previous four games at a canter to encourage hopes of a serious title challenge.

With the scores tied at 12-12 with four minutes remaining, Salford worked possession to O'Brien 30 metres out and the former Warrington man kept his cool to send the ball sailing through the posts.

Head coach Watson, who kept marquee signing Todd Carney on the bench as he awaits his debut, said: "There is a lot of pressure and responsibility to drop goals and Gareth stepped up to the plate again.

"But the bigger picture is that the team have executed everything we spoke about during the week. Our middle men were phenomenal against a pack that teams have been struggling to handle.

"We have been really good in parts this season but just not seen these kind of games out. As a competitive team and as a club, we are getting to the places where we want to be."

Castleford led inside the fourth minute when Luke Gale touched the ball down after Salford winger Greg Johnson let the scrum-half's high bomb bounce. Gale converted for 6-0



YOU'VE REALLY GOT A HOLD ON ME: A Castleford trio join forces to halt the progress of Kris Welham

but Salford steadied themselves and enjoyed a lot of possession.

After forcing the visitors to drop out in the 30th minute, Salford scored from the next set as Robert Lui's pass sent second-rower Ben Murdoch-Masila over inside the right channel.

Castleford, backed by over 2,000 visiting supporters, then had a try by Greg Eden disallowed for a forward pass on the stroke of half-time.

Three minutes after the restart, Castleford scored again when winger Greg Minikin showed remarkable strength to outmuscle three Salford defenders and squeeze over.

But Murdoch-Masila then produced a similarly formidable effort as he also barrelled through a pack of Castleford defenders

to touch down for his second in the 53rd minute. O'Brien's conversion cut the visitors' lead to two points and Castleford, who lost Minikin to a shoulder injury in the act of scoring his try, then saw centre Jake Webster forced off with a head knock.

Salford sensed it might just be their day and O'Brien's penalty disallowed at 12-12 in the 66th minute before his late clincher.

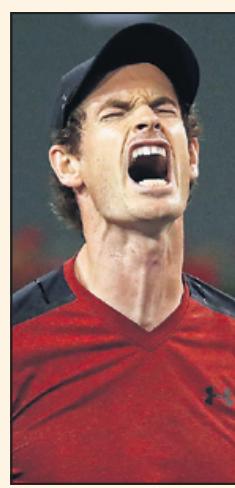
Tigers boss Daryl Powell, whose side spurned their final set of the game to wreck any hope of a point-saving drop-goal, said: "Salford were superb and we were poor. People had asked me in the week about going all season undefeated but this puts that to bed pretty quickly. It was our first tight assignment and we came up short."

SHAUN WANE admitted Wigan got lucky after they scraped a 16-16 draw against lowly Huddersfield to go top.

Lee Gaskell crossed for Huddersfield before Morgan Escare went over to level the scores. Darnell McIntosh's try restored the visitors' lead with Escare missing his kick as Tom Davies crossed on debut.

Danny Brough's two penalties and two conversions kept Huddersfield ahead despite Anthony Gelling's try, but Escare's late penalty levelled it.

Wane said: "It was a dour game and the weather was poor. We fell into the trap and didn't lift ourselves." Huddersfield rival Rick Stone said: "If we could have held our composure at the end we could have managed it."



MURRAY: Elbow problem

Murray injury setback

ANDY MURRAY'S reign at the top of the world rankings is safe for now – but how long he can stay there is in serious doubt after he was forced to withdraw from the Miami Open with an elbow injury.

The tournament in Florida, which gets underway today, was a chance for the Scot to put another 2,000 points between himself and world No 2 Novak Djokovic, who is also suffering an arm issue, but then came the news of his injury.

The details of the problem are sketchy at

TENNIS

From Alix Ramsay
in Indian Wells

best – he was practising in Key Biscayne in Florida just a couple of days ago – and there seemed little sign of the problem as he crashed out of the BNP Paribas Open in Indian Wells last weekend.

"Unfortunately due to a right elbow injury I won't be able to play in Miami," Murray said in an official statement. "Apologies to the fans, it's one of my favourite tournaments. The focus

now is on getting ready for the clay season."

He was wearing tape on his elbow last week in Indian Wells but the fact that he went out for extra serving practice after losing to Vasek Pospisil in the second round and played in the doubles a couple of days later gave no indication he was struggling.

After the Miami Open, the tour moves back to Europe for the clay-court season and Murray has a packed schedule ahead of him, starting with Britain's Davis Cup quarter-final

against France which begins on April 7.

From there he has Masters 1000 events in Monte Carlo, Madrid and Rome before the French Open begins. That is a total of 3,160 points to defend over a two-month stretch. At the moment, he is 3,090 points ahead of Djokovic.

The Serb, though, has also pulled out of the Miami Open after going home to Monte Carlo for tests on his right elbow following his fourth-round loss to Nick Kyrgios in the Indian Wells event.

WORLD OF SPORT

Leicester hold on

RUGBY UNION

Hooley converting one. But young fly-half Joe Simmonds missed three kicks, ultimately costing the Chiefs.

Murphy said: "Some of the defensive shots during the final quarter were fantastic. There was real ferocity in the tackle and some heroic defence."

Exeter



BURNS

Freddie Burns kicked 11 points, while Tom Brady scored an interception try.

James Short and Sam Simmonds scored Exeter's tries, with Will

assistant Ricky Pellow said: "They were able to wrestle the momentum from us. They deserved to win by withstanding all our pressure in the second half."

GOLF

RORY MCILROY failed in his bid to force a play-off at the final hole in the Arnold Palmer Invitational at Bay Hill in Orlando.

The Irishman had been tied for the lead after 17 holes but his three-putt bogey and 69 saw him finish two shots behind Australian Marc Leishman, who finished on 11 under.

McIlroy, who finished fourth, said: "It'd have been nice to win but I gave it a great chance."

1. Who knocked Andy Murray out of the Australian Open in the fourth round?

2. Who scored the stoppage-time goal at Anfield that sent Southampton to Wembley as the only team ever to reach the League Cup final without conceding a goal?

3. Which English golfer carded the lowest score of the final day to win this year's Abu Dhabi HSBC Championship?

4. Who picked up his third red card of the season in Arsenal's 2-1 win against Burnley?

5. Who beat Jessica Ennis-Hill's British 100metres hurdles record in 2014?

6. Which three-time Indy Car champion has a brother and a son who are two-time Indy Car champions?

7. Which team beat Saracens 23-6 in the last Heineken Cup final held in Cardiff?

8. Which Scottish League One football team play at Stair Park?

9. Which English player beat Matthew Stevens in the World Professional Snooker Championship final in 2005?

10. In hockey, how many metres from the goalpost is a penalty corner taken?

10 to tackle
RATINGS
0-3 Oh dear
4-6 Small beer
7-9 So near
10 Sporting sea

ANSWERS:

4. Graeme Dott, 5. Graeme Dott, 6. Ali Unser, 7. Toulose, 8. Stranraer.

1. Shaun Murphy, 10. Nine.

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RBS SIX NATIONS 2017

THE TITLE WINNERS HAVE LESSONS



FINALLY: Wayne Barnes awards the decisive try

Welsh woes still exposed

A SIX NATIONS investigation into Wales' dramatic 20-18 defeat by France and the controversy surrounding the farcical nature of the 20 minutes of added time cannot mask the disappointing nature of the Welsh campaign.

Fifth place is Wales' worst finish since 2007. Their points total and tries scored are the lowest since 2011.

Never mind the courage Wales showed in a match settled by Damien Chouly's try and Camille Lopez's conversion in the 100th minute. There is little fresh blood in the system with the World Cup just two years away and the pressure on the coaching team is now huge.

Stand-in head coach Rob Howley was seething after opposite number Guy Noves replaced Uini Atonio in the 80th minute.

A member of the French coaching staff appeared to pass a message to medic Philippe Turblin, who then removed Atonio arguing that the prop needed a head injury assessment.

With Rabah Slimani coming back on, France's stronger scrum eventually

From **Alex Bywater**
in Paris

opened the way for Chouly's try.

Six Nations officials are looking into the incident and George North's claim that he was bitten.

A Six Nations spokesperson said: "With regards to the biting incident, an independent match citing commissioner will be reviewing all the major incidents and he has 48 hours to do so.

"As for the replacement of France's prop, we are aware of the concerns surrounding the use of the head injury assessment protocol. We are looking into the matter."

Noves denied his team had been up to no good, but was unable to confirm what injury Atonio had.

Centre Jonathan Davies said: "If the prop is complaining about a head injury, player welfare is important. But it just didn't seem right."

Wales captain Alun Wyn Jones is sweating on his Lions place after suffering a left shoulder injury. He will have a scan this week to determine the severity of the problem.

Trust in Gregor

GREGOR Townsend is the right man to build on the foundations laid by outgoing Scotland head coach Vern Cotter, according to wing Tim Visser.

Kiwi Cotter bowed out after three years in charge with Saturday's 29-0 drubbing of Italy at Murrayfield.

While the Scots' third Six Nations win of this year's campaign was good enough only for fourth place, there is no ignoring the strides forward the team have made under Cotter.

The 14-try haul over the past seven weeks is a new Scottish record, while their world ranking of fifth sees them sit above the

powerhouses of France, South Africa and Wales.

The task of continuing that development falls to Townsend, but Visser believes the man who led Glasgow to the Guinness Pro12 title in 2015 has already demonstrated a game plan that will work with the national team.

Visser said: "The style will be similar under Gregor. If you look at Glasgow over the last couple of years, they play very exciting rugby - a lot of backs play, a lot of offloading. It's great to watch."

"Hopefully, it will be quite a seamless transition to Scotland for Gregor."

England can

Loss can lift Jones's squad to greatness

JOHNNY SEXTON made his way towards the Ireland team bus in the inner recesses of the Aviva Stadium on Saturday night with his left arm in a sling courtesy of the special attention England had earmarked for him.

A battalion of England's defensive heavy hitters had lined up Ireland's inspirational playmaker and tried to knock him out of the contest. They had failed.

His progress was ginger, the discomfort was there for all to see, but when one well-wisher asked after his health he received a positive bulletin. "It's not so bad when you win," smiled Sexton.

Ireland, depleted by injuries, had to go to some painful places to stop England's Grand Slam bid but stop it they did to claim runners-up spot behind Eddie Jones's side in the final Six Nations table. In the process they may just have done the England coach, right, a favour.

Looked at in the round it has been a fine championship for England. For a start, they won it and rightly felt able to celebrate that achievement on the pitch to the accompanying firework display afterwards, albeit with suspiciously waxwork grins.

They have also scored more tries, made more metres and conceded fewer penalties than 12 months ago. Progress on the surface in what has been a much higher quality, if zany, championship - there was the ruckless match against Italy and Wales' timeless Test against France in Paris - than last year's edition.

But the defeat in Dublin shone a light on deficiencies their winning run had masked, ones that if they are to achieve their aspiration of becoming the best side in the world, require attention.

Stand off England - as Scotland did a week ago - and they appear bruising, brilliant world beaters.

Meet England physically, flood their breakdown ball and demand they operate without momentum - as Ireland did for long periods - and the white machine grinds to a halt.

It was a similar refrain in the opening game of the championship when French bulk caused them the same issues. On that occasion, England were rescued by their much-vaunted bench; this time, on a sodden night at the Aviva Stadium, the finishers could not pull the game out of the fire as the mistakes

Ireland 22 with seven minutes left when Maro Itoje's instruction to Jamie George to throw to him backfired and man-of-the-match Peter O'Mahony - only drafted in during the warm-up because of Jamie Heaslip's hamstring twang - picked it off.

"That was pretty big," admitted Jones. "We've got a young guy who is only 22, he is still studying at university and doing an essay this week on the socio-economic status of Ghana or something like that, and this Six Nations is the first time he has called lineouts at Test level."

"He had a hard day and he will learn a lot from that. These things sometimes help you in the long run."

It was Itoje's first defeat in an England shirt, a year on from his debut against Italy.

Losses hurt, particularly in games big enough to be billed as World Cup finals by your coach. But if the lessons are absorbed by what is ostensibly a young side, defeat in Dublin need not be the end of the world. It could end up helping England to conquer it.

Neil SQUIRES
REPORTS

IRELAND 13
ENGLAND 9

mounted under remorseless Irish marauding.

"You've got to build pressure against a side like Ireland and the pressure was all on us. That's down to individual errors," said flanker James Haskell, who experienced the same mixed emotions as a beaten Six



WINNING FEELING:
Ireland won the game thanks to this try from lock Iain Henderson but England still lifted the trophy, top



TO LEARN AFTER IRELAND HIGHLIGHTED A FEW FLAWS IN THEIR GAME

Pictures: SHAUN BOTTERILL

gain from pain



‘The worst thing is we didn’t fire any shots’



‘We’ll get bigger and better’

FROM BACK PAGE

didn’t play the way we wanted to. I guess that was down to Ireland. But we still won the championship so we’re happy with that.”

England’s next assignment is a tour to Argentina in June, which will be made stiffer by the absence of their Lions contingent and some unusual scheduling.

“I would expect at least 15 of our guys to go on the Lions

tour and I’d be disappointed if we didn’t have that many in, so we could be missing half our squad,” said England coach Eddie Jones.

“It is going to be interesting for us playing Argentina at full strength.”

The two Tests will also take place away from Buenos Aires, in Santa Fe and San Juan.

Jones added: “One game is in the middle of the Andes mountains, so that is going to be quite a challenge for us. I

didn’t know they could put a stadium there.”

A more recognisable England side will play next at Twickenham on November 11 against the Pumas, although there remains the possibility that a fixture against New Zealand could be inserted a week earlier.

“We are very keen to play them,” said Jones. “There’s still a fair bit of work to go but if the opportunity comes up, we’ll be raring to go.”



CREEVY: Pumas captain

Robshaw return puts him back in Lions running

CHRIS ROBshaw is set to make a late bid for inclusion in the Lions squad for this summer’s tour to New Zealand with a return ahead of schedule this weekend.

The England flanker, who missed the entire Six Nations, was touch and go to be seen again before the Lions squad is announced on April 19 when he underwent shoulder surgery in January, but he is in contention to play for Harlequins against Newcastle on Saturday.

Lions coach Warren Gatland revealed yesterday that although he has about 25 players inked in, the last third of the party is still to be finalised.

“There are at least a dozen players that we have to really discuss. It’s getting those last 10 to 15 names right that is the key to it,” said Gatland, who will hold a selection meeting with his assistant coaches this week.

Robshaw, England captain at the time, was overlooked by Gatland for the 2013 tour to Australia.

LIONS TEAM OF THE SIX NATIONS CHAMPIONSHIP

Hogg (Scotland); Seymour (Scotland); Joseph (England); Farrell (England); Daly (England); Sexton (Ireland); Webb (Wales); McGrath (Ireland); Best (Ireland); Furlong (Ireland); Launchbury (England); Lawes (England); Itoje (England); Warburton (Wales); Stander (Ireland).

Current England skipper Dylan Hartley missed that tour through suspension and his hopes of making this one have not been helped by Jamie George’s early appearances off the bench at his expense during the Six Nations.

“Dylan has done a really good job as England captain over the last 12 months but he knows himself he is under a bit of pressure from Jamie George,” said Gatland. “A lot of people rate Jamie really highly as well, so that’s going to be interesting for us.”

NEIL SQUIRES



FIT CLUB:
Robshaw is in the mix to play on Saturday

Pumas can bite in pool draw

By Neil Squires

ARGENTINA will be the side all the rest want to avoid when the 2019 World Cup draw is made on May 10, with the seeding order of the 12 automatic qualifiers confirmed today.

Agustin Creevy’s Pumas reached the semi-finals of the 2015 World Cup but have slipped to ninth in the world rankings.

So they will be a dangerous sleeper in a group which will include one country from the top four and another ranked five to eight.

England could find themselves in with Wales and Argentina, with only two places on offer for the knockout stages.

It is a similar scenario to the last World Cup when England were in a ‘pool of death’ with Wales and Australia – and crashed out.

Italy have fallen to 15th after a poor Six Nations but qualified automatically for RWC 2019 by finishing third in their 2015 pool.

Fiji are the only team in the top 12 who will have to go through regional qualifying to take one of the final places.

Twenty teams will be involved again with five countries in each pool.

WORLD RANKINGS

1	New Zealand
2	England
3	Australia
4	Ireland
5	Scotland
6	France
7	South Africa
8	Wales
9	Argentina
10	Fiji
11	Japan
12	Georgia

□ RACING 92 and Stade Francais have called off their controversial merger after a players’ strike.

Both clubs’ Top 14 games were postponed at the weekend but Racing 92 president Jacky Lorenzetti pulled the plug on the deal yesterday. He said: “Perhaps we had the right plan too soon, only the future will tell.”

LEEDS
BRIGHTON

2
0

By Richard Fidler

LIAM COOPER says Leeds' team spirit is keeping their Premier League dream alive.

Cooper, who made a surprise return to Garry Monk's team in place of the dropped Pontus Jansson, played a key role in the defeat of second-placed Brighton at Elland Road.

"We wanted it more in the end and the team spirit is unbelievable," he said after Leeds closed to within eight points of the Seagulls. "It is one of the best I have been involved in. To a man, we are there for each other and it is great to be part of."

"We spoke before the game and said we owed them [Brighton] one. We got a bad result there and it hurt us so we wanted to go and get the three points back. We did everything we could and we came away with it."

Centre-forward Chris Wood was once again the difference for Leeds as the New Zealand international scored twice to take his league tally to 24 and hand Brighton their third loss in the last five matches.

Cooper said: "We have always got a chance with Chris. If Chris gets a chance, he is going to take it and for a team to have that confidence in him is unbelievable."

"We have just got to stay switched on at the back and we were very good. Chris is always going to get us a goal."

Brighton striker Glenn Murray said confidence remains high. "It was just one of those games where it wasn't our day but we take heart from the results around us because it's one less game and we are in the same position," he said.

"The only disappointing thing is we have a two-week break off the back of a defeat. You would like a game to put it right straight away but we've got to rest and to recuperate with two big home games to come."

"We are still as hungry as ever and our aim is to get into that top two. Our home form has been excellent and we perform a bit better at home, no games are a given but we have to be on it in these two games to come."

Newcastle moved a point clear at the top, denied victory at Birmingham by a controversial offside ruling and the brilliance of goalkeeper Tomasz Kuszczak.

Matt Ritchie appeared to have a perfectly good goal disallowed and was also one of Newcastle's players to be thwarted by the outstanding Kuszczak.

"It was an incorrect decision for sure," said the Scotland international. "I thought if anything I was behind him, but at the very least, I was level and gambled with the follow-up."

"So it was disappointing it was not allowed to stand." After decisive away wins over Brighton

ON THE RISE: Chris Wood heads in his first goal against Brighton to take Leeds up to fourth



Liam banking on team spirit

and Huddersfield recently, Newcastle have stumbled in the last three matches, which is why Ritchie views the international break as a blessing in disguise, even though he will be one of many going away.

"A few of us are going away for internationals, but it's still a good opportunity to look after our bodies and get back to peak condition for the run-in," he said.

"We've had a lot of tough games lately. When you're playing Saturday-Tuesday regularly, it's tough trying to get back to peak physical condition."

ROUND-UP

BRISTOL CITY'S celebrations after Friday's 4-0 win over promotion-chasing Huddersfield turned into a weekend-long party as all their relegation rivals failed to follow suit.

Rotherham look stranded after a 5-1 defeat at QPR, while Wigan were beaten 2-0 at home by Aston Villa.

At least Blackburn managed a draw, 2-2 with Preston, to move within a point of safety, but Rovers manager Tony Mowbray said: "It will go down to the death and it's a frustration that in seven games, five draws is too many."

Burton were subjected to a second-half assault and lost 5-3 to Brentford, while in the battle of the new managers, Mark Warburton's Nottingham Forest came from behind to draw 2-2 at home with Gary Rowett's Derby.

Blades so sharp

SHEFFIELD UNITED boss Chris Wilder praised his players for "turning up every week" after they came from behind to beat Charlton 2-1 and increase their lead at the top to nine points.

Goals from Jack O'Connell and Daniel Lafferty cancelled out Ricky Holmes' early opener as the Blades stretched their unbeaten run to nine games and moved 10 points clear of third-placed Fleetwood.

"Every game we show it, week in, week out," Wilder said. "Whether it's Charlton at home or Rochdale away. Every week we turn up."

The result leaves the Blades needing just four wins from



LEAGUE ONE

their remaining eight games to secure automatic promotion.

Bolton leapfrogged Fleetwood into second place after they also hit back to beat Northampton 2-1 at the Macron Stadium.

Wanderers went behind to Michael Smith's 57th-minute goal but snatched three points thanks to Adam Le Fondre's penalty and a

Flávio Morais winner. "There were tired legs out there on both sides, but it's the team prepared to push itself and go to the wire that will win those type of games," said Bolton boss Phil Parkinson.



CONSISTENCY: Chris Wilder

Tootle triumph

NOTTS County overcame the early dismissal of Mark Yeates to beat Barnet 1-0 and move further away from danger.

Midfielder Yeates was shown a straight red for a foul on Ricardo Almeida Santos.

But full-back Matt Tootle struck a beauty for the hosts just after half-time after being teed up by Jorge Grant.

Doncaster boss Darren Ferguson acknowledged his side's clinical finishing as they edged closer to promotion with a 4-1 win at bottom club Leyton Orient.

John Marquis hit a double and Ferguson, whose side stay six points clear at the top, said: "Once we got the second goal we were pretty ruthless. It's a

LEAGUE TWO

fantastic win for us." Orient will be in the High Court today after being served with a winding-up order by HRMC.

Boss Danny Webb said the

off-field problems were not helping the club.

"It's natural for the

winding-up order to be

on our minds," he said.

Plymouth boss Derek

Adams praised the 1-0 win over Morecambe by his promotion-chasers, after

Graham Carey's 20-yard strike.

"It was one of the best

first-half performances since

I've been here," said Adams.

Portsmouth, third, lost 3-0 at Stevenage, who are now just four points behind them.



SPORT IN BRIEF

BASKETBALL
BBL TROPHY FINAL: Leicester Riders 91 Plymouth Raiders 58.

CRICKET
THIRD TEST—Australia v India
(Ranchi): Australia 451 (137.3 overs; S P D Smith 178no, G J Maxwell 104; R A Jadeja 5-124), and 23-2 (7.2 overs) India 603-9d (137.4 overs; C A Pujara 202, W P Saha 117, M Vijay 102, K L Rahul 67, R A Jadeja 54no; P J Cummins 10-106).

SECOND TEST—Sri Lanka v
Bhutan (Colombo): Sri Lanka 338 (113.3 overs; L D Chandimal 138, and 319 116no; F D M Kununaratne 126, M D Perera 50; Shahid Al Hasan 74), Bangladesh 467 (134.1 overs; Shahid Al Hasan 116, Mosharraf Hossain 75, Soumya Sarkar 61, Mushtaq Rahim 52; P A D L R Sandakan 4-140, H M R K B Hameed 4-82) and 191.6 (57.5 overs; Tamim Iqbal 82), Bangladesh won by 4 wickets.

THIRD ODI—Afghanistan v Ireland
(Greater Noida): Afghanistan 264-8 (50.0 overs; Rashid Khan 56, Gulbadin Naib 51), Ireland 265-4 (49.3 overs; P R Stirling 99, A Balbirnie 85no), Ireland beat Afghanistan by 6 wickets.

GOLF

ARNOLD PALMER INVITATIONAL
(Orlando, Florida)—Final Rnd USA unless stated, par 72: 277 M Leishman 71 66 71 73, 278 C Hoffman 68 66 71 73, K Kisner 67 68 73, 279 R Molinaro (Nir) 74 71 65 69, T Hatton (Eng) 72 69 67 71,

280 A Hadwin (Can) 70 70 71, 281 F Molinari (Ita) 70 68 74 69, E Grillo (Arg) 67 68 78 68, L Glover 68 69 72 72, 282 H Swafford 73 72 68, T Fleetwood (Eng) 73 66 70 68,

283 R Fowler 74 72 65 72, 284 J Rose (Eng) 71 70 73, B Horschel 72 73 67 72, B Harman 72 70 73, 69, M Fitzpatrick (Eng) 67 69 72 76.

ICE HOCKEY

ELITE LEAGUE: Cardiff Devils 6 Fife Flyers 1, Coventry Blaze 4 Braehead Clan 5 (OT), Edinburgh Capitals 3 Nottingham Panthers

RUGBY LEAGUE

Betfred Super League
SALFORD.....13 CASTLEFIELD.....12
Salford (T: Murdoch-Maslin 2, G: O'Brien 2) (D: O'Brien 2), Castleford (T: Gale, Minihin, G: Gale 2).

WIGAN.....16 HUDDERSFIELD.....16

Wigan (T: Escott, Davies, Gelling, G: Escott 2, Davies 2, Gelling 2), Huddersfield (T: Gaskell, McIntosh, G: Brough 4).

SATURDAY

CATALANS D.....24 ST HELENS.....28
Catalans Dragons—T: Bosc, Bousquet, Thornley, Aiton, G: Walsh 4), St Helens (T: Swift, Percival, Morgan, Walker, Owen), Catalans (T: Crichton 3), Swift

Att: 8,158 P W D L F A Pts

Wigan.....5 4 1 0 128 74 9

Castleford.....5 4 0 1 186 61 8

Hull.....5 4 0 1 1130 58 8

Leeds.....6 4 0 2 135 124 8

Huddersfield.....6 3 0 3 119 116 6

Leigh.....6 3 0 3 106 105 6

Catalans D.....5 2 1 2 84 114 5

Huddersfield.....6 2 1 3 96 156 5

St Helens.....5 2 0 3 76 92 4

Wakefield.....5 2 0 3 78 108 4

Widnes.....5 2 0 3 68 136 1

Wigan (T: Farrell 3), Swift 4, Huddersfield (T: Gaskell 2, Davies 2, Gelling 2), Catalans (T: Crichton 3), Swift

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Wilf can get his kicks in different way

AT TIMES they lined up to kick him, or else he was policed by four defenders. But still Watford could not subdue Palace's wing wizard Wilfried Zaha.

Tom Cleverley tried too many times and was booked, so too was Sebastian Prodl, and referee Martin Atkinson was forever stepping in to admonish some careless tackling.

Zaha, bought by Manchester United and then sold back to Palace, is a match-winner but is paying the price for his outrageous skills.

"Wilf gets terrible treatment," said manager Palace Sam Allardyce.

"He gets fouled so much because he's so skilful. Perhaps he needs more protection from referees.

"It seems he gets caught as many times as Chelsea's Eden Hazard and that's why he becomes so

CRYSTAL PALACE 1
WATFORD 0

By Nigel Clarke

has used him as Palace's focal attacking point down either flank, where his pace and dribbling skills are so destructive.

It left Watford right-back Craig Cathcart saying: "On his day, he is more or less unplayable."

An own-goal from Troy Deeney was enough to bring three precious points for Palace and drag Watford into the relegation battle.

Deeney later held up his hand to apologise to his team-mates for turning Yohan Cabaye's free-kick, awarded after yet another foul on Zaha, past his own keeper Heurelho Gomes in the 67th minute.

After that, Watford's clumsy football never threatened a Palace



OH, NO: Deeney puts his head in his hands

frustrated. Wilf has to realise it's all because of his genius ability and these lads can't cope with him and so they end up fouling him.

"Getting kicked is a compliment when opposition players can't handle his ability and foul him persistently."

"Wilf is still learning but I've told him if he wants to be a real success he needs to smile a bit more."

"He doesn't realise how important the game is and how it should be enjoyed."

"Sometimes he looks a little miserable so I say, 'Come on, Wilf, smile, enjoy what you're doing, the game is over so quickly, it doesn't last long, time flies.'

"He should have enjoyed his game today."

Zaha is showcasing his best form of the season and Allardyce

side who have suddenly found their resilience at the back, a new determination to defend.

Allardyce added: "I feel more comfortable about things now."

"We are probably 10 points away from safety still, but I couldn't have envisaged that a few weeks ago."

"This was a tough battle but my fingernails are OK. The chewing gum usage has gone up, though."

CRYSTAL PALACE (4-3-2-1): Hennessy 6; Ward 7, Tomkins 7 (Dann 83), Sakho 7, Schlupp 7; Cabaye 6 (Saka 84), Milivojevic 6, Puncheon 6; Zaha 8, Townsend 6, (Delaney 84); Bentek 6. **Goal:** Deeney 68 og. **NEXT UP:** Chelsea (a), April 1, PL.

WATFORD (4-3-2-1): Gomes 5; Cathcart 6, Prodl 6, Khabouli 6, Britos 6; Capoue 6, Jammart 6 (Amrabat 63, 6), Cleverley 6 (Success 63, 6); Behrami 5 (Doucoure 46, 5), Niang 5; Deeney 5. **Booked:** Cleverley, Prodl. **NEXT UP:** Sunderland (h), April 1, PL.

Referee: M Atkinson (Yorkshire).



MATCH STAT

Gary Cahill is the first Chelsea player to score a goal and concede a penalty in the same League game since Salomon Kalou in April 2009

All over bar the shouting

have a big say in the Premier League and the Champions League, so we'll be fine."

Courtois was keen to acknowledge the input from Conte, whose strategy has been as simple as it has been opportunistic free-kick.

The official party line remains that 21 points are still needed to secure the title and Antonio Conte and Gary Cahill were sticking to it resolutely.

And Chelsea keeper Courtois said, with 10 games remaining, it was still a case of ticking off every game. "Just another win, another win," he said.

"We have Crystal Palace at home, Manchester City at home then Bournemouth away in one week after the international break and hopefully we can get nine points and be even closer to our objective."

But his willingness to echo what, until now, only the fans have been prepared to sing – namely, that the title is in the bag – spoke volumes others would not for fear of upsetting the fates.

"We've just got to keep on winning games, being at the top of the Premier League, because maybe the league will be tougher next season," he said.

"It depends on others but I think next season [again] we can

match-winner after giving away a (very soft) penalty for Stoke's equaliser.

Jonathan Walters had duly fired home from the spot to cancel out Willian's

Courtois agreed their resilience sent out a message to the rest of the league but the truth of the matter is that nobody is probably listening any more, with their own battles for Champions League spots and relegation consuming all.

"We can sit and relax on the sofa now and see what happens," he said with a smile. "City, Spurs and Liverpool all will have seen us win again and that's very

demoralising for them. Everyone knows what this game meant to win and the importance of getting three points as opposed to one is huge.

"Come the end of the season that could be absolutely massive for us."

It undoubtedly was, but the question as to where the end of the season comes is slightly more ambiguous.

Nobody was saying it expressly at Chelsea but everybody believes that, to all intents and purposes, we have probably reached it already.

STOKE (4-4-2): Grant 7; Bardsley 4, Shawcross 6, Martins Indi 6, Pieters 5; Arnautovic 5; Cameron 5, Allen 6, Ramadan 5 (Crouch 90); Walters 6, Berahino 3 (Diouf 61, 5). **Booked:** Bardsley, Allen, Pieters, Cameron, Martins Indi.

Sent off: Bardsley 90. **Goal:** Walters 38 pen. **NEXT UP:** Leicester (a), April 1, PL.

CHELSEA (3-4-3): Courtois 6; Azpilicueta 6, Luiz 6, Cahill 8; Moses 5 (Fabregas 70, 6), Kante 6, Matic 6 (Loftus-Cheek 82), Alonso 8; Willian 7 (Zouma 88), Costa 6, Pedro 6. **Booked:** Costa, Fabregas. **Goals:** Willian 13, Cahill 87. **NEXT UP:** Crystal Palace (h), April 1, PL.

Referee: A Taylor (Cheshire).

FOR KEEPS: Conte hugs Courtois after another big title step



SECOND HELPING: Lukaku strikes for goal No2

ROMELU LUKAKU was cheered to the rafters after his brace against Hull on Saturday – then Ronald Koeman reminded him that Everton will have the final say on his future.

The Goodison Park crowd were expected to turn on Lukaku following his public declaration last week that he wants to leave the Toffees.

Lukaku has two years left on his contract but claims the club do not

EVERTON 4
HULL 0

By Chris Brereton

match his ambition and he has turned down a £140,000-a-week offer.

Despite that dispute, Lukaku was red hot as Everton continue their late bid to gatecrash the Europa League qualification party.

And while Koeman praised the support for

Koeman: Toffees

Lukaku, he stated again that Everton hold all the cards in contract talks.

Koeman said: "I'm happy that the fans were listening to me about his reception. It was great because every Everton player needs support, even in these situations."

"Everybody knows he is a professional and he will do everything for the club until his contract is ended and nobody knows what will happen in the future. We like to

Wenger's future is up in the air

WEST BROM	3
ARSENAL	1

By Steve Madeley

ARSENE WENGER says Arsenal's Champions League fate will not determine his future.

And if Wenger intends to stay – having indicated he has made his decision – he would be wise to discount the outcome of their fight for the top four.

Defeat at the Hawthorns after another limp display from his players left the Frenchman with an uphill battle to preserve his unbroken record of Champions League qualification.

Wenger revealed that the world will learn "very soon" whether he will walk away at the end of the season or stay in defiance of an increasingly vocal section of fans, who turned to chants, banners and even planes on Saturday to urge him to go.

But he insisted his decision did not hinge on the outcome of a season that is in danger of unravelling.

"It will not necessarily be linked with that because I've done the top four 20 times," he said. "It's more – it's not that."

Four defeats in five league games is, however, the worst run of his reign and midfielder Alex Oxlade-Chamberlain admitted there would be no easy escape from the slump.

After the damning assessment of West Brom defender Jonny Evans on the Gunners' frailties, future opponents will be encouraged.

"Sometimes you've got a psychological feeling going into a game and especially from set-pieces," said Evans.

"Craig Dawson scored two and we had worked on that in training. Daws seemed to have plenty of space. They probably didn't defend that as well as they should have."

Arsenal dominated the ball, enjoying 77 per cent possession, yet West Brom were rarely troubled and went ahead on 12 minutes when Petr Cech flapped at a Nacer Chadli corner and Dawson headed home.

Alexis Sanchez, the only Arsenal player to display genuine urgency, equalised with



EARLY DAWS: West Brom take the lead after slack defending

MATCH STAT
Arsenal have lost four Premier League games in five for the first time since April 1995

one of just two shots on target Arsenal had. But substitute Hal Robson-Kanu poked home West Brom's second.

After the bizarre spectacle of rival planes circling the ground

– one supporting Wenger, the other urging his departure – Robson-Kanu's goal saw 'Wenger Out' banners unfurled in the ground. When Dawson scored with another free header from a

corner with 15 minutes to go, the muted anti-Wenger chants became louder.

For West Brom, the victory equalled last season's tally of 43 points with nine games left.

"We knew some people were questioning us and saying 'they've slackened off since they got to 40 points and all that nonsense,'" said Evans. "It was important to put that right."

Wenger tried to debunk the theory that missing out on the Champions League was a financial hammer blow.

"Financially the Champions League does not have the impact it had five or six years ago because of the influx of the television money," he said.

It is a theory the Gunners appear willing to test. Oxlade-Chamberlain said: "It has not been pretty for us recently and I'm sure it is not going to get any easier any time soon."

WEST BROM (4-5-1): Foster 7; Dawson 8, McAuley 7, Evans 8, Nyom 7; Chadli 6 (Field 90), Fletcher 7, Livermore 7, Brunt 7 (Yacob 72, 7), McClean 7; Rondon 5 (Robson-Kanu 55, 7). **Booked:** McClean. **Goals:** Dawson, 12, 75, Robson-Kanu 55. **NEXT UP:** Man Utd (a), April 1 PL.

ARSENAL (4-2-3-1): Cech 6 (Ospina 38, 5); Bellerin 6, Mustafi 5, Koscielny 6, Monreal 5; Ramsey 5, Xhaka 5; Walcott 5 (Giroud 65, 5), Oxlade-Chamberlain 5, Sanchez 7 (Iwobi 78); Welbeck 5. **Goal:** Sanchez 15. **NEXT UP:** Man City (h), April 2 PL.

Referee: N Swarbrick (Lancashire).



SIGN FROM ABOVE: Wenger will announce his decision soon

can make Lukaku stick around

keep our best players because we need them to make the next step.

"The final decision is normally made by the player. Rom is different because we speak about a two-year contract, but the final decision is by the board."

Dominic Calvert-Lewin gave Everton's sixth straight league victory on home soil and they have their eye on a strong finish to the season – and potentially a Europa League spot. But for now, Everton are

concentrating on back-to-back clashes against their two biggest rivals.

Koeman added: "We play Liverpool away and Manchester United away, but still we have the chance to make the next step and be closer to the teams above us in the table."

Hull can take some heart from this showing but the red card was a blow they could not recover from. Defender Curtis Davies accepts

they need to improve – and quickly.

"We were playing some good stuff. We were one down but still in the game," he said. "Then everything collapses. It was our own downfall. Our game management has to be better."

"We need to do more at home, then pick up points here and there. We felt if we did things right here we could get something. But towards the end it went to pot."

EVERTON (4-3-1-2): Robles 6; Coleman 6, Jagielka 6, Williams 6, Baines 7; Schneiderlin 6 (BARRY 30, 6), Gueye 7, Davies 7 (Valencia 78, 6); Barkley 7; Lukaku 7, Calvert-Lewin 7, (Funes Mori 57, 6).

Booked: Williams, Barry. **Goals:** Calvert-Lewin 9, Valencia 78, Lukaku 90, 99. **NEXT UP:** Liverpool (a), April 1 PL.

HULL (4-5-1-1): Jakupovic 6; Rondonchica 6, Maguire 7, Davies 6; Grosicki 66, 5, Elabdellaoui 5; Robertson 6, Huddlestone 5, N'Diaye 6, Clucas 5, Markovic 6 (Elmohamady 86); Hernandez 5 (Diomandé 82). **Sent off:** Huddlestone 73. **NEXT UP:** West Ham (h), April 1 PL.

Referee: P Tierney (Wigan).



PICK OF CHERRIES: Afobe fires in the second

Howe makes a striking difference

ANOTHER week, another Bournemouth win delivered by a forward thriving under the guidance of manager Eddie Howe.

The Cherries' 3-2 victory over West Ham in their previous Premier League outing came courtesy of a hat-trick from Joshua King, and Saturday's routine dismissal of a poor Swansea side was sealed by King's strike partner Benik Afobe, who forced a first-half own goal from the hapless Alfie Mawson and scored himself in the second period.

Standing in the same place where King had praised Howe's influence seven days previously, Afobe gave credit to the Bournemouth boss for rescuing his season.

"I worked hard in pre-season but I had a little knee injury which set me back and I started the season on the bench," the former Wolves striker said.

"I tried to get myself back in the team but the boys were doing well and I couldn't really complain."

"I lost my head a bit and didn't train as hard as I could have."

"I had a heart-to-heart meeting with the manager and ever since then I've concentrated on working my way back. It was important because it shows the manager cares."

"He could have just left me out of the side and said, 'I don't want him in and around the changing room'."

"This is the first time this season I've started three games in a row."

"Six months ago I was 'sub not used' three games in a row so it just shows that with hard work things can change for you."

"Last week I was disappointed I missed a couple of chances and missed a penalty."

"But you should never hide and I've never hidden in my career. If I miss a penalty I'm willing to

BOURNEMOUTH	2
SWANSEA	0

By Nick Szczepanik

take the next one." Perhaps fortunately for Afobe, that was not required, and Swansea were well beaten once he shot off Lukasz Fabianski's far post.

The Swans won five of Paul Clement's first eight games in charge, losing only to Arsenal, Chelsea and Manchester City.

But they have now been beaten by Hull and Bournemouth in successive games.

Their first match after the international break is at home to fellow strugglers Middlesbrough and that now looks like a must-win.

"The international break gives a few of our injured players like Martin Olsson and Kyle Naughton the chance to recover in time for the next game," said Leroy Fer after an uncomfortable afternoon in which the Swansea midfielder operated as an emergency right-back.

"It gives everyone the chance to refocus a bit and recharge the batteries for what is going to be a crucial time for us."

"We had played very well with a lot of confidence recently, but last week against Bournemouth we weren't at our usual level."

"It's a setback and we have to get back to the level where we were before."

BOURNEMOUTH (4-4-2): Boruc 6; Smith 6, Francis 6, Cook 6, Daniels 6; Fraser 8 (Wilshere 74, 7), Gosling 6, Surman 5, Pugh 7 (Ibe 90); King 6 (Gradel 90), Afobe 7. **Goals:** Mawson 31 og, Afobe 7. **NEXT UP:** Southampton (a), April 1 PL.

SWANSEA (4-1-4-1): Fabianski 7; Fer 7, Fernandez 6, Mawson 5, Kingsley 6; Cork 6; Ayew 5 (Narsingh 55, 5), Ki 5 (Routledge 67, 7), Carroll 6, Sigurdsson 7; Llorente 6 (Baston 83). **Booked:** Mawson 31 og, Afobe 7. **NEXT UP:** Middlesbrough (h), April 2 PL.

Referee: M Dean (The Wirral).

Moyes goes looking for new miracle

THREE years ago, Gus Poyet spoke of Sunderland needing a miracle to beat the drop, then duly achieved one.

But no one at the club can quite bring themselves to use the 'M' word now with the Black Cats in a similarly hopeless position at the bottom. "We're getting close to needing something special," said David Moyes after his side's fourth straight blank. "It's been done here regularly so let's hope.

"I'm not kidding anyone on – it'll need some really big results. This was two points dropped."

Jack Rodwell said: "Last season wasn't necessarily a worse position but you look at those teams around us now and the difference is they are all picking up points.

"The likes of Palace and Leicester, there are too many points being collected here, there

SUNDERLAND 0
BURNLEY 0

By Graham Read

is not serviced, they are powder-puff. Outplayed in the first half, they were half-decent after the break but when chances came along, they fell to Fabio Quagliarella twice, Adnan Januzaj and Seb Larsson – with predictable results.

This is not just that time of year for miracles on Wearside but usually sackings too, and the presence of owner and chairman Ellis Short for only the second time this season set tongues wagging. But Short's axe did not come with him. He was talking of stability before kick-off and in the subsequent 90 minutes it is doubtful he saw anything to suggest an eighth manager since November 2011 is the required medicine.

Perhaps he will take a leaf out of Burnley's



IS IT MEE? Burnley's Ben, left, tussles with Khazri

and everywhere and we need to collect them to stand a chance."

So although they did not quite say it, the evidence is now conclusive – Sunderland need a miracle to stay up. But this time, they won't get one.

Not because they are not playing for the manager or because players have thrown in the towel. Sunderland will go down because they are not good enough to win their latest survival battle.

As midfielder Rodwell said: "We're running out of games. It doesn't really come much easier fixture-wise than Burnley at home so we know it's a missed opportunity."

"But that wasn't the performance of a beaten team."

He is right. It was not. It was the performance of an ordinary team who rely too heavily on Jermain Defoe for goals and when the recalled England international

book. They went down, stuck with Sean Dyche and are now reaping the rewards back in the top flight.

Clarets midfielder Scott Arfield feels that is the route to take in the event of relegation.

"They should stick with the manager 100 per cent," said Arfield. "I really believe continuity is massive and Burnley are proof of that."

"When we went down, we were a united group, management and players, focused to get back at the first attempt. Sunderland is a huge club but maybe we can act as an example to them."

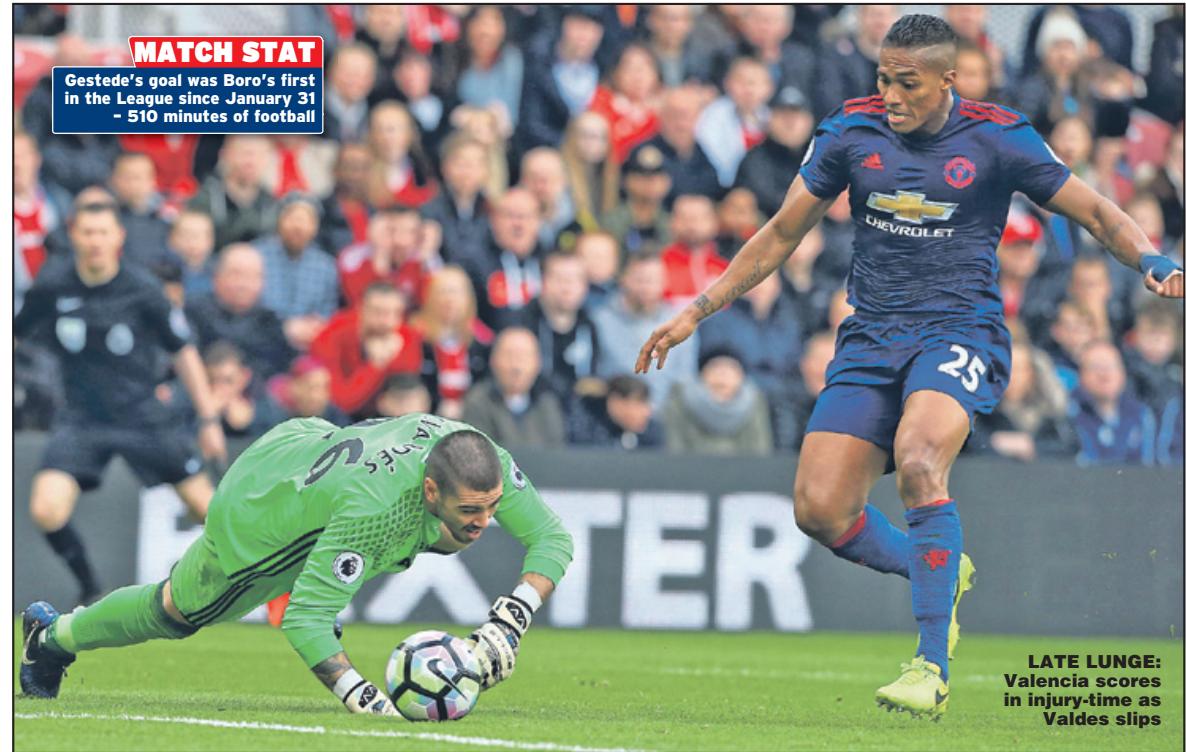
SUNDERLAND (4-3-3): Pickford 6; Jones 6, Denayer 6, O'Shea 6, Oviedo 6; Gibson 5 (Ndons 74, 6), Rodwell 6, Larsson 5 (Khazri 78); Januzaj 6, Defoe 6, Borini 5. **Booked:** Jones, Gibson, Borini. **NEXT UP:** Watford (a), April 1 PL.

BURNLEY (4-4-2): Heaton 6; Lowton 6, Keane 6, Mee 6, Ward 6; Boyd 6 (Brady 74, 6), Barton 5, Hendrick 5, Arfield 7; Barnes 5 (Vokes 65, 5), Gray 7. **Booked:** Barton. **NEXT UP:** Tottenham (h), April 1 PL.

Referee: B Madley (W Yorkshire).

MATCH STAT

Gestede's goal was Boro's first in the League since January 31 – 510 minutes of football



LATE LUNGE: Valencia scores in injury-time as Valdes slips

Incisive United ease past Boro

BORO 1
MAN UTD 3

By Jason Mellor

AT LONG last Boro's supporters saw their team get their teeth into an opponent – but Rudy Gestede was forced to insist there was no way he had taken the notion literally.

Tempers boiled over as Jose Mourinho's side kept their spirited hosts at arm's length to strengthen United's hopes of a top-four finish.

It was United's 18th game

unbeaten in the league and moved them up to fifth as manager Mourinho exacted a revenge of sorts for his former lieutenant Aitor Karanka, sacked as boss at the Riverside three days earlier.

"We had a few words together – it was nothing major," the forward insisted of his clash with Baily after Gestede had scored his side's first league goal since the end of January.

"He gave me a hug and a kiss, that's it. I didn't feel anything. Ben thought he bit me, so that's why he reacted like he did."

"But I told him just now we were just talking, there was no problem."

Initially it appeared that each had bitten the other, but the encounter turned out to be rather less sinister than an unwanted return to the dark days when the uncontrollable incisors of Luis Suarez struck

Gestede pounced on a mistake by Chris Smalling to halve the arrears from close range with 13 minutes remaining.

Hopes of salvaging an unlikely draw to chip away at the five-point gap to safety faced by a Boro side currently second from bottom were extinguished by Victor Valdes' unfortunate stoppage-time slip which allowed Antonio Valencia to make it 3-1 by walking the ball into an unguarded net.

"It's a big win that keeps us alive in the competition for fourth place," Mourinho said.

Given their remaining presence in the Europa League, his side retain two potential avenues to next season's Champions League.

"Do I prefer to qualify for the Champions League by finishing fourth or winning Europa League? I prefer Europa League," Mourinho added.

"There's a prestige to winning a trophy."

United were last beaten in the league at the end of October and it is an impressive record which rarely looked under threat once they took a deserved 30th-minute lead through Marouane Fellaini. The Belgium midfielder

had scored his previous league goal 15 months ago but had little difficulty in ending that barren run with his third of this season in all campaigns.

Young cut in from the left to send over a cross to the far post and as Valdes and former United defender Fabio hesitated, Fellaini was left with the simple task of heading the ball into an unguarded net.

Valdes kept his side in the contest, the United old boy denying Marcus Rashford's close-range effort and the follow-up from Valencia.

Jesse Lingard put a more realistic slant on the score when, just after the hour, he was allowed to advance from halfway to send a stunning 20-yard effort into the top corner.

"To push Manchester United all the way is something I was really pleased with," said Steve Agnew, Karanka's former assistant who is now in the hot seat as Middlesbrough caretaker boss.

He has had no assurances as to the length of his temporary tenure beyond the team's next game at Swansea at the start of next month.

"It's a display that gives us hope for the future and I've seen enough of these players to know we're more than capable of winning games," Agnew added.

MIDDLESBROUGH (4-2-3-1): Valdes 6; Barragan 5, Gibson 5, Bernardo 3, Fabio 6; Clayton 6, Leadbitter 6 (Gestede 67, 7); Downing 6, De Roon 5, Ramirez 5 (Traore 68, 5); Negredo 5. **Booked:** Clayton. **Goal:** Gestede 77. **NEXT UP:** Swansea (a), April 2 PL.

MAN UTD (3-4-3): De Gea 7; Jones 6, Smalling 6, Baily 7; Valencia 7, Carrick 7, Fellaini 7, Young 6; Mata 7 (Rojo 69, 6), Rashford 7 (Darwin 90), Lingard 7 (Martial 80). **Booked:** Jones. **Goals:** Fellaini 30, Lingard 62, Valencia 90. **NEXT UP:** West Brom (h), April 1 PL.

Referee: J Moss (W Yorkshire).



UNITED FRONT: Lingard, left, makes it 2-0 after Fellaini's close-range header put the visitors in front

Dele's answer simply spot-on

Matthew DUNN
REPORTS

TOTTENHAM 2
SOUTHAMPTON 1

FROM the moment he won the penalty, it was clear Dele Alli decided the answer to Who Was Going To Replace Harry Kane? is: "Me."

Christian Eriksen briefly questioned his team-mate's authority to stand in for Kane as official spot-kick taker, but soon backed down as he saw how firmly the 20-year-old was clutching the ball to his chest.

Sure enough, Alli secured a remarkable 17th goal of the season from the penalty spot.

Kane tweeted his delight at the victory, "Yes boys!! Great result! Good victory before the break! I much prefer being on the pitch than watching it!"

And he might have to get used to seeing Alli step even further into his shoes. When Mauricio Pochettino took off Son Heung-Min late in the game, it was Alli who suddenly found himself asked to lead the line.

"In the box he looks like a striker because he is more than clever and he has made his mark," Pochettino said.

"Outside the box, he plays like a midfielder. I don't know, always he can surprise me, maybe one day he can play like a goalkeeper or a full-back or a centre-back! He has an



PRECISE: Alli's penalty puts Spurs 2-0 ahead

unbelievable personality and character and everything is possible with him. So for me it's OK he insisted on taking the penalty.

"It's good you have on the pitch players that want to take that responsibility, fantastic.

"When there is no Harry Kane, for me anyone can take the penalty."

It was the first time in seven attempts that Tottenham have beaten a top-flight side in Kane's absence, and with Vincent Janssen also given a run-out in his position for the final minutes, it would be wrong to say he was not missed.

For the second game in a row, Tottenham made heavy weather of a home win they should have claimed at a canter having secured two early goals.

"It was a great opportunity to win and you will always miss your main striker," Pochettino added. "We must do what

we can while he is injured. It was important to us to get that feeling – win the game, score goals and keep our position in the table with three very important points.

"But we also need to improve on that, score the third and the fourth and finish off the games.

"We were much better than Southampton but we allowed them to believe."

At the start, Tottenham were at their swaggering best. With the lackadaisical simplicity of a training-ground finishing exercise, Eriksen swept the ball into the corner with his left foot before 14 minutes were up.

That said, Southampton had their chances. Manolo Gabbiadini had found the back of the net in each of his first three Premier League matches; this time he could only manage the side of it when he shot narrowly wide after 26 minutes, injuring his groin in the process.

But the game should have been over when Oriol Romeu kicked the ball straight at Cedric Soares and Steven Davis bundled Alli over in the box as he collected the rebound just over the half hour.

Instead, the home side had to survive a very similar penalty appeal just before the break when Ben Davies got at least as much of Dusan Tadic as Davis had of Alli, only for no award to be given by Andre Marriner, who had few friends in the away end anyway following his handling of the EFL Cup final.

Then seven minutes after the restart Toby Alderweireld failed to cut out Ryan Bertrand's cross and James Ward-Prowse got Southampton back into the game by forcing in the ball at the far post.

Half chances at best came and went for both sides and in the end, inspired by former Saints player Victor Wanyama, Tottenham held on against their Gabbiadini-less visitors.

"It is a groin injury," said Saints manager Claude Puel. "We will see. I hope it is not bad. For his national team it is not possible to go."

"Today, there were two teams at the same level. But if the ref gives the first penalty, he needed to give a penalty for us."

TOTTENHAM (3-4-2-1): Lloris 6; Dier 7, Alderweireld 6, Vertonghen 7; Walker 6 (Trippier 78), Wanyama 8, Dembele 7, Davies 6; Alli 6, Eriksen 7 (Janssen 86); Son 5 (Winks 75, 7). **Booked:** Dier, Walker, Wanyama. **Goals:** Eriksen 14, Alli 33 pen. **NEXT UP:** Burnley (a), April 1 PL.

SOUTHAMPTON (4-2-3-1): Forster 6; Soares 6, Stephens 7, Yoshida 7, Bertrand 6; Romeu 7, Davis 6; Ward-Prowse 6, Tadic 5 (Boufal 69, 5), Redmond 7 (Rodriguez 80); Gabbiadini 6 (Long 32, 6). **Booked:** Redmond, Boufal, Romeu. **Goal:** Ward-Prowse 52. **NEXT UP:** Bournemouth (h), April 1 PL.

Referee: A Marriner (West Midlands).



No1 MAN: Schmeichel salutes the Leicester fans

Foxes face a fight to keep Schmeichel

WEST HAM 2
LEICESTER 3

By **Tony Banks**

to tell you it's his job to make saves instead of lapping the praise."

Schmeichel is Leicester's vice-captain and with his voice bellowing out from the back, he filled the role perfectly. Shakespeare said: "You will hear Kasper – wherever you are."

West Ham started woefully. After four minutes, Riyad Mahrez's cross from the right was missed by everyone and flew in at the far post. Three minutes later Robert Huth nodded home.

West Ham pulled one back when Manuel Lanzini curled in a free-kick, but six minutes before half-time there was more chaos from a corner and Jamie Vardy took advantage. It was back to the bad old days at the London Stadium and the locals grumbled.

West Ham at last started to play after an hour but then found Schmeichel in the way before Andre Ayew pulled another one back to spark a late barrage of pressure.

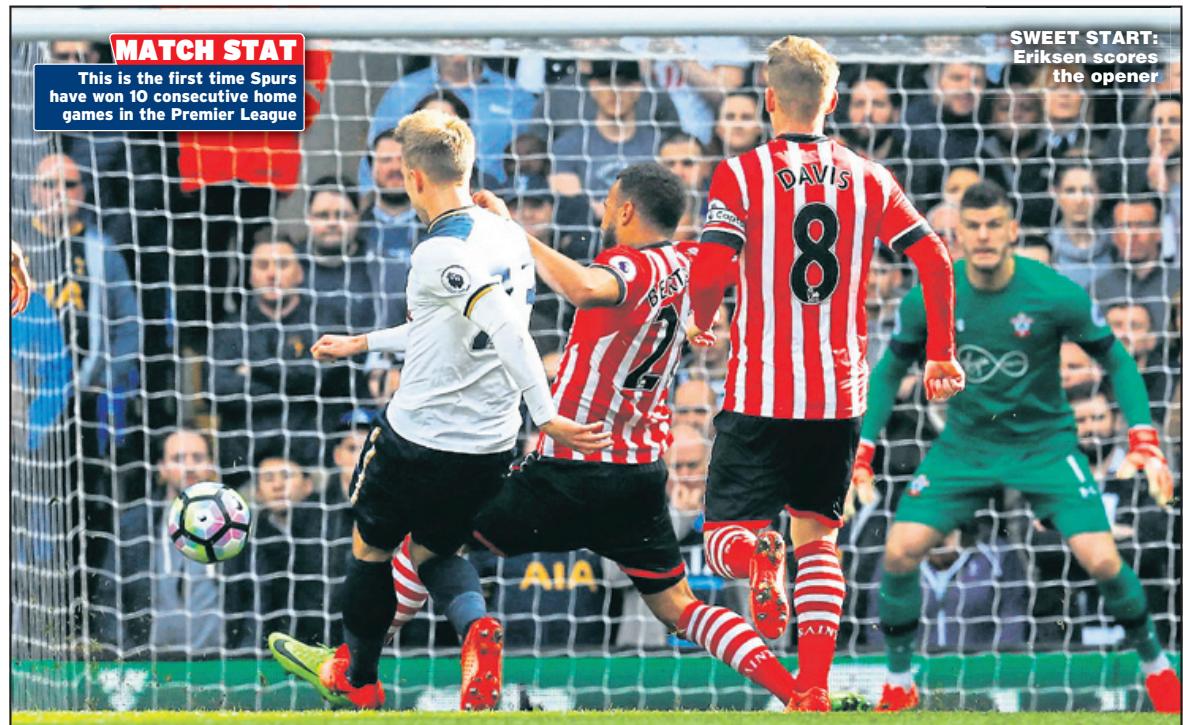
West Ham have lost three on the bounce, and a good January has faded into an uncertain spring.

Defender Jose Fonte said: "We have to get back to basics, defend as a team, as a whole, having the desire to help your friend and your team-mate."

WEST HAM (4-4-2-1): Randolph 6; Byram 6, Reid 6 (Snodgrass 18, 6), Fonte 6, Cresswell 6 (Masuaku 72, 6); Kouyate 6, Obiang 6 (Fernandes 66, 6); Antonio 6, Ayew 6, Lanzini 7; Carroll 6. **Goals:** Lanzini 20, Ayew 63. **NEXT UP:** Hull (a), April 1 PL.

LEICESTER (4-4-2): Schmeichel 8; Simpson 7, Benrahma 7, Huth 7, Fuchs 7; Mahrez 7 (Chilwell 86), Drinkwater 7, Ndidi 6, Albrighton 7; Okazaki 7 (Musa 75, 6), Vardy 7 (Slimani 75, 6). **Booked:** Mahrez 4, Huth 7, Vardy 38. **Referee:** R East (Wiltshire).

MATCH STAT
This is the first time Spurs have won 10 consecutive home games in the Premier League





HIT AND A MISS:
Aguero is distraught after spurning his late chance to secure three points for City

Finishing missing in

IN THE end it was a display fit for a king. It was about right that an exhilarating game played by two sides committed to all-out attack ended in a draw in front of Juan Carlos I, the former King of Spain.

There was a 'spider camera' for the first time at the Etihad Stadium and it captured a mid-air view of a cracker with the pace being helped by a saturated surface.

The end-to-end effort came as no surprise because the stats show these two teams have run the furthest distances this season - Liverpool have racked up 117.3km per game while Manchester City are not far behind on 114.8km. But the big shock, considering the amount of chances created, was that there were only two goals.

The result was not one that either Pep Guardiola or Jurgen Klopp wanted but such was the nature of this fixture it was difficult to separate them.

Adam Lallana will be haunted by one of the misses of the season - especially if Liverpool end up failing to secure a top-four spot - while Sergio Aguero fired over a chance to seal a win for City in added time.

Faced with an open goal from Roberto Firmino's set-up, Lallana somehow let the ball skid under his studs when it looked easier to score. Aguero's wasn't quite as bad but the unmarked striker still should have converted when a corner dropped to him a few yards out but he sent his volley high over the bar.

Those misses summed up a crazy, controversial game where the skill and speed on display was balanced by mistakes and mishaps.

Liverpool will be the happier with the draw, which completes an impressive 10-game unbeaten record against the other top-six clubs - five wins, five draws and 20 points. But that run will compound their frustration at taking only 19 points from the bottom six.

The result also maintains Klopp's unbeaten Premier League record against City - three wins and a draw -


Richard TANNER
REPORTS

 MAN CITY	1
 LIVERPOOL	1

since arriving in England. And if there's one manager who likes facing Guardiola, it's Klopp. He is the only one with a better head-to-head record.

Guardiola, though, was delighted with City's response following their midweek Champions League exit and claimed it was one of his proudest moments in the game.

Jose Mourinho was the happiest manager of the lot at seeing two of

Manchester United's rivals for a top-four place drop points 24 hours after a third rival, Arsenal, lost more ground by losing at West Brom.

City started as if they wanted to banish the demons of Monaco. David Silva could have put them ahead but fired wide and they should have had a penalty when James Milner clipped Raheem Sterling's heel to send him sprawling as he was about to tap home Silva's cross. Even then the ball rolled on to the far post where Fernandinho should have scored but sent his sliding effort into the side netting.

Liverpool had their moments, too, with Willy Caballero underlining why Guardiola prefers him to Claudio Bravo by making good saves from Firmino and Lallana. And Sadio Mane was clean through only to get his leg tangled with the chasing Nicolas Otamendi.

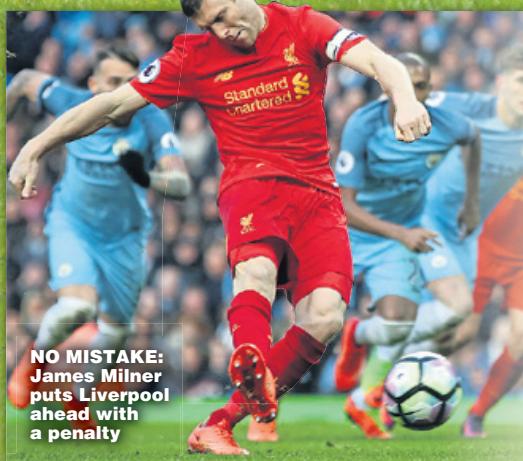
They took the lead five minutes after the break thanks to a moment of

MATCH STAT

Liverpool are unbeaten in 10 games against the current top six, with five wins, five draws



Mr Dependable is spot-on as



NO MISTAKE:
James Milner puts Liverpool ahead with a penalty

UNTIL THE 39th minute at a drizzly Etihad, James Milner might have wondered what he had done to deserve the boos raining down from stands from which he once received only adulation.

Jeers from the travelling support for Raheem Sterling were more understandable perhaps given their history with the winger, but Milner?

Here was a player they called Mr Dependable, a player who finished his City career as an award-winning fans' favourite on more than one occasion for his

By Gideon Brooks

unstinting professionalism. A player who left in search not of a bigger wage packet, but simply more playing time.

If the boos were puzzling up to that point they became more understandable after it - when Milner's clip on Sterling's right leg just as he was about to tap home from two yards out robbed his former club of a certain goal.

Replays screened at half-time, slowed to the sort of obvious detail that Michael Oliver and his assistants did

not have in real time, showed Milner's foot make contact. It was a penalty.

But it was not given, and if a quarter of the Etihad blamed Milner, plenty more joined in after 50 minutes when he stepped up to convert Liverpool's spot-kick in the same box.

So the battle of the boos, that battle between the two sevens ranged up against each other, with history rooted in each other's teams, was an interesting subplot to an exhilarating match. And Milner won it hands down.

For Sterling the search goes on for a first goal against Liverpool to ram the jibes from his detractors, in the wake of his acrimonious £44million departure, back down their throats.

But for Milner, who went the other way for £26m, this is a fixture he is beginning to love. In four meetings with his former club the midfielder turned left-back has been on the losing side just once, and then only after penalties in the Capital One Cup.

In contrast, it had looked like it was going to be another

touch is action

madness from Gael Clichy. Initially, the defender was unlucky to lose his footing as he tried to cut out Philippe Coutinho's pass, but in a desperate attempt to get back and stop Firmino from scoring he launched into a reckless challenge that brought the Brazilian down.

It meant a face-off between Milner, the Premier League's best penalty taker, and Caballero, one of the league's best spot-kick stoppers. Klopp couldn't watch, turning his back, but he need not have worried. Milner won the battle, sending Caballero the wrong way to make it seven out of seven this season.

John Stones had made some vital interceptions but should have equalised when he headed wide from a corner, Kevin De Bruyne hit the post, Aguero headed wide – but City's pressure finally paid off after 69 minutes.

It was a trademark goal from Aguero, who stole a yard on Ragnar Klavan to slide home De Bruyne's low cross for

his 25th of the season and seventh in his last seven since returning to the team.

Lallana then contrived his miss while Sterling was just wide after touching Silva's pass over the advancing Simon Mignolet. Aguero could have sealed it in added time but volleyed over.

It summed up a day when even Ryder Cup captain Jose-Maria Olazabal – a friend of Guardiola – missed the pin by a distance with a chip-and-run pitch shot from the touchline to the flag on the centre-spot during a little half-time entertainment.

MAN CITY (4-2-3-1): Caballero 7; Fernandinho 7, Stones 8, Otamendi 7, Clichy 5; Toure 6 (Sagna 65, 5), De Bruyne 7; Sterling 7, Silva 7, Sane 6 (Fernando 83); Aguero 7. **Booked:** Toure, Clichy, Silva. **Goal:** Aguero 69. **NEXT UP:** Arsenal (a), April 2 PL.

LIVERPOOL (4-3-3): Mignolet 6; Clyne 6, Matip 6, Klavan 6, Milner 7; Lallana 5, Can 7, Wijnaldum 6; Mane 7, Firmino 7 (Lucas 89), Coutinho 5 (Ong 73, 5). **Booked:** Firmino, Matip, Mane. **Goal:** Milner 51 pen. **NEXT UP:** Everton (h), April 1 PL.

Referee: M Oliver (Northumberland).

FINISHING CLASS:
Aguero's close-range strike saved a point for City



OPEN SORE:
Lallana fluffed a tap-in to put Liverpool ahead



Sterling loses battle of boos

one of those days for Sterling, even before the penalty that never was.

Yaya Toure had found City's right-winger with a wonderful pass after just nine minutes which cut inside Milner leaving him stranded, only for Sterling to have strayed offside.

And after 14 minutes he was released brilliantly again after an exquisite one-two with Silva again left Milner exposed. Sterling could have arrowed in on goal, but his frustrating inability to seize the moment saw him hesitate

before crossing and Ragnar Klavan hooked the ball away. Sterling remains one of those players who thrills and disappoints in equal measure – the absolute antithesis of Milner – and it was this and the speed of the challenge that left half the Etihad crowd wondering whether he had fluffed his big chance on 39 minutes.

He did not, but it was little consolation that when Gael Clichy clattered into Roberto Firmino like Bruce Lee five minutes into the second period, Milner did not either.

If the criticism of Milner is puzzling, the vitriol that occasionally pours down from the stands towards Sterling is equally so.

Whilst his nerve in front of goal is not always what City fans and Pep Guardiola might hope, his willingness to get involved, to want the ball, is not.

The City man so nearly had the last laugh yesterday, too. At half-time Guardiola's friend and former Ryder Cup captain Jose Maria Olazabal was on the pitch chipping balls from the sidelines

towards a flag planted on the centre circle. With eight minutes to go, David Silva chipped a ball over Klavan and Joel Matip to Sterling just near the penalty spot.

Sterling raced through and touched it past Loris Karius, only to see his chip fade wide of the post. Almost, but not quite. Mr Dependable.

NEARLY MAN:
Raheem Sterling was left to rue missed chances



KLOPP: Unhappier

Pep's joy at City's spirited showing

FROM BACK PAGE

manager. "After the game against Monaco, the last few days at training people were so, so sad – people didn't talk too much."

"We arrived here against Liverpool, who have no Europe all season and one week to prepare but the spirit we showed and how we played – it is one of my happiest days as a manager."

"We have had a tough few days and this means a lot to me. That is why I am so happy."

His Liverpool counterpart Klopp was less enamoured with the draw than Guardiola.

When told of his opposite number's reaction, he joked: "He is Spanish. They are a bit more emotional than the Germans."

But the result continued Klopp's unbeaten record against the top-six clubs this season which now stands at five wins and five draws.

"To get a point at Manchester City for each team in the world is absolutely okay," he added.

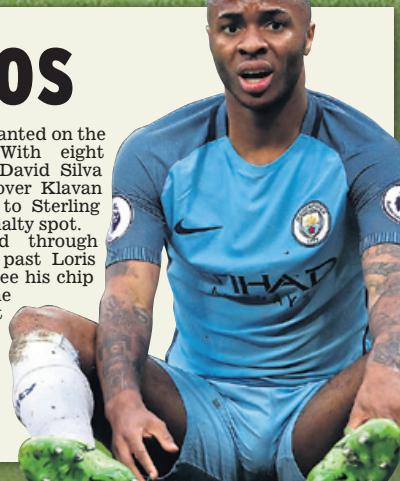
"There were a few situations where we couldn't defend their quality but we could have won this game because we forced their goalkeeper into a few outstanding saves."

City also spurned their fair share of opportunities, although none was better than the one missed by Liverpool's Adam Lallana 10 minutes from time.

Klopp admitted the midfielder was distraught afterwards but that he had offered him his unqualified support.

"Adam's opportunity was really good but he is one of the best technical players I've worked with and if he could not score no one could."

"After the game he said sorry and I know why but he had no need to say sorry."



United blamed for clash in tunnel

By Jason Mellor

JOSE MOURINHO'S players were blamed for sparking an ugly clash in the tunnel after a stormy ending to Manchester United's 600th Premier League victory which maintained their chase for a top-four finish.

United's hopes of Champions League qualification remain on track after a 3-1 win at Middlesbrough, which ended with rival players separated by security staff when punches were thrown and Boro skipper Ben Gibson and United's Ashley Young were restrained by team-mates as tempers flared.

Mourinho refused to comment but Boro's caretaker manager Steve Agnew insisted his players were reacting to provocation after an injury-time bust-up when United defender



BUST-UP: Boro's Gibson

Eric Bailly and Boro sub Rudy Gestede initially appeared to bite each other before replays showed the pair had merely been involved in a heated clinch.

"I'm picking up there's something gone on in the tunnel," Agnew said. "That many bodies were there, it was hard to tell with all the pushing and shoving. What triggered it off I don't know."

"I've got a group of very, very well behaved players so I can assure you it wouldn't be one of ours. What I would say is it would have been a reaction because of the spirit they have."

United defender Phil Jones said: "When emotions are high these things happen but it was something and nothing."

EASY FOR UTD: P52

SILVER WEAR: Vunipola with his medal



POWER SURGE:
Aguero levels
after James
Milner's penalty

We'll get bigger and better vows Billy

By Neil Squires

ENGLAND have promised to match the All Blacks and return stronger for the painful experience of being ambushed by Ireland.

Their plans of landing another Six Nations Grand Slam and breaking the tier-one world record of 18 successive victories they hold jointly with New Zealand went up in smoke in Dublin.

"If you look at the best team in the world and how they react to a loss, they always come back bigger and better and that's the focus for us," said Vunipola after the 13-9 defeat.

"You don't want to lose a game but we did win 18 on the trot, so you can't get too greedy. Even the best team in the world couldn't get to 19 wins."

"It has been a great run but as people keep saying, it was bound to come to an end and unfortunately it did

in this game. It just shows how hard it is to win a Grand Slam first of all, even more so to win it back to back."

"It's amazing how emotionally charged Ireland were. We've got to learn now that if we ever find ourselves in that situation we have to negate that and take the crowd out of the game."

"The most frustrating thing was that maybe we

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Aguero earns point as City bounce back

By Gideon Brooks

PEP GUARDIOLA said his Manchester City players had given him one of his best days in management yesterday, four days after Monaco's Champions League knockout delivered one of the worst.

The City boss, below, saw his side climb off the canvas after losing on Wednesday night to share the spoils with Jurgen Klopp's Liverpool in a 1-1 thriller played in front of royal guest and former King of Spain Juan Carlos I.

And while a point apiece left both teams unchanged in the table in third and fourth and losing further ground on leaders Chelsea and Tottenham in second place, Guardiola insisted he was delighted.

"You cannot imagine but it is one of the happiest days of my career as a manager, I'm so proud," said Guardiola, who has won two Champions League titles as a

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